

Bio-based strategies and roadmaps for enhanced rural and regional development in the EU



# Educational materials on sustainability, circular economy and bioeconomy for schools, colleges and universities

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### **EXECUTIVE SUMMARY**

A key aim of BE-Rural is to increase awareness and understanding of bioeconomy, sustainability and circular economy through education. This report includes a variety of educational resources that can be used by teachers. It is possible to envisage that geography, biology, environmental studies, technology and/or business classes could integrate some of these resources as part of their teaching, but it is up to the teachers to decide how they are best used.

The bioeconomy is the production of goods, services or energy using biological material as the main resource, instead of the use of fossil resources. As the bioeconomy uses renewable and biodegradable resources, it can avoid the depletion of resources and waste is often completely designed out of the system. The European Union is taking steps towards a sustainable bioeconomy and has a strategy to promote the bioeconomy and to avoid reaching ecological limits. The sustainability implications of the bioeconomy, and of specific bio-based products, permeates all the learning materials and explicit reference is often made to the UN's 2030 Agenda for Sustainable Development and its Sustainable Development Goals (SDGs).

The material covered in this report is mostly aimed at teachers of high school pupils (in the 12-18 age range) in Bulgaria, Latvia, North Macedonia, Poland and Romania to help them teach their pupils on bioeconomy, circular economy and sustainability. To facilitate this, the material in this report is translated into Bulgarian, Latvian, Macedonian, Polish and Romanian. The educational materials in this report also aim to promote the participation in the development of regional bioeconomy strategies, which is the overall aspiration of BE-Rural.

The educational resources build upon a "strong sustainability" approach, with avoidance of trade-offs between social, economic and environmental issues. This fits with the ecological limits advocated by the European bioeconomy strategy.

This report presents the four main outputs in terms of high school education for bioeconomy, circular economy and sustainability developed for the BE-Rural project as follows:

- Output 1 Review of 100 free online educational resources
- Output 2 New power point slides for presentations with notes for teachers
- Output 3 New workshops, guizzes and games
- Output 4 New extracurricular activities (such as school clubs or societies)

It was important to review what resources already exist. The 100 free online educational resources show the richness of resources already available and provides teachers with a list of resources that they may want to use in their teaching.

Another key output is power point slides for use by teachers. They include material on "Introduction to the bioeconomy", "Bioeconomy and key principles of sustainability", "Bioeconomy and SDGs (and respective targets)", "Bioeconomy and the Circular Economy", "Bioeconomy in the agriculture sector", "Bioeconomy in the forestry sector", "Bioeconomy in the fisheries sector", and "Bioeconomy in the sector of essential oils and herbs for cosmetics/pharmaceuticals".

Games can make students become more involved in their learning, so in addition to the lecture sides, these educational materials include games, quizzes and workshops related to bioeconomy, sustainability, the UN Sustainable Development Goals (SDGs), and circular economy. Finally, extracurricular activities (such as school clubs or societies) provide a unique opportunity to bring new or additional content in terms of bioeconomy, circular economy, and/or SDGs and Sustainability, and so suggestions for those are also included.

The report concludes with final thoughts and how best to deliver learning materials online. As a response to the Coronavirus (Covid-19) pandemic, the report discusses online delivery of materials. The EU aims to build the world's leading bioeconomy and raising awareness of the value of bioeconomy and how it relates to sustainability is fundamental. The BE-Rural educational resources included in this report intend to contribute to this essential aspect.

## **Table of contents**

1	Introduction				
2	Geographical & sectoral context of educational resources				
3	How educational resources were developed and tested				
	3.1	Input from BE-Rural consortium and teachers on what educational resources should contain	. 10		
	3.2	Contribution to the development of educational resources from MSc students at the University Strathclyde	. 11		
	3.2.1	Developing Output 1	12		
	3.2.2	Developing Outputs 2, 3 and 4	12		
	3.3	Workshop to test the educational materials on bioeconomy and sustainability on 9 <sup>th</sup> March 2020 at the University Strathclyde			
4	Outp	ut 1 – Review of 100 free online educational resources	13		
5	Outp	ut 2 - New power point slides for presentations with notes for teachers	15		
6	Outp	ut 3 – New workshops, quizzes and games	15		
7	Outp	ut 4 - New extracurricular activities (such as school clubs or societies)	16		
8	How	educational resources can be delivered online	17		
9	Cond	clusions and next steps	18		
Refe	erenc	es			
Anne Anne		Questions to participants during the BE-Rural kick-off meeting (9-10 <sup>th</sup> April 2019) Questions to consortium and people who showed interest in attending a teachers summ school on the bioeconomy (April 2020)	er		
Anne		Programme of the workshop to test the educational resources			
Anne Anne		Key questions used 9 <sup>th</sup> March workshop surveys for feedback & ideas Review of 100 free online educational resources (listed by theme: bioeconomy, cir-cular economy & SDGs)			
Anne		Power Point slides and notes on "Introduction to the bioeconomy"			
	ex VIII	Power Point slides and notes on "Bioeconomy and key principles of sustainability"			
Anne	x IX	Power Point slides and notes on "Bioeconomy and SDGs (and respective targets)"  Power Point slides and notes on "Bioeconomy and the Circular Economy"			
Anne		Power Point slides and notes on "Bioeconomy in the agriculture sector "			
Anne		Power Point slides and notes on "Bioeconomy in the forestry sector"			
Anne	ex XII	Power Point slides and notes on "Bioeconomy in the fisheries sector"			
	ex XIII	Power Point slides and notes on "Bioeconomy in the sector of essential oils and herbs for cosmetics/pharmaceuticals "	or		
	x XIV				
	X XV	Workshop and Card Game "Business Match" Game "Sustainability and SDGs Heatwave"			
Annex XVI Annex XVII		One set of cards and two games: "BE-Match" and "SDG-Link"			
Annex XVIII					

## **Figures**

Figure 1: The regions involved in the BE-Rural project: a) the geographical location, b) the sectoral focus (modified from BE-Rural, 2020a)
Figure 2: Results to the question "The educational materials on the theme of sustainability and the bioeconomy should primarily target which groups?"
Figure 3: The workshop to test the educational materials conducted on 9 <sup>th</sup> March 202013
Figure 4: Ideas for extracurricular activities related to bioeconomy, circular economy & SDGs 17
Tables
Table 1: The nine partners of BE-Rural that provided input on the educational resources
Table 2: Views from the surveys on how the educational materials should look and how such views are addressed by BE-Rural (numbers in brackets are number of suggestions)
Boxes
Box 1: The wide range of degrees for students attending the postgraduate class "Circular Economy and Transformations Towards Sustainability"

### **Abbreviations**

CEPS	Centre for European Policy Studies	
DECC	Department of Energy and Climate Change (UK)	
<b>EFFAT</b>	European Federation of Food, Agriculture and Tourism Trade Unions	
EMF	Ellen MacArthur Foundation	
ESD	Education for Sustainable Development	
EU	European Union	
FAO	Food and Agriculture Organization	
GDP	Gross Domestic Product	
IBioIC	Industrial Biotechnology Innovation Centre	
MOOC	Massive Open Online Course	
NGO	Non-Governmental Organization	
OIP	Open Innovation Platform	
SDG	Sustainable Development Goal	
SME	Small and Medium Enterprise	
STEM	Science, Technology, Engineering and Mathematics	
UNESCO	United Nations Educational, Scientific and Cultural Organization	
UNICEF	United Nations Children's Fund	
UNRIC	United Nations Regional Information Centre	
WHO	World Health Organisation	
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### 1 Introduction

The bioeconomy uses renewable biological resources from land and sea – such as crops, forests, fish, animals and micro-organisms – to produce food, materials, services and energy. The bioeconomy is a huge growth area around the world (check world map of Bioeconomy Strategies in here: BE-Rural, 2020b). According to the European Commission (2018) the bioeconomy has the potential to generate 1 million new green jobs by the year 2030.

Importantly, the aim of the bioeconomy is to substitute the use of fossil resources by renewable resources (Heimann, 2019) and therefore it can contribute to a reduction of carbon emissions. The bioeconomy is strongly linked to sustainability as biodegradable resources are often used and waste is often completely designed out of the system to avoid the depletion of resources for future generations. According to Bell *et al.* (2018, p. 25) the "bioeconomy offers great opportunities to realising a competitive, circular and sustainable economy with a sound industrial base that is less dependent on fossil carbon. A sustainable bioeconomy also contributes to climate change mitigation, with oceans, forests and soils being major carbon sinks and fostering negative CO<sub>2</sub> emissions."

BE-Rural has many ambitions in the development of regional bioeconomy strategies and roadmaps. One of these ambitions is to increase awareness and understanding of sustainability and the bioeconomy through education (BE-Rural, 2020a). The material covered in this report is mostly aimed at high school teachers (i.e. those teaching pupils in the age range 12-18) in several countries of Eastern Europe (see Section 2) to help them teach their pupils on bioeconomy, circular economy and sustainability. While some of these students will speak English, many will not so the educational materials in this report are also translated into Bulgarian, Latvian, Macedonian, Polish and Romanian. These countries were selected because of their underutilised potential to harness the bioeconomy (Colmorgen and Khawaja, 2019). The educational materials in this report are a key contributor to facilitating the participatory development of regional bioeconomy strategies (the overall ambition of BE-Rural).

These educational resources can be used more widely: at a higher education level (e.g. colleges and universities), other countries, and as help for businesses. The sustainability implications of the bioeconomy, and of specific bio-based products, permeates all the educational materials and explicit reference is often made to the Sustainable Development Goals (SDGs) (UN General Assembly, 2015).

This report, and educational resources, uses a "strong sustainability" approach advocating avoidance of trade-offs between social, economic and environmental issues (Gibson, 2013). There should be thresholds beyond which no trade-off should take place and therefore "the demarcation of acceptable from unacceptable impacts becomes a key aspect of managing trade-offs" (Morrison-Saunders and Pope, 2013, p. 54). This fits with the ecological limits advocated by the EU Bioeconomy strategy (European Commission, 2018) and equates with what Heimann (2019) calls the "sustainable bioeconomy". Without a strong sustainability approach, the bioeconomy could cause negative impacts. For example, "increased demand for land can lead to land grabbing, displacements, unequal distribution of land considering soil quality, and loss of communal land" (Heimann, 2019, p. 52).

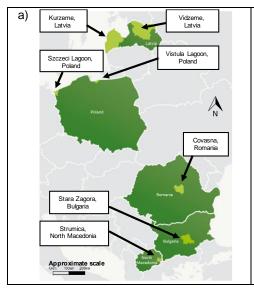
The report starts by explaining the geographical and sectoral context in the development of these educational resources and explains how these resources were developed and tested. The report (and detailed associated appendices) then presents four main outputs in terms of high school education for bioeconomy, circular economy and sustainability developed for the BE-Rural project:

- Output 1 Review of 100 free online educational resources
- Output 2 New power point slides for presentations with notes for teachers
- Output 3 New workshops, quizzes and games
- Output 4 New extracurricular activities (such as school clubs or societies)

As a response to the Coronavirus (Covid-19) pandemic, it was important to discuss online delivery of materials. Online and blended learning can diversify the learning experience, increase the accessibility of educational resources and has become even more pressing given the global Coronavirus pandemic. The report ends therefore with suggestions on how resources can be delivered online, before presenting conclusions and next steps.

## 2 Geographical & sectoral context of educational resources

BE-Rural has five regional Open Innovation Platforms (OIPs) for the development of bioeconomy strategies and roadmaps. The five OIP regions that can be seen in Figure 1 are: Vidzeme and Kurzeme in Latvia; Szczecin and Vistula Lagoons in Poland; Covasna in Romania; Stara Zagora in Bulgaria; and Strumica in North Macedonia (BE-Rural, 2020a). This regional context influenced the educational resources in terms of content and case studies (and translated languages of this report). In addition, each region has a different sectoral focus (e.g., fisheries, forestry, agriculture and green industry) and this has also determined the development of the educational resources.



b) Vidzeme and Kurzeme, Latvia: focus on the potential of byproducts of forest management (i.e. young forest stand thinning, short rotation coppice and forestry plantations, removing overgrowth in abandoned agricultural lands).

**Szczecin Lagoon and Vistula Lagoon, Poland:** focus on small-scale **fisheries**, specifically the sustainable use of underused and low-value fish species in the lagoons.

**Covasna, Romania:** focus on addressing fragmented value chains and implementing the **circular economy** concept within the county's industrial sectors (i.e. wood and furniture, textiles, agro-food, mechanical engineering, green energy).

Stara Zagora, Bulgaria: focus on new technologies for the application of essential oils and herbal plants in the cosmetics and pharmaceutical industry, combined with tourism activities.

**Strumica, North Macedonia:** focus on the use of **agricultural residues**, specifically the by-production of organic materials from agricultural activities, as a source of energy for domestic and industrial purposes.

Figure 1: The regions involved in the BE-Rural project: a) the geographical location, b) the sectoral focus (modified from BE-Rural, 2020a)

## 3 How educational resources were developed and tested

Following the BE-Rural principles of co-creation and transparency (Abhold *et al.* 2019), the nine partners that form the BE-Rural consortium (see Table 1) were all contacted to provide input on what the educational resources on sustainability, circular economy and bioeconomy should contain. Section 3.1 describes how that consultation was done together with the outcomes.

The educational resources were developed at the University of Strathclyde in Scotland, and had the contribution of MSc students in their development. How that was done is described in section 3.2. Finally, a workshop took place on 9<sup>th</sup> March 2020 at the University Strathclyde, to test and obtain feedback on the educational materials, as described in section 3.3.

Table 1: The nine	partners of BE-Rural that	provided input on t	he educational resources
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Logo	Name and web link	Mini description	Coun- try
eco logic	Ecologic Institute https://www.ecologic.eu	A private, independent institute devoted to the task of addressing the relevant socio-political questions of sustainability research and to bring new insights into environmental policy.	DE
BULGARIAN INDUSTRIAL ASSOCIATION Union of the Bulgarian Business	The Bulgarian Industrial Association – Union of the Bulgarian Business (BIA)	A voluntary, non-governmental organisation, representing over 100 sector-oriented organisations, over 100 re-	BG

Logo	Name and web link	Mini description	Coun- try
	https://en.bia-bg.com	gional and local bodies, scientific organisations, universities, and other companies.	иу
BIOCOM.	BIOCOM https://biocom.de/	A leading specialized communication and information company focused on life sciences.	DE
A POSIANA A POSI	Institute for Economic Forecasting (IPE) http://www.ipe.ro/	Part of the National Institute for Economic Research belonging to the Romanian Academy. It carries out research projects on a range of fields – economic modeling and forecasting, policy evaluation, empirical studies and long-term and short-term forecasts.	RO
NATIONAL MARINE FISHERIES RESEARCH INSTITUTE	National Marine Fisheries Research Institute (NMFRI) https://mir.gdynia.pl/	Provides knowledge based on scientific activity as well as research and development works, which supports economically sustainable and environmentally sound development of marine fisheries.	РО
SDEWESSKOPJE	International Centre for Sustainable Develop- ment of Energy, Water and Environment Sys- tems – Macedonian Section (SDEWES- Skopje) https://www.sdewes.org	Gathers professionals and scientists from a broad range of disciplines of sustainable development of energy, water and environment systems in order to provide scientific support for policy-making in the following topics: sustainable development, green economy and better governance, climate change, low emission development strategies, and energy.	MK
SILAVA	The Latvian State Forest Research Institute (SILAVA) http://www.silava.lv/	National research organization with the main goal of to get new knowledge, based on scientific methods, and developing the innovative technologies to promote the sustainable development and competitiveness of forest sector.	LV
University of Strathclyde Glasgow	University of Strath- clyde, Glasgow https://www.strath.ac.uk	Leading technological university in the UK, which was founded as a 'place of useful learning' and undertakes internationally excellent research, education, & knowledge exchange with business & society.	UK
WIP RENEWABLE ENERGIES	WIP Renewable Energies https://www.wip-mu-nich.de	Private multi-disciplinary company active in the fields of renewable energy technologies, providing a range of technical expert and non-technical services to both industrial and public sector clients at the international level.	DE

Source: BE-Rural (2019)

# 3.1 Input from BE-Rural consortium and teachers on what educational resources should contain

Ideas on potential educational resources were first gathered in April 2019, during the BE-Rural project kick-off meeting. Eighteen people working in groups of two provided feedback using the survey in Annex I. Then, in April 2020, both the BE-Rural consortium and ten teachers that had shown interest in attending a teachers' summer school on the bioeconomy were consulted. Finally, in May 2020 a draft of this report (which includes the educational resources developed) was provided for feedback. In total, 27 people (from all the countries involved in BE-Rural project) provided ideas on the April 2019 and April 2020 survey.

It can be seen in Figure 2 that overall the preference is for the educational materials to focus on high school teaching and to be mainly aimed at teachers rather than students (as one participant said "we target pupils through the teachers"). One participant also suggested that educational materials could be used with Small and Medium Enterprises (SMEs). The educational materials in this report are mostly aimed at high school level, although it is possible that the educational materials can also be used with college and university students, and even SMEs.

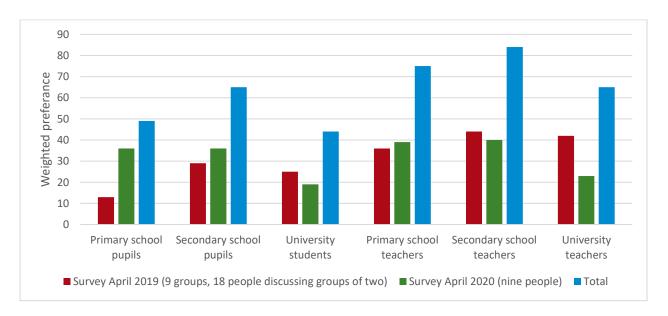


Figure 2: Results to the question "The educational materials on the theme of sustainability and the bioeconomy should primarily target which groups?"

**Key:** Rank from 6 (most important) to 1 (least important). Weighted preference – the higher the number, the most preferred. In this graph, secondary school = high school.

Both in April 2019 and April 2020, the participants were asked what the educational materials should look like. Table 2 shows the views from the 27 participants and how the BE-Rural project is addressing each of these views. It can be seen that educational materials presented in this report address every single one of the views but are also complemented with other outputs from the BE-Rural project, such as the BE-Rural Handbook already published (Colmorgen *et al.*, 2020) and the BE-Rural pop-up stores brochures (e.g. Griestop *et al.* 2020).

Table 2: Views from the surveys on how the educational materials should look and how such views are addressed by BE-Rural (numbers in brackets are number of suggestions)

Type of ed- ucational materials	Answer to question "What do you think educational materials should look like?", from surveys April 2019 & 2020	How BE-Rural is addressing each of these
Presenta- tions	Presentations (5)	Addressed <b>Output 2</b> - New power point slides for presentations with notes for teachers, described in this report.
Games	Games (3); action puzzles (1)	Addressed <b>Output 3</b> - New workshops, quizzes & games, described this report.
Quizzes	Quiz (2)	Addressed <b>Output 3</b> - New workshops, quizzes & games, described in this report
Workshops	Worksheets for children (1); material to discuss in discussion groups (1); interactive study materials (1)	Addressed <b>Output 3</b> - New workshops, quizzes & games, described in this report
Online tools	Online tools (4)	Addressed <b>Output 1</b> - Review of 100 free online educational resources, described in this report.
Videos	Videos (5)	Addressed <b>Output 1</b> - Review of 100 free online educational resources, described in this report.
Portfolio of bioproducts	catalogue with pictures (1); simple information with examples (1)	Addressed <b>Output 3</b> - New workshops, quizzes & games, described in this report. Plus the <b>BE-Rural pop-up stores brochures</b> (e.g. Griestop <i>et al.</i> 2020).
Handbook	Booklet or handbook (9)	This is addressed by the <b>BE-Rural Handbook</b> already published (Colmorgen <i>et al.</i> , 2020)
Other	Examples of real products (1); use of concrete products (1); tangible products & experiences (1); excursions (1)	This is addressed in <b>Output 4</b> - New extracurricular activities (such as school clubs or societies), described in this report.

Finally, in April 2020, survey participants were asked how they thought schools could best use these educational materials. For example, should the educational resources be integrated with an existing class or course (e.g. science, art, biology) or should a new class or course be created instead? Of the eight people who answered this question, five thought that it was better to be integrated into an existing class. Type of classes mentioned were: science, biology (2), earth and environmental science, art, technical subjects and even needlework. The materials presented in this report have been developed in a modular basis and can therefore be integrated to existing classes or be used to create a new syllabus.

# 3.2 Contribution to the development of educational resources from MSc students at the University Strathclyde

Dr Elsa João (senior lecturer, Department of Civil and Environmental Engineering at the University of Strathclyde in Glasgow, Scotland) was the lead researcher developing these educational resources. The class "Circular Economy and Transformations Towards Sustainability", run by Dr João, was used to create and test some of the materials. MSc students studying at the University also contributed collaboratively in the development of the teaching resource as explained in sections 3.2.1 and 3.2.2.

### 3.2.1 Developing Output 1

The search for a rich and relevant set of resources on the Circular Economy, Bioeconomy and/or Sustainable Development Goals/Sustainability/Sustainable Development began with an appraisal of the many sources available online. For the class "Circular Economy and Transformations Towards Sustainability", 95 students were asked to find existing online educational resources on bioeconomy, circular economy or sustainability that they would find particularly useful and interesting. The students were studying for a wide range of degrees (see Box 1) and came from a wide range of countries, which contributed to the richness of this data.

## Box 1: The wide range of degrees for students attending the postgraduate class "Circular Economy and Transformations Towards Sustainability"

MEng Aero-Mechanical Engineering

MEng Civil and Environmental Engineering

MEng Mechanical Engineering

MEng Mechanical Engineering with Aeronautics

MEng Mechanical Engineering with International Study

MSc Civil Engineering

MSc Civil Engineering with Industry

MSc Global Sustainable Cities

MSc Entrepreneurship, Innovation and Technology

MSc Environmental Engineering

MSc Environmental Entrepreneurship

MSc Industrial Biotechnology

MSc Public Policy

MSc Sustainability and Environmental Studies

MSc Sustainable Engineering: Renewable Energy Systems and the Environment

Undergraduate exchange programme in Civil Engineering

The data for each teaching resource was entered in a database and each student was asked to champion at least one unique resource that was not already in the database. As MSc students were used to find these resources, a Scottish high school student was then given the task to check the interest and clarity of these resources for his peers. The result of this work is Output 1 "Review of 100 free online educational resources (listed by theme: bioeconomy, circular economy & SDGs)" which is discussed in more detail in Section 4.

In addition to English and the five key OIP Partners' languages, the OIP Partners suggested that educational resources in other languages could also be useful and therefore resources in all these languages have been highlighted in Output 1: Bosnian, Bulgarian, Croatian, English, French, German, Hungarian, Latvian, Macedonian, Polish, Romanian, Russian, Serbian and Spanish. To increase further the resources in local languages, in the translated version of these educational resources, project partners will add more links in Bulgarian, Latvian, Macedonian, Polish and Romanian.

### 3.2.2 Developing Outputs 2, 3 and 4

Eight MSc students taking the classes "Independent Study in Collaboration with Industry" and "Client-Based Environmental Entrepreneurship in Practice" were selected to contribute to the development of the educational resources and in particular innovative games. It is thanks to these students' creativity, that the educational resources presented in this report include these new games. The result of this work is: Output 2 "New power point slides for presentations with notes for teachers" (see Section 5), Output 3 "New workshops, quizzes and games" (see Section 6) and Output 4 "New clubs or societies" (see Section 7).

From the outset, one of the main aims of the project was to create new games. With this in mind, the team met with an expert on sustainable communities from the University of Strathclyde Dr Robert Rogerson (e.g. Rogerson *et al.* 2011), to discuss an innovative sustainability board game that he developed and uses in teaching. The team also attended the Industrial Biotechnology Innovation Centre (IBioIC) annual conference in February 2020 in Glasgow. The IBioIC connects industry, academia and

government with the aim to accelerate new biotechnology processes and products (see Barrie et al., 2019; IBioIC, 2020a). The IBioIC annual conference focussed on biotechnology with some of the talks establishing a clear connection between biotechnology, sustainability, circular economy and the bioeconomy (see IBioIC, 2020b). In addition, some sessions also had links to the teaching of these concepts, which was particularly relevant for the research required in the development of the educational resources for the BE-Rural project.

# 3.3 Workshop to test the educational materials on bioeconomy and sustainability on 9<sup>th</sup> March 2020 at the University Strathclyde

A whole day event was organised to test the presentations, quizzes and games with an audience (see Annex III for the programme of the workshop). The event had 20 different attendees (all with University education and ages 23-58) who listened to the presentations, and were invited to participate in the quizzes and games (see Figure 3). After each 1.5-hour session, while the material was still fresh in peoples' minds, the participants were asked to provide detailed feedback on the materials (see Annex IV for the key questions asked to get feedback and ideas). According to the BE-Rural ethical procedure, all participants filled a consent form and were assured anonymity. Feedback received from the attendees of this workshop were used to improve the educational materials presented in this report.







Figure 3: The workshop to test the educational materials conducted on 9th March 2020

# 4 Output 1 – Review of 100 free online educational resources

One hundred free online educational resources were selected for inclusion in this report (see Annex V). The selection process considered the relevance of the resource and how useful, clear and fun it was (helped by the fact that students were used to help find and select these resources - see section 3.2.1). This shows the richness of resources already available and provides teachers with a list that they may want to use in their teaching.

Please note that the list is not meant to be exhaustive. There are many other free resources online. In addition, the searches were done in English so many other resources might be available in other languages. The list in annex V shows the language of the resource, and it can be seen that some of the resources are also available in other languages (e.g. EU resources that are available in all 24 EU languages) and in the cases of videos spoken in English that have as many as 17 different languages available in subtitles. As explained in section 3.2.1, resources in all these languages have been highlighted in Output 1: Bosnian, Bulgarian, Croatian, English, French, German, Hungarian, Latvian, Macedonian, Polish, Romanian, Russian, Serbian and Spanish. In addition, the translated version of these educational resources will include new links in the local languages (Bulgarian, Latvian, Macedonian, Polish and Romanian).

The resources in Annex V are organised into three main themes: Bioeconomy, Circular Economy and Sustainable Development Goals/Sustainability/Sustainable Development. Although many of the concepts presented are effectively timeless, a date has been included for each resource. They are all from the last 10 years – 77 produced or updated between 2015 and 2020, and 23 between 2010 and 2014. For each resource it is specified the type of online resource (e.g. video, quiz, downloadable pdf document, game, app) and, if possible the time it takes to read or use a resource. To help teachers decide if any of these resources would be of interest to use in their teaching a summary and review is included for each resource specifying content, interest, clarity and fun.

Importantly, for each resource ideas are included on how they may be used in the classroom, sometimes with a lesson plan. The level of difficulty or complexity is suggested and colour-coded: Beginner, Intermediate, Advanced. In some cases, more than one level of difficulty is proposed as some resources have different components of different complexity, plus it is possible to use the same resource in either a simpler or in a more complex way.

A key target audience is suggested. Although the educational resources included in Annex V are mainly for high school students, they are not exclusively for them. In the interest of flexibility and wider applicability, some of the resources are also recommended for primary school students and University students. Plus, some resources are recommended for teachers, lecturers, business & industry, government and NGOs, who may even be interested in getting a certificate for one of the training courses listed - e.g. the course "Circular Economy - Sustainable Materials Management", 21 hours over 5 weeks (see Annex V).

Of the 100 listed resources, 53% are either videos or include videos. Videos can be an effective teaching resource because they allow students to visualize concepts. Often a video is more interesting, engaging and easier to understand than if the discussion was delivered as a report. They can also help generate discussion and debate that enhance student learning. Although, video tutorials may miss the depth needed and therefore need to be used together with other resources with more in-depth description and analysis. Mitra *et al.* (2010, p. 405) suggest that "videos can provide useful material for students to engage with, but it needs to be used as part of an overall blended learning approach".

Some educational resources should be highlighted as being particularly important. The BLOOM School Box (BLOOM, 2020) is a collection of bioeconomy related educational resources which educators can use to introduce the concept of bioeconomy in their classrooms. These educational resources have eleven innovative learning scenarios which have already been tested in a classroom setting (e.g. "Bloom your school with your biofuel and soap lab" and "Examining the thermal properties of bio-based building materials").

In terms of teaching circular economy, the Ellen MacArthur Foundation has a wide range of high quality educational materials. Ellen MacArthur Foundation (2020) provides an organised collection of all knowledge and educational materials, starting from the introduction to Circular Economy to Business Case Studies and CE Reports. Among many other resources, there are ready-made lessons for school & college students ages 12-19 to learn about circular economy (Ellen MacArthur Foundation, 2017) and a whole 1-year course for target ages of 11-14, 14-16 and 16-19 on "System Reset: Design and Technology for a Circular Economy", available via the STEM Learning web site (STEM Learning 2019).

In terms of teaching sustainability, there are many resources available (e.g. Manitoba Council for International Cooperation, 2018), but the UNESCO resources on "Sustainable Development Goals - Resources for educators" (UNESCO, 2019) should be highlighted. Education for Sustainable Development (ESD) is a key element of the 2030 Agenda for Sustainable Development and the UNESCO (2019) resources provide resources for educators of early childhood care and education, primary education, and secondary education. Another key resource is the "World's Largest Lesson" on the Sustainable Development Goals (or Global Goals) for primary and secondary school children (Project Everyone, 2015). These resources are free, open source, translated into over 10 languages and can be adapted for any age group.

Finally, the set of 100 free online resources in Annex V should complement the wide range of books, papers and other publications that are not listed. For example, Lacy and Rutqvist's (2015) educational book "Waste to Wealth: The Circular Economy Advantage" discusses how 'green' and 'growth' need not be binary alternatives. The book examines five new business models that provide circular growth

from deploying sustainable resources to the sharing economy before setting out what business leaders need to do to implement the models successfully.

# 5 Output 2 – New power point slides for presentations with notes for teachers

The aim of these educational resources is to produce educational resources that can be used by teachers. It is possible to envisage that geography, biology, environmental studies, technology or business could integrate some of these resources as part of their teaching, but teachers have to comply with approved curriculums so they may not always have time to do alternative classes. Therefore, educational resources are presented in a modular basis and is up to the teachers to decide how to adapt them

One key output is power point slides that are ready for use by teachers. In some cases, a summary of key background information and key links for further information have also been added. The following sets of power point slides are included with these educational resources:

- Introduction to the bioeconomy (Annex VI)
- Bioeconomy and key principles of sustainability (Annex VII)
- Bioeconomy and SDGs (and respective targets) (Annex VIII)
- Bioeconomy and the Circular Economy (Annex IX)
- Bioeconomy in the agriculture sector (Annex X)
- Bioeconomy in the forestry sector (Annex XI)
- Bioeconomy in the fisheries sector (Annex XII)
- Bioeconomy in the sector of essential oils and herbs for cosmetics/pharmaceuticals (Annex XIII)

There are two topics dedicated to sustainability and SDGs because the links between bioeconomy and Sustainability/SDGs are so key (see for example, European Commission, 2018; Gomez San Juan *et al.*, 2019; Heimann, 2019). The teacher can choose as many or as few slides from the sets as needed. The slides have been made with rich imagery and include links to videos (some listed in Output 1) and in some cases use the Mentimeter tool. Mentimeter is an interactive presentation software platform that allows a presenter to get real-time input from participants with live polls, quizzes and word clouds (check <a href="https://www.mentimeter.com/features">https://www.mentimeter.com/features</a>). The audience needs their mobile phones to participate, and WiFi or mobile data to be able to get online and submit their answers. Mentimeter can be used in presentations or workshops to engage and interact with the participants, but it can also be used to gather data or opinions from the audience (see Annex XIV for more information and ideas).

## 6 Output 3 - New workshops, quizzes and games

According to Goss *et al.* (2017), students become more involved in their learning when playing games; the retention of content is strengthened and group positivity is increased. So in addition to the lecture slides, these learning materials include games related to bioeconomy, sustainability, the UN Sustainable Development Goals (SDGs), and the circular economy. These join other games already available related to sustainability and circular economy (see for example, Games4Sustainability, 2020 and The Agency of Design, 2020). The games are flexible and should be able to be played by anyone aged 12 and above (including adults) with no prior knowledge on bioeconomy. More complex learning can be achieved by adding discussion time after each game. They can also be played as part of extracurricular activities (see Output 4). Simplifying some of the games (e.g. the Bioeconomy Word Search Puzzles) would make them suitable for younger children.

These are the games, quizzes and puzzles specifically created for these educational resources (with links to bioeconomy, sustainability, SDGs and circular economy highlighted):

Workshop and Card Game "Business Match" – The workshop was developed to inspire
participants about the innovativeness of emerging circular business models and the possibilities created by circular economy concepts (see Annex XV for the game materials and instructions). It aims to familiarise the participants with five circular business models and enables them

to recognise these in daily life by using 25 company case studies. The aim of the game is to match each company to one of the five circular business models. Each company case study card includes an image, a description and key **SDGs** links. The game can be played in three different ways, and can be played individually or in groups. It takes 15-30 minutes depending on how the game is played and the amount of discussion. Before starting the game, the workshop leader could briefly introduce and explain the circular business models.

- 2. Game "Sustainability and SDGs Heatwave" This is a game where players answer sustainability and SDGs quiz questions and gain and lose points in the process (see Annex XVI for all the game materials and instructions). Four or five players compete against each other using one playing board. The game takes around 20-25 minutes.
- 3. "BE-Match" and "SDG-Link" Games One set of cards for two games Two games were developed using the same cards to inspire participants about innovative products made of biological resources (see Annex XVII for all the game materials and instructions). These workshops or classroom activities were created to introduce 35 bioproducts, which can substitute traditional products in our daily life, and to inspire the potential of the bioeconomy industry. The activities also encourage discussion on the links of these 35 bioproducts to the SDGs. Participants could play the "BE-Match" Game first, followed by the "SDG-Link" Game, either in the same day or in different days. Both games take between 15 to 30 minutes.
- 4. Bioeconomy Word Search Puzzles Word search puzzles are a simple, fun and innovative idea to help remember technical terms explained in class. They can be played by people of all ages, can be done in any language and can be done with different levels of complexity to suit the audience. See Annex XVIII for two examples on bioeconomy word search puzzles of different complexity which can be done individually or in groups.

# 7 Output 4 – New extracurricular activities (such as school clubs or societies)

Extracurricular activities (such as school clubs or societies) can provide a unique opportunity to bring new or additional content in terms of bioeconomy, circular economy, and/or SDGs and Sustainability. In a situation where teachers are constrained by the curriculum that they need to deliver, and may not have space to add extra content within class time, extracurricular activities could provide the possibility of students being involved in these themes. Further, students can take leadership of these. Extracurricular activities are both about fun and learning, and hold great potential for embedded learning and can also be critical for students with disabilities (see Pence and Dymond, 2015).

Decisions on extracurricular activities should really come from students and teachers, who should decide what interests them and which activities are applicable to their school's resources and infrastructure. However, Figure 4 shows ideas for extracurricular activities related to bioeconomy, circular economy and SDGs, which could take place at lunch time or after school and last about 45-60 minutes. Some of these ideas came from the discussion on school clubs at the 9<sup>th</sup> March workshop (see section 3.3 and Annex III).

Each activity in Figure 4 could be a weekly, bi-weekly or monthly theme, that changes each time, depending on staffing and resources at the school. Alternatively, each of the activities in Figure 4 could be used to form a stand-alone club. For example, the club could purely be a Sustainable Cooking Club, which highlights ways to reduce food waste and use seasonal, local produce. This teaches valuable life skills and highlights messages about reducing energy consumption through the importation of food. However, it is recognised that not every school will have cooking facilities, and this is why these activities are provided as a framework to be moulded and adapted by individual schools according to their resources and needs.

These practical activities can work together with the lecture material presented in Section 5 to consolidate learning and transform abstract concepts into tangible actions. Ultimately, it is hoped that incorporating at least a few of these activities into school clubs will encourage a greater engagement with

issues relating to the bioeconomy and inspire students to bring knowledge and sustainable practices back to their homes. These activities also show that social innovations and sufficiency are no less important than technological innovations, in the transformation towards a more sustainable bioeconomy.

Welcome to the	Games and Quizzes	Champion a Champion	Get creative
"Trash is Gold" Club	Play with the wide	Many organisations are	Students to do arts and
First meeting - students	range of games and	winning sustainability,	crafts using bioproducts
could see three short	quizzes on bioecon-	bioeconomy or circular	and other recyclable
videos: one on bioecon-	omy, CE and SDGs.	economy awards. Stu-	materials. Companies
omy, one on CE and	Could compete in	dents pick award win-	could be asked to do-
one on SDGs. Students	groups. Could vote for	ning organisations and	nate left-over products.
could decide club name	best quiz and game.	tell the club what that	An art exhibition could
and agree activities to	Could create new	company is about and	be organised & prize
be done over the year.	games and quizzes.	why they won a prize.	given.
Circular me	Ethical Fashion	Sustainable Cooking	Swap Fair
Each club member to	Think of the environ-	Learn about no-waste	A Community Swap
think how they can be-	mental and social im-	cooking techniques	Meet is a great way to
come more circular and	pacts of the fashion in-	and batch cooking, so	give away something
sustainable at home	dustry, and what can be	no food is wasted.	you do not need and
and in the things they	done about it. Can you	Think about using sea-	get something you want
do. Then they share	do some clothes from	sonal and local pro-	in return. Swap books,
ideas and successes	recycled materials?	duce. Any entrepre-	cloths, etc. Swapping
with the club.	Can you restyle some	neurial ideas related to	clothes is as an alterna-
	old shirts?	food waste?	tive to 'fast fashion'!
Grow food from scraps	Visit in or visit out	News and Views	SDG Achievements
Some fruits and vegeta-	Invite an industry	Write about what the	What can your school
bles that you can re-	Invite an industry speaker to come and	club and the school is	do to achieve some or
bles that you can re- plant and grow yourself,	Invite an industry speaker to come and talk to the club or go on	club and the school is doing about bioecon-	do to achieve some or all of the SDGs? Which
bles that you can re- plant and grow yourself, from scraps! Lettuce,	Invite an industry speaker to come and talk to the club or go on a site visit. Could you	club and the school is doing about bioecon- omy, circular economy	do to achieve some or all of the SDGs? Which SDG would the club
bles that you can re- plant and grow yourself, from scraps! Lettuce, celery, ginger, pineap-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en-	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do
bles that you can re- plant and grow yourself, from scraps! Lettuce, celery, ginger, pineap- ple, garlic, onions,	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could in-	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en- gage with the local	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what
bles that you can re- plant and grow yourself, from scraps! Lettuce, celery, ginger, pineap- ple, garlic, onions, basil, apples, spring on-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en- gage with the local community so they	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do
bles that you can re- plant and grow yourself, from scraps! Lettuce, celery, ginger, pineap- ple, garlic, onions, basil, apples, spring on- ions. Give it a try!	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en- gage with the local community so they learn about your ideas?	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?
bles that you can re- plant and grow yourself, from scraps! Lettuce, celery, ginger, pineap- ple, garlic, onions, basil, apples, spring on- ions. Give it a try! What job and career?	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en- gage with the local community so they learn about your ideas?  Life on land	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?
bles that you can re- plant and grow yourself, from scraps! Lettuce, celery, ginger, pineap- ple, garlic, onions, basil, apples, spring on- ions. Give it a try!  What job and career? What skills/qualifica-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair Organise event where	club and the school is doing about bioeconomy, circular economy and SDGs. Can you engage with the local community so they learn about your ideas?  Life on land This is SDG15 – what	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career?  What skills/qualifications would be needed	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair Organise event where people bring broken	club and the school is doing about bioeconomy, circular economy and SDGs. Can you engage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career?  What skills/qualifications would be needed to pursue a career in	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair Organise event where people bring broken items that need repair-	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en- gage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve it? What bioproducts	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve it? What bioproducts we
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career?  What skills/qualifications would be needed to pursue a career in the bioeconomy? Ex-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair Organise event where people bring broken items that need repairing and they learn to re-	club and the school is doing about bioecon- omy, circular economy and SDGs. Can you en- gage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve it? What bioproducts we can get from for-	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve it? What bioproducts we can get from fisheries?
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career? What skills/qualifications would be needed to pursue a career in the bioeconomy? Explore the bioenergy ca-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair Organise event where people bring broken items that need repairing and they learn to repair them from people	club and the school is doing about bioeconomy, circular economy and SDGs. Can you engage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve it? What bioproducts we can get from forestry and agriculture?	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve it? What bioproducts we can get from fisheries? What art work we can
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career?  What skills/qualifications would be needed to pursue a career in the bioeconomy? Ex-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair  Organise event where people bring broken items that need repairing and they learn to repair them from people who volunteer to help—	club and the school is doing about bioeconomy, circular economy and SDGs. Can you engage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve it? What bioproducts we can get from forestry and agriculture? What about essential	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve it? What bioproducts we can get from fisheries? What art work we can do with this theme?
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career?  What skills/qualifications would be needed to pursue a career in the bioeconomy? Explore the bioenergy career map:	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair  Organise event where people bring broken items that need repairing and they learn to repair them from people who volunteer to help—repair bikes, clothing.	club and the school is doing about bioeconomy, circular economy and SDGs. Can you engage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve it? What bioproducts we can get from forestry and agriculture? What about essential oils from plants to be	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve it? What bioproducts we can get from fisheries? What art work we can do with this theme? How can we reduce
bles that you can replant and grow yourself, from scraps! Lettuce, celery, ginger, pineapple, garlic, onions, basil, apples, spring onions. Give it a try!  What job and career?  What skills/qualifications would be needed to pursue a career in the bioeconomy? Explore the bioenergy career map:  https://www.en-	Invite an industry speaker to come and talk to the club or go on a site visit. Could you also present what the club is doing? Could industry guest help with some of your work?  Repair Fair  Organise event where people bring broken items that need repairing and they learn to repair them from people who volunteer to help—	club and the school is doing about bioeconomy, circular economy and SDGs. Can you engage with the local community so they learn about your ideas?  Life on land This is SDG15 – what can we do to achieve it? What bioproducts we can get from forestry and agriculture? What about essential	do to achieve some or all of the SDGs? Which SDG would the club champion? Can you do posters showing what the school is doing?  Life below water This is SDG14 – what can we do to achieve it? What bioproducts we can get from fisheries? What art work we can do with this theme?

Figure 4: Ideas for extracurricular activities related to bioeconomy, circular economy & SDGs

### 8 How educational resources can be delivered online

Online and blended learning has been embraced around the world as they can diversify the learning experience and increase the accessibility of educational resources (e.g. Barbour *et al.*, 2011; Mio *et al.*, 2019). E-learning has become even more pressing given the global Coronavirus pandemic in 2020 (e.g. Lau *et al.*, 2020; Nordmann et al., 2020). Many of the learning resources included in this BE-Rural report can be delivered online. The 100 resources listed as part of Output I are all online and that is a key reason why they were selected.

The lecture material could all be made available online. Teachers can provide video or audio recordings of themselves presenting the lecture. While an interactive element, which allows students to ask real-

time questions, can be enabled by using platforms such as Blackboard, GoToMeeting, Microsoft Teams, Skype or Zoom. Mentimeter, which is already an online tool, could be used during these online conference platforms. These provide secure multi-person conferences as participants can use a password to join the conference. Alternatively, students could email teachers with questions and receive clarification via this method, if instant discussion is not required or possible. Video content and additional links to further information can be provided in slide notes and so students can use these in the same way to gain extra information on areas they are interested in to supplement their taught learning.

Regarding the games and quizzes for the workshops, the playing cards (for the games "Business Match", "BE-Match" and "SDG-Link") could be created in a digital game format, based on the same concept as the physical card games. Quizzes could be converted into a questionnaire and sent to the participants to fill in during or after the lecture. While the online tool used to create the word search puzzles provides a web link to the word puzzle once it has been created. This link could also be shared with participants who could be asked to complete them online or print out before solving. Exactly as the lectures, the workshops can be combined with the same online conference packages such as Blackboard, GoToMeeting, Microsoft Teams, Skype or Zoom.

In terms of extra-curricular activities, the current Coronavirus pandemic and the need for social distancing may mean that some of the school clubs may not be able to be conducted physically. However, teachers could set tasks that students do at home, such as art work. Additionally, parents or guardians may be able to oversee cooking, if recipes are made available online for students to follow whilst studying from home. Therefore, some activities may still be able to go ahead in a single household setting with online instructions from teachers. This method may also provide additional benefits of dissemination of awareness of the bioeconomy beyond the school building and into individual homes. It allows parents and guardians to become involved in the activities alongside their children. For example, by identifying unsustainable practices, such as single use plastic in their own homes. This gives households an opportunity to look at ways to reduce their own consumption habits and, as a result, could help spread the message of the bioeconomy principles more widely through society.

## 9 Conclusions and next steps

The EU aims to build the world's leading bioeconomy (Bell *et al.*, 2018). One key aspect is related to raising awareness of the value of bioeconomy and how it relates to sustainability. The BE-Rural educational resources included in this report intends to contribute to this important aspect. The report reviewed existing educational resources, presented power points slides to be used by educators and suggested possible extracurricular activities. This project created new games and quizzes related to the bioeconomy, sustainability, the UN Sustainable Development Goals (SDGs), and the circular economy. It is hoped that these games will both educate and inspire the next generation.

The material in this report will be translated into Bulgarian, Latvian, Macedonian, Polish and Romanian. As part of the BE-Rural activities, these educational resources will be used in a series of educational events on sustainability and the bioeconomy. Facilitators from the five OIP (see Figure 1), will deliver at least three educational events in each region on the broad theme of 'Sustainability and the Bioeconomy', focused on school/college/university pupils/students and/or teachers. The specific focus of these events will be tailored to the interests and needs of each region, both in terms of sub-themes, and in terms of target group, e.g. which age group and educational level, and whether students/ pupils and/or teachers.

These educational resources will also be used in a teachers' summer school on sustainability and the bioeconomy school for teachers interested in developing curricula and educational material on sustainability and the bioeconomy. The summer school will primarily be targeted at teachers in the five OIP regions, but participation could also be widened to some teachers from other moderate or modest innovator regions.

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## Annex I – Questions to participants during the BE-Rural kick-off meeting (9-10<sup>th</sup> April 2019)

## What are your thoughts on the following?

(within the theme of education, awareness and engagement in sustainability and bioeconomy)

\*\* Work in groups of two to discuss ideas \*\*

lf	you are focusing on a specific <b>region</b> write it he you are focusing on a specific <b>sector</b> write it he had are you picking this region and sector?:	ere:
1.	The educational materials on the theme of marily target these groups - rank from 6 (ma) ( ) Primary school pupils b) ( ) Secondary Schools pupils c) ( ) University students	sustainability and the bioeconomy should prinost important) to 1 (least important)::  d) ( ) Primary school teachers e) ( ) Secondary Schools teachers f) ( ) University teachers
2.		bove (the one you ranked with number 1), what do look like (e.g. should it be a booklet with infor-
3.	What are the key sub-themes that we show bioeconomy, both overall sub-themes released region?	uld cover within the theme of sustainability and the evant to all and specific sub-themes of interest to a
	Overall sub-themes relevant to all:	Specific sub-themes for region:
4.		e to some of the sustainable development goals he educational materials should focus on (tick the
	SDG 1: No Poverty SDG 2: Zero Hunger SDG 3: Good Health and Well-being SDG 4: Quality Education SDG 5: Gender Equality SDG 6: Clean Water and Sanitation SDG 7: Affordable and Clean Energy SDG 8: Decent Work and Economic Growth	SDG 9: Industry, Innovation and Infrastructure SDG 10: Reduced Inequality SDG 11: Sustainable Cities and Communities SDG 12: Responsible Consumption & Production SDG 13: Climate Action SDG 14: Life Below Water SDG 15: Life on Land SDG 16: Peace and Justice Strong Institutions SDG 17: Partnerships to achieve the Goal
	5. Any other thoughts?	

Annex II – Questions to consortium and people who showed interest in attending a teachers summer school on the bioeconomy (April 2020)



# Your thoughts on educational materials on sustainability and the bioeconomy

1.	The educational materials on the theme of sustainability and the bioeconomy should primarily target these groups - rank from 6 (most important) to 1 (least important):
	a) ( ) Primary school pupils b) ( ) Secondary Schools pupils c) ( ) University students d) ( ) Primary school teachers e) ( ) Secondary Schools teachers f) ( ) University teacher
2.	Given the main target group you picked above (the one you ranked with number 1), what do you think the educational material should look like (e.g. should it be a booklet with information)?
3.	How do you think the schools can best use these materials? (For example, integrated with an existing class/course (e.g. science, art, biology) or creating a new class/course? How many hours of materials would be ideal? etc)
4.	What is your experience with teaching and teaching support?
5.	Any other thoughts?
W	/hat is your region?
W	/hat is your country?
W	hat is the name of the organisation that you work for?

Many thanks for your thoughts!

### Annex III – Programme of the workshop to test the educational resources

# Workshop on educational materials on bioeconomy and sustainability

### Monday, 9th March 2020, 9am - 5pm

University of Strathclyde, Level 5, James Weir Building, Room JW509a (KE hub), 75 Montrose Street, Glasgow



**Aim:** As part of the BE-Rural Project (https://be-rural.eu/) we are developing educational materials on bioeconomy and sustainability. This workshop aims to get feedback on what we have been doing and get new ideas from attendees. If you have any further thoughts after the event please email Dr Elsa João, University of Strathclyde.

### **Programme:**

### 9.00-10.30

- Introduction to event (Elsa João)
- Introduction to bioeconomy (Lauren Hirsch)
- Bioeconomy and the Circular Economy (Khaing Thet Htar Aung)
- Workshop on Bioeconomy and Circular Economy (Lauren Hirsch and Khaing Thet Htar Aung)
- Participants to fill survey about the above lectures and workshop

### 10.30-11.00 - tea/coffee break

#### 11.00-12.30

- Bioeconomy and key principles of sustainability (Hannah Lane)
- Bioeconomy and SDGs (and respective targets) (Nada Alwakdany)
- Workshop on Bioeconomy and sustainability and SDGs (Nada Alwakdany and Hannah Lane)
- Participants to fill survey about the above lectures and workshop

### 12.30-13.30 - Lunch

#### 13.30-15.00

- Bioeconomy in the agriculture sector (Conaill Carolan)
- Bioeconomy in the fisheries sector (Rebeca Casado Rodriguez)
- Workshop on Bioeconomy in the agriculture and fisheries sector (Conaill Carolan and Rebeca Casado Rodriguez)
- Participants to fill survey about the above lectures and workshop

### 15.00-15.30 - tea/coffee break

### 15.30-17.00

- Bioeconomy in the forestry sector (Beatrice Morel)
- Bioeconomy in the sector of essential oils and herbs for cosmetics and pharmaceuticals (Eilidh Shaw)
- Workshop on Bioeconomy school clubs (Eilidh Shaw, Beatrice Morel and Elsa João)
- Participants to fill survey about the above lectures and workshop
- Closure and thanks (Elsa João)

### Annex IV – Key questions used 9th March workshop surveys for feedback & ideas

## Evaluation of the educational materials on bioeconomy and sustainability



### Individual code,

to match the answers to different surveys by participants:

The completion of this feedback survey is completely voluntary. All responses will be treated anonymously.

### Power Point Presentations – filled-in after each 1.5 hour session (see Annex III):

- A. Any comments about any of the sides (fun/boring, clear/unclear, complete/incomplete, good/bad)?
- B. Any comments overall so we can improve this presentation?
- 1. On a scale from 1 to 5 (where 1 is 'poor' and 5 is 'excellent') how would you evaluate these slides?

1	2	3	4	5

- 2. Please explain rating above
- 3. What did you find most fun and interesting?
- 4. Were any issues missing or not clear?
- 5. What are your suggestions for improvement?
- 6. Any other comments?

### Games - filled-in after each 1.5 hour session (see Annex III):

### Any comments so we can improve this game?

1. On a scale from 1 to 5 (where 1 is 'poor' and 5 is 'excellent') – how would you evaluate this game?

L	1	2	3	4	5
١	Vhy?				

2. On a scale from 1 to 5 (where 1 is 'my knowledge has not increased' and 5 is 'my knowledge has definitively increased') – has this game helped you to gain a better understanding of what the bioeconomy is?

1	2	3	4	5	

What was your key learning or take-home message?

- 3. What did you find most fun and interesting?
- 4. What do you think about the format, content and visuals of this game?
- 5. Were any issues missing or not clear or unhelpful?
- 6. What are your suggestions for improvement?
- 7. Any other comments?

### Any other ideas? - participants asked to fill this at the end of the day:

- 1. Any other ideas about Bioeconomy school clubs?
- 2. Any other ideas about Bioeconomy careers?
- 3. Any other ideas about Bioeconomy teaching materials?

## Annex V – Output 1: Review of 100 free online teaching resources (listed by theme: bioeconomy, circular economy & SDGs)

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
1	A Sustainable Bioeceonomy for Europe	https://ec.eu- ropa.eu/re- search/bioecon- omy/pdf/ec_bioe- conomy_strat- egy_2018.pdf	Bioeconomy	PDF report available online	European Commission 2018	This updated Bioeconomy Strategy builds on the 2012 Strategy. It proposes actions to scale-up the bioeconomy to create growth and job opportunities at local level, reinforce the bio-based sector and contribute to the modernisation of EU industry, protect the environment and enhance ecosystems' functions and biodiversity. Important report as it provides the EU views on sustainable bioecenomy and includes action plan.	secondary school teach- ers, university lecturers, uni- versity stu- dents, business & industry, gov- ernment, NGOs	2 hours	I <mark>ntermediate</mark> Advanced	English	Discussion of key issues in class.
2	Biowhat? The Bioecon- omy game	https://www.fvawe b.eu/biowhat/	Bioeconomy	Interactive ed- ucational online game.	BIOWAYS & BioStep 2019	Educational online game that reveals information on various bio-products in relation to the Bioeconomy. Students can move a small character to a resource and then pair it to a bio-product that can be made from the resource. Information on the bio-product and how it is made is then shown. Very engaging and well designed. The educational element is easy to understand and informative. The game can be shared on Facebook where students can upload their scores and get competitive with each other. The resource stimulates curiosity and delivers information on bio-products. The quiz throughout the game makes it a good learning resource.	primary school pupils, second- ary school pu- pils	5 - 10 minutes	Beginner	English Estonian Greek Portuguese Slovakian Spanish	Students could play on their own or in groups, or teacher could display game to the whole class, for students to try and pair resources to their bio-products.
3	Biobased Products for a Sustainable Bioeconomy	https://www.edx.or g/course/biobased- products-for-a-sus- tainable-bioecon- omy	Bioeconomy	Online teaching course with videos, interactive assignments and quizzes to help evaluate the progress of the user	edX, DELFT University of Technology 2020	An introduction to the world of biobased products and processes using biobased resources, including biobased feedstock, sustainability aspects, links to climate change, and how to design a biobased product ready to be brought into the market. Great interactive online teaching resource with real life examples on how these products are created and commercialised into the global market. Quizzes are a good ways to keep people engage to the course.	primary school teachers, sec- ondary school teachers, uni- versity stu- dents, univer- sity lecturers, business & in- dustry, NGOs	5–6 hours per week, over 10 weeks	Intermediate Advanced	English	A full online course, 5–6 hours per week, over 10 weeks.  Free course but course completion certificate costs around €46.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
4	Bioeconomy in everyday life	https://www.bio- vale.org/wp-con- tent/up- loads/2015/11/Bio- economy-in-every- day-life-2015.pdf	Bioeconomy	PDF report - formatted like a shopping catalogue, giv- ing a mini case study on the material and its relevance to bioeconomy on each page.	European Commission 2015	Report explains and creates awareness how bioeconomy can impact upon our daily lives, using different examples of everyday products (e.g. from conditioner to trainers) and explains how these items can be made using renewable biodegradable materials. Informative, interesting, and compact resource about the bioeconomy. Helpful that legend at the bottom of each page scores each product based upon their performance (e.g. cost-efficiency, innovation, and fossil fuel reduction).	secondary school pupils, university stu- dents, business & industry, NGOs	1.5 hours	Beginner	English	Different pages detail- ing different bio-based products could be passed around to show students the potential applications.
5	Bioenergy Basics 101 Game	https://www1.eere. energy.gov/bioen- ergy/ba- sics101/game.html	Bioeconomy	Online game	Department of Energy's Bioenergy Technology Office (USA)	Game with questions regarding bioe- conomy and biofuel production, uses and benefits. It can be played alone or in teams. The game is amusing and in- tellectually stimulating. A competition against each other, like jeopardy, would make it more fun. Game good for mak- ing you think about what you know. The levels differ from beginner to intermedi- ate so works well for a range of knowledge.	secondary school pupils, university stu- dents	20-30 minutes	Beginner <mark>Intermediate</mark>	English	Would work great in a class, keeping people engaged and having fun while they learn.
6	BioStep - Prod- ucts	http://products.bio- step.eu/	Bioeconomy	Online quiz and a short da- tabase with some bioprod- ucts in homes.	BioStep 2018	Website which includes a short slideshow with examples of possible bioproducts we can find at home, and an interactive short quiz which evaluates knowledge of bioproducts, their resources and their potential. Explanations and examples are provided in the answers to the quiz.	primary school pupils, second- ary school pu- pils	20 minutes	Beginner Intermediate	English	Slideshow;. Ask students to provide examples of bioproducts they know; Do quiz.
7	BLOOM Bioe- conomy	https://bloom-bio-economy.eu  Cossu, C. (2019): An innovative vision of the Bioeconomy problems in the class: The BLOOM Project. Geophysical Research Abstracts, 21: 1-11	Bioeconomy	Web page with a variety of re- sources: webinars, vid- eos, MOOC, and online quiz https://bloom- bioecon- omy.eu/reposi- tory/bloom-bio- economy-quiz/	BLOOM (project funded by the EU Hori- zon 2020, running since 2017)	BLOOM aims to spread awareness of strategies for creating bioeconomies in Europe with a large focus on education within schools with online resources and physical workshops. Trialled new teaching resources in classrooms in different curricular subjects, e.g. maths, engineering and science. Twitter feed regularly updated with links to articles and information about bioeconomies. YouTube page with teaching videos describing bioproducts. MOOC on "Boosting bioeconomy knowledge in schools".	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers	Varies with each re- source.	<mark>Intermediate</mark>	English (video captions in man languages including Bulgarian, Latvian, Macedonian Polish and Romanian)	Presentation on the bioe-conomy and different bioproducts. Showing videos. Quiz to test students' knowledge and ensure key concepts were understood.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
						Multiple-choice online quiz to be answered within a time limit, user gaining a score at the end.					
8	Educational Resources: Bi- oenergy in the Classroom	https://www.en- ergy.gov/eere/bio- energy/educa- tional-resources- bioenergy-class- room	Bioeconomy	Web page with a variety of re- sources (vid- eos, exercises, etc)	Office of Energy Efficiency & Renewable Energy, US Department of Energy,	Wide range of educational resources related to bioenergy. A wide of resources well organised. It is possible to search by student level and by topic (e.g. Bioenergy, Renewables, Energy Efficiency, Biofuels, Science Education, Alternative Fuel Vehicles, Fuel Economy, Hydrogen, Solar, Wind, Clean Cities, Consumption, Energy Economy, Energy Usage, Geothermal)	primary school pupils, second- ary school pu- pils, primary school teach- ers, secondary school teach- ers	Depends of activity	Beginner Intermediate	English	Resources ready to be used in class- room.
9	EFFAT Bioe- conomy Work- shop	https://bioecon- omy.effat.org  EFFAT (2017): The bioeconomy and a future bi- obased food indus- try and agriculture sector. Brussels: EFFAT	Bioeconomy	Video and re- port	European Federation of Food, Ag- riculture and Tourism Trade Un- ions (EF- FAT)	Short video summarising EFFAT report on the EU bioeconomy and how to shape its future. Video describes importance of biorefineries and biomass production to the EU economy & pinpoints areas for future opportunity. The video is snappy, engaging & interesting, and report gives a in-depth explanation. In the report, a few 'National Focus' countries are selected, and case studies show how some bioenergy/biomass-based companies operate within these countries.	secondary school pupils, university stu- dents	2 minutes (video); 2 hours (report)	Intermediate Advanced	English	Can be used at start of a lesson to initi- ate a discus- sion on what students think the bioecon- omy is.
10	Energy from floating algae pods	https://www.ted.co m/talks/jona- than_trent_en- ergy_from_float- ing_algae_pods/ Trent, J. (2012): Grow Your Own Energy, New Sci- entist, September 3.	Bioeconomy	Video from TEDtalk (TEDGlobal)	Jonathan Trent, TEDtalk 2012	Video on the use of micro-algae to produce biofuels. Author invented Offshore Membrane Enclosures for Growing Algae (OMEGA) project. OMEGA created to grow micro-algae in floating offshore pods, feed by wastewater from cities. Presentation covers how floating structure works, its impact on environments and further developments (e.g. link with wind energy). Video relevant to anyone interested in biofuels, nanotechnology and wastewater treatment. Video is excellent and easy to understand with interesting animations.	secondary school pupils, secondary school teach- ers, university students, uni- versity lectur- ers, business & industry	14 minutes and 21 seconds	<mark>Intermediate</mark> Advanced	English but 17 lan- guages available in subtitles (Including Bulgarian, French Polish, Ro- manian, Russian)	video. Assign tasks in groups. Ask questions, e.g. how can mi-

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
11	Forest based Bioeconomy in Finland	https://www.bioe- conomy.fi/video- forest-based-bioe- conomy-in-finland/	Bioeconomy	Video	Bioecon- omy.fi (Fin- land) 2014	About the bioeconomy in Finland and with interesting examples of how Finland has used their vast amounts of forest land to develop sustainable alternatives to commonly used products. Good that shows a wide range of uses and innovations that can be made using a bioeconomy system. Video concise, informative and visually interesting.	secondary school pupils, university stu- dents, business & industry	1 minute and 43 seconds	Beginner Intermediate	English	Develop Ideas from video, e.g. how vis- cose replaces cotton & cellu- lose fibre re- places plas- tics.
12	Quiz #1 - Are you ready for the bioecon- omy?	http://www.all- things.bio/quiz/are- you-ready-for-the- bioeconomy/	Bioeconomy	Quiz	AllThings.Bio 2018	Interactive quiz with six questions about the bioeconomy. User can see if answer is right or wrong right away and explanation is provided, plus explore every question's concept by clicking on "Learn more about this" link, redirecting users to other sites with in-depth information. Quiz is entertaining and informative. Questions ranges from simple ones to those which require a bit more background, so relevant to different target audiences.	primary school pupils, second- ary school pu- pils, university students, pri- mary school teachers, sec- ondary school teachers	6 minutes or more - depending if reading extra infor- mation	Beginner Intermediate	English	QR Code could be pro- jected for stu- dents to scan and be redi- rected to online quiz. % right or wrong questions could appear on screen.
13	The Bioecon- omy starts here!	https://www.youtub e.com/watch?v=2x vXkOMRTs4	Bioeconomy	Video accessi- ble via youtube	European Commission 2014	Video explains briefly the most important basics of a bioeconomy by means of an animated film. It presents the differences between fossil and biological resources as basis for products. It introduces the bioeconomy as a circular economy and illustrates its positive aspects and advantages in the future. Video is well made and informative. As it is only 2 min long and can have captions in 24 EU languages, it a useful teaching resource.	primary school pupils, second- ary school pu- pils, university students	2 minutes	Beginner	English but captions in all 24 EU languages	Video could be a nice start to a presentation on key princi- ples of bioe- conomy and circular econ- omy.
14	The Blue Bioe- conomy	https://www.youtub e.com/watch?v=W Ep3fFleZc4	Bioeconomy	Video accessi- ble via youtube	Matís Ice- land 2016	Focus on the bioecoonomy linked to the sea and related industries - the blue bioeconomy. Interesting that shows route that bioproducts can make from source to production. Video gives insight on how byproducts that are commonly considered as waste can be utilised for other purposes, e.g. use of Atlantic cod's bones used for food supplements (fatty acids and proteins). Video explained in simple and easy to under-	secondary school pupils, university stu- dents, primary school teach- ers, secondary school teach- ers, university lecturers, busi- ness & indus- try, NGOs	3 minutes and 40 seconds	Beginner	English (sub-titles in clude: Bul- garian, Lat- vian, Mace- donian, Polish and Romanian)	video to bioe-

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
						stand language, and has enjoyable ani- mations, and so is suitable for a wide audience with varying abilities.					
15	Towards Sus- tainable Bioe- conomy - Les- sons Learned from Case Studies	http://www.fao.org/ 3/ca4352en/ca435 2en.pdf	Bioeconomy	PDF report	Marta Gomez San Juan, Anne Bogdanski and Olivier Dubois	Amazing resource with 26 case studies on sustainable bioeconomy with links to SDGs. Interesting detail about uses of bioeconomy around the world. Well formatted report that can easily be used as a teaching resource. Report highlights value and success of each case study.	secondary school pupils, university lec- turers, busi- ness & indus- try, govern- ment, NGOs	2 hours or more	Intermediate Advanced	English	In groups, discuss how case studies can be implemented on a local, national or global scale.
16	3 creative ways to fix fashion's waste problem	https://www.ted.co m/talks/amit_kalra _3_crea- tive_ways_to_fix_f ash- ion_s_waste_prob- lem	Circular Econ- omy (CE)	Video - Ted talk	Amit Kalra, TED@Tom my 2017	interesting video on fashion and waste. Discusses ways to reuse and recycle unwanted clothes and how industry could make clothes more modular in their composition and use biodegradable materials. Interesting that video also talks about the use of harsh chemicals as garment dyes and how these dyes are affecting possible water supplies. It also addresses how use of these chemicals can make it harder for a product to be reused/recycled as it is not possible to remove the colour, adding another factor to consider when establishing a CE.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry	9 minutes and 37 seconds	Beginner Intermediate	English but transcript available in 19 different languages (Including, French Hungarian Polish, Russian, Spanish)	about the fashion industry and the waste associated with fast
17	A circular economy for salt that keeps rivers clean	https://www.ted.co m/talks/tina_ar- rowood_a_circu- lar_econ- omy_for_salt_that_ keeps_riv- ers_clean/	Circular Econ- omy (CE)	Video	Tina Ar- rowood, TEDTalk 2019	Video informs and educates on the possibility and necessity of protecting the rivers from excessive salt that comes from human activity; this can be achieved through circular economy. A three-step river defence mechanism is introduced, explaining how to recover salt from salty industrial wastewaters and reuse it	university stu- dents, univer- sity lecturers, business & in- dustry	13 minutes	Intermediate Advanced	English but subtitles in 11 lan- guages (in- cluding French, Hungarian, Spanish)	three-step
18	A healthy economy should be de- signed to thrive, not grow	https://youtu.be/Rh crbcg8HBw Raworth, K. (2017): Doughnut Economics: Seven Ways to Think Like a 21st-Century	Circular Econ- omy (CE)	TED Talk (Youtube video)	Kate Raworth, TEDTalk	An important and interesting talk high- lighting the issues with our current mass consumerist culture and critiques an economy built on endless growth. Un- picks the issues of GDP growth. This video contrast these issues with a new model of Doughnut Economics - a visual framework for sustainable development	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business	16 Minutes	Intermediate	English (bur subtitles in 23 lan- guages in- cluding Bul- garian, French, Hun	Students could try and plot their own lives on the Dough- nut model.

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		Economist. 1st ed. Vermont: Chelsea Green Publishing.				combining the concept of planetary boundaries with the complementary concept of social boundaries.	& industry, NGOs			garian, Rus- sian and Spanish)	
19	A short guide to the Circular Economy: The CEPS frame- work	http://www.ceps- ech.eu/sites/de- fault/files/PPT%20 CEPS%20Spe- cial%20Re- port%20on%20the %20CE_0.pdf .	Circular Economy (CE)	PowerPoint	Igor Taranic (CEPS - Centre for European Policy Stud- ies) 2016	Presentation based on a report about the framework 'Circular Economy Progress for Stakeholders' (which confusingly has the same acronym as the Centre for European Policy Studies), with an overview of the key principles of the CE model and recommendations to European policy-makers on how best to support the transition towards a CE in the EU. Links CE to political change and policy creation and it is useful to see some real-life examples.	secondary school pupils, secondary school teach- ers, university students, uni- versity lectur- ers, business & industry	20 Minutes	Intermediate	English	Could use diagrams & different building blocks of the CE Model as an intro to the concept.
20	A World with- out waste	https://www.ted.co m/talks/kate_e_bra ndt_a_world_with- out_waste	Circular Econ- omy (CE)	Online Video of a TED- Women Talk	Kate Brandt (Google Sus- tainability Of- ficer), TED- Women Talk	Video explains the CE concept and the speaker's plan to green up Google by creating a CE which reuses, recycles and eliminates waste altogether. Using her own experience, she discusses the idea of a Circular Datacentre. An engaging speaker and a useful video in terms of content and explanation of the CE concept.	secondary school pupils, university stu- dents, business & industry	12 minutes and 18 seconds	Intermediate	English	Show video in class, followed by discussion on the various ways of apply- ing CE.
21	Circular Can- vas	https://circu-lab.com/toolbox-circular-econ-omy/circular-can-vas-regenerative-business-models/ Nußholz, J.L.K., (2018): A circular business model mapping tool for creating value from prolonged product lifetime & closed material loops.  Journal of Cleaner Production, 197: 185- 194.	Circular Econ- omy (CE)	Materials to support a workshop dis- cussion.	Circulab 2014	Circulab provides this Circular Canvas for companies and other organisations to download, print and then use in group exercises for structured conversations about designing for circularity. This simple tool is targeted at organisations that had not previously considered circularity. It comes with instructions on how to run a group exercise using it. It could be used for considering ways in which to increase the circularity of existing products, or to support the design process for a new product. It could be used by multi-functional teams in industry that are not yet familiar with circular economy concepts. The suggested "investigation cards" provide useful stimulus for discussion. It can also be used by high	secondary school pupils, secondary school teach- ers, university students, uni- versity lectur- ers, business & industry	2 hours	Intermediate	Chinese Dutch English French German Italian Spanish	Workshop in groups of 4 to 8

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						school and University students, maybe in a business class.					
22	Circular econ- omy	http://www.euro- parl.eu- ropa.eu/thinktank/i nfographics/circu- lareconomy/pub- lic/index.html	Circular Econ- omy (CE)	Interactive Graphics	European Parlimentary Research Service 2018	Great attractive interactive informational graphics to use in class that explain linear economy, circular economy, materials, waste, smarter use of resources, materials usage, reduce, recycle, reuse, and EU actions (rules, regulations, statistics, initiatives).	secondary school teach- ers, university, university lec- turers,	30 minutes	Beginner Intermediate	English	Class activity to discuss and explore facts & figures of the interactive in- fographics.
23	Circular Econ- omy - hacking a broken sys- tem while building a new future	https://www.youtub e.com/watch?v=_P KbUFJ3Iu4	Circular Econ- omy (CE)	Video - TEDx- Tirana talk	Harald Friedl (CEO of Circle Economy) 2018	Video provides an engaging, informative, and valuable intro to the concept of a CE. Three real companies and their services/ products are discussed that aim to operate in a more circular fashion. Explains feasibility and need for a transition towards more sustainable ways of living. Highlighting how detrimental the linear economy (take, make & dispose) is.	secondary school pupils, university stu- dents, business & industry, NGOs	22 minutes and 44 seconds	Beginner Intermediate	English	Show video to class. Possibly show in smaller ex- cerpts.
24	Circular Econ- omy - Sustain- able Materials Management	https://www.course ra.org/learn/circu- lar-economy	Circular Econ- omy (CE)	Course taught online through videos, readings & quiz. Quiz done at the end of each module to ensure that the learner has fully understood content.	Lund University and seven ohers partners	Free online course that looks at sustainability and the circular economy. This is a fantastic learning tool that is not only delivered by the top university of Lund but also involves industry experts such as EIT RawMaterials through Coursera. Additionally, there is opportunities to get involved in peer reviewed activity to allow learners to engage in discussion with fellow users. Course modules encourage learner to consider circular economy at all levels from the materials chosen for production of a product, to policies and networks.	university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	21 hours over 5 weeks	Beginner	English	A full online course, 21 hours, over 5 weeks.  Free course but course completion certificate costs around €41 (financial aid is available if required).
25	Circular Econ- omy Business Worksheet	https://ceaccelera- tor.zerowastescotl and.org.uk/circu- lar-guide/how-can- i-get-started/  The additional re- source 'Circular Economy Strategy	Circular Econ- omy (CE)	Worksheets	Zero Waste Scotland 2019	Worksheets to help companies review their current practices and identify how they could incorporate the CE into their business. There are four worksheets which take you through step by step: 1. starts with analysing current practices, finding all inputs and outputs. 2. look at these and find if any of the inputs could be sourced more sustainably or if any of	secondary school pupils, secondary school teach- ers, university students, uni- versity lectur- ers, business &	1 hour and 20 minutes	Intermediate	English	Split into groups of 4 or 5 and work through the worksheets for their own busi- ness (or case study business if students)

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		Cards' is also required. This is available for download at https://ceaccelerator.zerowastescotl and.org.uk/ under the heading 'Circular Strategies'.		Ĭ ,		their outputs could be used by someone else. 3. then use this to see how their business fits into CE strategies (by using another resource, the "Circular Economy Strategy Cards'). 4. Finally, make a commitment to allocating time and money to researching these further and implementing them. Really good resource that works with students working in groups analysing a case study (maybe as part of a business class).	industry, gov- ernment, NGOs				and discuss findings in their groups.
26	Circular Econ- omy Club	http://www.circula- reconomy- club.com/listings/	Circular Econ- omy (CE)	Website	Circular Economy Club (CEC) 2012	CEC is the largest international network of CE professionals with 260 CEC local chapters in 110 countries. The website allows members from all over the world to share overviews and links to resources (articles, books, news, podcasts) about CE. Good source of links to interesting case studies and examples of circular products and systems. As there are members from all around the world, there are also sources with different languages.	secondary school teach- ers, university students, uni- versity lectur- ers, business & industry, NGOs	Variable, depending of activity and read- ing.	Beginner Intermediate Advanced	Chinese Dutch English French Italian Japanese Portuguese Spanish	Provide examples of developments and utilization of circular models in businesses.
27	Circular Economy General Resources Map (Ellen MacArthur Foundation)	https://kumu.io/el- lenmacarthurfoun- dation/educational- resources#circular- economy-general- resources- map/key-for-gen- eral-resources- map.	Circular Econ- omy (CE)	Web page that contains lots of video, articles, business case studies and re- ports in one single place.	Ellen Mac- Arthur Foun- dation (EMF) Since 2010 & constantly updated	This is an amazing resource, completely interactive and incorporating a large spider diagram (or mind map) to show the connections of all the aspects of the CE. The interactive resource mind map is a collection of almost all educational resources that have been published, including videos, graphics, reports, case studies, articles, etc., providing an organised collection of all knowledge and educational materials published by EMF, starting from the introduction to Circular Economy to Business Case Studies and CE Reports. This is the best place to go to learn more about CE and what progress is being made worldwide. This page provides all types of educational materials from very interesting few-minutes-long videos to inspiring long research report publications for different industries.	primary school teachers, sec- ondary school teachers, uni- versity lectur- ers, secondary school pupils, university stu- dents, business & industry, gov- ernment, NGOs	Varies due to the wide range of materials - it could take minutes, hours, days or weeks to go through some or all of these materials.	Beginner Intermediate Advanced	English	Since this webpage contains lot of materials in one place, the teachers or users of this resource should go through this resources to find out what kind of information is there and what can be incorporated into their teaching curriculum.

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28	Circular Econ- omy in Cities	http://www3.wefo- rum.org/docs/Whit e_paper_Circu- lar_Econ- omy_in_Cities_re- port_2018.pdf	Circular Econ- omy (CE)	White Paper	World Eco- nomic Fo- rum - PwC 2018	In-depth analysis of the need for cities to transition towards a circular economy. Highlights innovative solutions applying circular principles to up-cycle waste from existing buildings, infrastructure and construction, harvest rainwater for reuse, generate clean and resource-efficient energy, treat medicinal waste, as well as procurement of goods and services. Also identifies barriers to implementation and the role of individual stakeholders in overcoming these barriers. Interesting use of case studies (e.g. up-cycling brick walls by cutting out modules to use in buildings).	secondary school pupils, secondary school teach- ers, university students, uni- versity lectur- ers, business & industry	1 hour or more	Intermediate Advanced	English	This white paper includes a number of case studies on different topics and cities which could be discussed in class.
29	Circular economy: Marcel Wubbolts at TEDxMaas- tricht	https://www.youtub e.com/watch?v=Es ozREJUxjw	Circular Econ- omy (CE)	TEDx talk video	Marcel Wub- bolts, TEDx 2014	Talk about how the linear economy is affecting our global ecological footprint and how CE can help manage and protect our resources by transforming 'waste' into something valuable. Plus how this change applies to everyone: scientists, industries, the government, and consumers. Talk discusses how biotechnology can transform the way we handle waste and use it to generate energy or fuels.	secondary school pupils, university stu- dents, business & industry, NGOs	13 minutes 19 seconds	Intermediate	English	Discussion on how waste can become a re- source.
30	Circular Econ- omy: An Intro- duction	https://www.edx.or g/course/circular- economy-an-intro- duction	Circular Econ- omy (CE)	Online teaching course with videos, interactive assignments and quizzes to help evaluate the progress of the user.	edX, Delft University of Technology 2019	This course teaches how to contribute to a sustainable economic system by implementing novel business and design approaches, based on the circular economy. It is at an introductory level course under business & management subjects. It is very well organised with nicely designed videos and staff that could be contacted for further information.	secondary school teach- ers, university students, uni- versity lectur- ers, business & industry, NGOs	3-6 hours per week, over 7 weeks course	Beginner Intermediate	English	Full online course, 35 hours, over 7 weeks. Free course but course completion certificate costs around €46.
31	Circular Econ- omy: case studies	https://www.worlds teel.org/steel-by- topic/circular-econ- omy/case-stud- ies.html	Circular Econ- omy (CE)	Webpage	World Steel Association 2020	This is a very good learning resource to help understand the benefits of CE. A very practical teaching resource that provides a lot of concrete examples of CE. A resource that links CE ideas to actual case studies, for example, 'reduce' topic links to production technologies that reduce waste.	secondary school pupils, secondary school teach- ers, university students	1 hour	Beginner Intermediate	Chinese English	Discuss in small groups one or more of the case stud- ies.

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32	Dame Ellen MacArthur: food, health and the circular economy	https://www.youtub e.com/watch?v=M 6MLFJDddM4	Circular Econ- omy (CE)	Youtube Video	Ellen Mac- Arthur at the 2015 EAT Food Forum 2015	An opportunity to listed to Ellen MacArthur, an inspirational speaker. She explains what is the CE and how CE can improve the entire economic system, reusing raw materials and flow them back into the economy, changing the whole system, not only the item itself. This teaching resource is very useful because it is easy to understand. Talk is rich in examples, and has many diagrams and pictures, to show how CE is important and relevant.	secondary school pupils, university stu- dents, , sec- ondary school teachers, uni- versity lectur- ers, business & industry, NGOs	10 minutes	<mark>Beginner</mark>	English but subtitles translated in many lan- guages (in- cluding Bos nian Latvian Macedoniar Bulgarian Polish Romanian)	because it is an introduction of the Circular
33	Developing Scotland's cir- cular economy: consultation on proposals for legislation	https://www.gov.sc ot/publications/de- livering-scotlands- circular-economy- proposals-legisla- tion/pages/3/	Circular Econ- omy (CE)	Website	Scottish Government 2019	Informative website with detailed description of what the CE and waste hierarchy are. Information on the Scottish Government waste targets. This is a useful resource to learn about CE and sustainability. This resource also has information about the Zero Waste Scotland plan and certain systems which are in place to help reach waste targets, such as a "deposit return scheme" used for single use plastics and containers. Diagrams are very good as they are clear & informative.	secondary school teach- ers, university lecturers, busi- ness & indus- try, govern- ment, NGOs	30 minutes	Intermediate	English	Suggested reading for students, or reference the figures and di- agrams in lec- ture slides.
34	DK Osseo-Asare: What a scrapyard in Ghana can teach us about innovation	https://www.ted.co m/talks/dk_os- seo_as- are_what_a_scrap yard_in_ghana_ca n_teach_us_about _innovation	Circular Econ- omy (CE)	TEDTalk	DK Osseo- Asare, TEDTalk 2017	An informative talk about a bottom-up approach to CE. In Agbogbloshie, a community in Accra, Ghana, people descend on a scrapyard to mine electronic waste for recyclable materials. Without formal training, these urban miners often teach themselves the workings of electronics by taking them apart and putting them together again. Designer and TED Fellow DK Osseo-Asare questions: What would happen if we connected these self-taught community members from Agbogbloshie with students and young professionals in STEAM fields (science, technology, engineering, art and mathematics)? This video is informative in many ways. Firstly, the speaker uses lots of visuals such as photographs to address the	secondary school pupils, university stu- dents, business & industry, NGOs	14 minutes and 9 sec- onds	Intermediate Advanced	English but 18 lan- guages available in transcript, in cluding French Hungarian Russian Serbian Spanish)t	Wine L. D. ack

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						theme of CE. By using a grassroots approach as an example of CE, students and young professionals in STEAM fields may be encouraged to apply similar models in their own area of work. Additionally, the scope of social capital in this community in Accra, Ghana is a positive incentive to other communities around the world faced with similar problems. Important real world example of the possibilities of the CE, given in an easy to understand and engaging format. The move away from more traditional ways of learning and instead to more heuristic learning could help create more sustainable communities and do away with consumerist societies.					harm can burning elec- tronic devices have on hu- man health and the planet? b) What might in- dustries learn from this com- munity in terms of CE?. 5): Go over answers & dis- cuss video.
35	Eliminating waste in a cir- cular economy	https://fin- land.fi/business-in- novation/eliminat- ing-waste-in-a-cir- cular-economy/	Circular Econ- omy (CE)	Online maga- zine	Fran Weaver 2016	This article discusses innovative technologies in maximizing materials and reducing waste. It explains how industries & businesses are being changed in Finland to fit into the CE model. It is an interesting article, recommended because it can help students better understand how to achieve CE and how to sort and recycle materials, helpful for sustainable development.	secondary school teach- ers, university lecturers, busi- ness & indus- try, NGOs	30 minutes	Beginner	Chinese English French German Portuguese Spanish	Discussion of key issues in class.
36	Executive Summary on Waste to Wealth book by Peter Lacy & Jakob Rutqvist	https://thecircu- lars.org/content/re- sources/Accen- ture-Waste- Wealth-Exec-Sum- FINAL.pdf	Circular Econ- omy (CE)	7-page online PFD document	Lacy & Rutqvist's Book pub- lished by Palgrave Macmillan; Executive Summary by Accenture 2015	This is published as an executive summary of the 2015 book "Waste to Wealth" by Peter Lacy & Jakob Rutqvist, introducing the circular economy, explaining the need for circular economy, five circular economy business models, ten disruptive technologies and how the businesses can achieve the circular advantages. Very practical and inspiring knowledge on circular business models.	secondary school teach- ers, university lecturers, busi- ness & industry	20 minutes	Intermediate	English	Could ask students to read this 7 page summary as reading materials and discuss the ideas or do quiz in class.
37	Fashion indus- try & Circular Economy	https://www.youtub e.com/watch?v=65 zR2nU0sBU		Youtube video	WorlDynamics	Video gives an explanation of linear economy and CE in the fashion industry and how companies are trying to transition to CE and how customers can play a part. Good educational video focusing on fashion industry in CE.	secondary school pupils, university stu- dents,	5 minutes and 45 seconds	Beginner	English	Show video in class, followed by discussion.

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38	Lecture 39 : Plastics and Circular Econ- omy - Case Studies	https://www.youtub e.com/watch?v=rx mTvPxRNIk	Circular Econ- omy (CE)	Video from open course ware under the name "National Programme on Technology Enhanced Learning (NPTEL)", funded by the Government of India.	Dr. Brajesh Kumar Dubey (In- dian Insti- tute of Tech- nology Kha- ragpur, In- dia)	Talk on CE with primary focus on re- thinking the design of products, the con- cept of which is explained by consider- ing the company "Unilever" as a case study and the paradigm shift that is hap- pening in terms of redesigning the prod- ucts at the fundamental level so that they could be easily reused, recycled or composted. Talk focused on explaining the method by which we adjust produc- tions of things to make them more use- ful for CE. With an analysis of an exam- ple along with the explanation, this re- source is both useful and interesting.	secondary school pupils, university stu- dents, business & industry, NGOs	31 minutes and 46 seconds	Beginner Intermediate	English	Show video in class, followed by discussion. Ask students to think of other organizations and other countries.
39	Lesson 1: Challenging common con- ceptions	https://www.el- lenmacarthurfoun- dation.org/as- sets/down- loads/schools-col- leges/Schools-Col- leges-WLL-Les- son-Plan-1-F.pdf	Circular Econ- omy (CE)	Webpage and YouTube vid- eos  Lesson plan has detailed instructions on how teachers can make use of material.	Ellen Mac- Arthur Foun- dation 2012	1st lesson of the lesson plan created to introduce students different ways of thinking how the economy could work: a CE. The series builds up exactly how a CE is different from the status quo, and looks at the economic, environmental and social advantages of a new approach. These lesson plans provide a good introduction to the CE, and can be taught in sequence or as stand-alone lessons. Very good to introduce the challenges of modern world in terms of productions and consumptions and the possible consequences in very short videos.	Age range: 12- 19 (Economics, Geography, Environmental Systems, Soci- ology, Busi- ness, Citizen- ship)	60 minutes	<mark>Intermediate</mark>	English	Teachers should prewatch nine 1-min videos & read notes for each video. Each video ends with a question. Show videos in class & ask students solutions & thoughts to each question.
40	Lesson 2: Ex- ploring the cir- cular economy	https://www.el- lenmacarthurfoun- dation.org/as- sets/down- loads/schools-col- leges/Schools-Col- leges-WLL-Les- son-Plan-2-V2.pdf	Circular Econ- omy (CE)	Webpage	Ellen Mac- Arthur Foun- dation 2012	2 <sup>nd</sup> lesson of the series about the CE (see row 38 above). These lesson plans provide a good introduction to the circular economy, and can be taught in sequence or as stand-alone lessons. Good practical interactive activity in class.	Age range: 12- 19 (Economics, Geography, Environmental Systems, Soci- ology, Busi- ness, Citizen- ship)	60 minutes	Beginner	English	Lesson plan has detailed instructions on how teachers can make use of material.
41	Lesson 3: Understanding the challenge of 'finite' resources	https://www.el- lenmacarthurfoun- dation.org/as- sets/down- loads/schools-col- leges/Schools-Col- leges-WLL-Les- son-Plan-3-F.pdf	Circular Econ- omy (CE)	Webpage	Ellen Mac- Arthur Foun- dation 2012	3rd lesson of the series about the CE (see row 38 above). These lesson plans provide a good introduction to the circular economy, and can be taught in sequence or as stand-alone lessons. Good practical interactive activity in class.	Age range: 12- 19 (Economics, Geography, Environmental Systems, Soci- ology, Busi- ness, Citizen- ship)	45 - 70 minutes	Intermediate	English	Lesson plan has detailed instructions on how teachers can make use of material.

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42	Lesson 4: Designing for a circular economy	sets/down- loads/schools-col- leges/Schools-Col- leges-WLL-Les- son-Plan-4-F.pdf	Circular Econ- omy (CE)	Webpage	Ellen Mac- Arthur Foun- dation 2012	4th lesson of the series about the CE (see row 38 above). These lesson plans provide a good introduction to the circular economy, and can be taught in sequence or as stand-alone lessons. Good practical interactive activity in class.	Age range: 12- 19 (Economics, Geography, Environmental Systems, Soci- ology, Busi- ness, Citizen- ship)	120 minutes	Intermediate	English	Lesson plan has detailed instructions on how teachers can make use of material.
43	Lesson 5: The circular economy and modern agri- culture	sets/down- loads/schools-col- leges/Schools-Col- leges-WLL-Les- son-Plan-5-F.pdf	Circular Economy (CE)	Webpage	Ellen Mac- Arthur Foun- dation 2012	5 <sup>th</sup> lesson of the series about the CE (see row 38 above). These lesson plans provide a good introduction to the circular economy, and can be taught in sequence or as stand-alone lessons. Good practical interactive activity in class.	Age range: 12- 19 (Economics, Geography, Environmental Systems, Soci- ology, Busi- ness, Citizen- ship)	45 - 70 minutes	Intermediate	English	Lesson plan has detailed instructions on how teachers can make use of material.
44	Lesson 6: Re- designing Plas- tics	https://www.el- lenmacarthurfoun- dation.org/as- sets/down- loads/schools-col- leges/Redesign- ing-plastics-Final- v4.pdf	Circular Econ- omy (CE)	Webpage	Ellen Mac- Arthur Foun- dation 2012	6 <sup>th</sup> lesson of the series about the CE (see row 38 above). This lesson plan intends to deepen awareness of the systemic challenges around plastic packaging and how these might be overcome through redesign.	Age range: 12+ (Design and Technology, Bi- ology, Chemis- try, Environ- mental Sci- ences, Busi- ness)	90 minutes	Intermediate	English	Lesson plan has detailed instructions on how teachers can make use of material.
45	Re-thinking Progress	https://www.youtub e.com/watch?v=zC RKvDyyHmI	Circular Econ- omy (CE)	YouTube video	Ellen Mac- Arthur Foun- dation 2011	Short animated video which explains the circular structure of the natural world and the linear, disposable structure of human society. Explains the steps that are needed to progress into a CE and the need for the whole system to work together to implement lasting change. The animation is really colourful and fun and this adds to how clear and accessible the video is.	secondary school pupils, university stu- dents, business & industry, NGOs	3 minutes and 48 seconds	Beginner Intermediate	English	After watching the video, students could could propose ideas for a circular business.
46	Rethinking Plastic & Waste to drive the Circular Economy in Asia	https://www.youtub e.com/watch?v=gP CTIDO2Z5U	Circular Econ- omy (CE)	YouTube Video	Wastepickers 2016	Video about the state of plastic waste in Asia, more specifically India. Mentions how plastic can be reused back into the economy, and how Wastepickers (an organisation in Bangalore) is aiding in this process. Describes how companies in India are being made more responsible. Video is useful to show benefits and viability of CE.	secondary school pupils	4 minutes and 50 seconds	Beginner	English	Show video in class, followed by discussion.

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47	Sustainable Packaging in a Circular Econ- omy	https://www.edx.or g/course/sustaina- ble-packaging-in- a-circular-econ- omy	Circular Econ- omy (CE)	Online course that uses a mix of PowerPoint slides, videos, quiz and read- ings as deliver- ables.	TU Delft 2020	Free course available as MOOC. It's divided into six 'episodes', one per topic regarding different aspects of packaging. The episodes are presented by various instructors and each episode is followed by a case study and assessment sections. The content is engaging from the beginning. The lectures are delivered via video, with extra features such as transcript, subtitles and speed control. Below the videos are reading suggestions and the lecture main takeaways. At times, a slide is presented in between videos and this acts as recap for the previous video or introduction to the new video. The course is good, concise enough but still informative.	university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	3-4 hours per week over 6 weeks	Intermediate	English	A full online course, 3-4 hours per week over 6 weeks.  Free course but official certificate of course completion costs around €46.
48	System Reset: Design and Technology for a Circular Economy	https://www.stem.o rg.uk/re- sources/collec- tion/3927/system- reset-design-and- technology-circu- lar-economy	Circular Economy (CE)	Collection of lessons, presentations, videos, games, and flash cards.	Ellen Mac- Arthur Foun- dation; STEM Learning Ltd.	Material was specifically designed for high school teachers to teach key principles of CE. It is divided up into six separate activities with additional material such as videos and virtual index cards. Each activity contains lesson plans, lessons and presentations. The multiple lessons, videos, games, and other tools allow for teachers to individualize their lessons.	secondary school pupils, secondary school teach- ers (Target ages: 11-14, 14-16, 16-19)	1 school year (con- tains entire lesson plans)	Intermediate	English	Material is ready to be used with high school stu- dents.
49	Taking trash talk to a whole new level	https://www.ted.co m/talks/peter_har- ris_tak- ing_trash_talk_to_ a_whole_new_leve I/details#t-2154	Circular Econ- omy (CE)	Online Video of a TED Talk	Peter Harris (UPS Sus- tainability Director), TED 2015	Very good talk on an interesting topic, given by UPS' Sustainability Director, Peter Harris. Talk describes dealing with the waste of a consumer society as one of the greatest challenges at the moment. He proposes a plan where methane from the trash we produce fuels trucks that transport our critical goods as part of a closed-loop. This is an excellent resource for educating on the benefits of using renewable gas as part of a CE, and how how companies can make changes to be part of a CE.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	9 minutes and 55 seconds	Beginner	English	Incorporate video into CE lesson or a class on logis- tics (UPS are a logistics company). Could also be used to spark discussion on renewable gas benefits.
50	The circular classroom	https://circular- classroom.com/ Web article by the creator: "The Cir- cular Classroom: a	Circular Econ- omy (CE)	Three modules with work- books that in- clude infor- mation and ac-	Dr. Leyla Acaroglu (in consultation with upper secondary	The circular Classroom is a free high quality toolkit designed for high school students and teachers to incorporate the principles of CE into their lives. It was co-created with the help of both teach-	secondary school pupils, secondary school teach- ers	3-6 hours	Intermediate	English Finn ish Swedish	Material is ready to be used with high school stu- dents.

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		Free Toolkit for Activating the Circular Economy through Experiential Learning", https://medium.com/disruptive-design/the-circular-classroom-afree-toolkit-for-activating-the-circular-economy-through-experiential-64ffe1274b9c		tivities with accompanying videos.	Finnish Educators & students), The Circular Classroom, Finland	ers and students. It includes three modules each with a workbook and complimentary videos. There are also lots of extra resources on the website (e.g. on sustainability, zero waste initiatives, SDGs, life cycle of different products, ecology, human footprint, issues of fast fashion, the story of microplastics). It is excellent as it has many interactive activities that help to fully engage the student. These activities can also be completed in groups, allowing individuals to share ideas and see different viewpoints. Not only does it provide the resources for learning, it also gives directions on how to deliver and teach the content to a class. Website also provides a platform for teachers and students to share their own experiences.					Material was specifically designed as a learning resource for secondary school students.
51	The Circular Economy	https://www.youtub e.com/watch?v=N- cWaRRLh3k	Circular Econ- omy (CE)	YouTube video	Ellen Mac- Arthur Foun- dation	Ellen MacArthur takes us on a journey to investigates how insights from living systems might offer some of the answers to how we can re-design our future, in a world of increasing finite materials and energy. Very good informational short video	secondary school pupils, university stu- dents, business & industry, NGOs	7 minutes and 4 sec- onds	Beginner	English	Show video in class, followed by discussion
52	The Circular Design Guide	https://www.circu- lardesignguide.co m/ Reigado, C., Fer- nandes, S., Saa- vedra, Y., Ometto, A. & Da Costa, J. (2017): A Circular Economy Toolkit as an Alternative to Improve the Ap- plication of Product Service Systems Methodologies. Procedia CIRP,, 64: 37–42.	Circular Econ- omy (CE)	Website with lot of re- sources.  The workshop section pro- vides down- loadable sheets.	Collaboration between the Ellen MacAr- thur Founda- tion & ID- EOS 2018	The Circular Design Guide is an online tool to help innovators rethink and redesign their design process in order to help create a more efficient CE. There are free, downloadable workshops, worksheets, and videos available, which all help to illustrate how transformative circular principles are for businesses. This is a useful and unique resource, as it encourages debate and discussion with fellow participants highlighting that the CE is a fundamentally collaborative process, where inputs and outputs are reconfigured to maximise the resilience and sustainability of the system as a whole. This is particularly relevant for business owners who are perhaps looking to change their business model or production process. It could also be eye-opening to students,	secondary school pupils, university stu- dents, business & industry, NGOs	1-2 hours	Intermediate Advanced	English	Instructions for workshops are very well laid out and should not require much facilita- tion. All is needed is to give the in- structions to participants and let them get to work.

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						as it can help internalize this thought- process for the next generation of entre- preneurs.					
53	The Circular Economy Pod- cast	http://www.circula- reconomy- podcast.com/	Circular Economy (CE)	Podcast and script	Catherine Weetman, Rethink 2019	A podcast informing about CE (episode 1) and how different people use the circular approach, rethinking how we design, make and use everything. A different media of resource compared to the rest, and therefore an interesting change. People & businesses presented on the podcast are very diverse in terms of their businesses (e.g. baby clothing renting, food-to-go containers, reusable school uniforms). Plus, people talk about challenges they had to overcome with their own businesses which is useful for people who are thinking about opening their own business. The podcast can inspire but also inform people about wider possibilities	university stu- dents, primary school teach- ers, secondary school teach- ers, university lecturers, busi- ness & indus- try, NGOs	Podcast Episode 1 is 21 minutes and 47 seconds long. Other episodes are up to around 40 minutes long	Intermediate	English	To use a pod- cast in a class- room might be difficult. How- ever, it could be recom- mended for students to use it as a ref- erence to gain additional in- formation on a specific topic.
54	The Circular Economy: A Simple Expla- nation	https://www.youtub e.com/watch?v=cb m1MCTobVc	Circular Economy (CE)	Video - TEDx talk	TEDx Talks, Cillian Lo- han 2018	What is a "Circular Economy"? Why should we care? What does it mean for us? In this talk, Cillian Lohan, CEO of an Irish NGO, the Green Economy Foundation, explains the basic principles behind the economic concept of a circular economy and how it can really change the world for the better. A very well made TED talk about the circular economy, explained clearly with easy to understand language and appliciable examples. The video is great at giving people the knowledge of what a circular economy is, touching on the basic principles and why it is important. I would recommend the video to younger people and highly recommend that they spread the message of the importance of the circular economy concept.	primary school pupils, second- ary school pu- pils, university students, pri- mary school teachers, sec- ondary school teachers, busi- ness & indus- try, NGOs	13 Minutes	Beginner	English	Show the video in the classroom, discuss the basic principles. Then move on to a more in depth discussion on goals that could be achieved.

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55	The circular economy: from consumer to user	https://www.youtub e.com/watch?v=Cd _isKtGaf8	Circular Econ- omy (CE)		Ellen Mac- Arthur Foun- dation 2013	What if we didn't buy the goods we use, but instead favoured access and performance over ownership? This very good short animation provides a brief introduction of circular business models and in particular the performance model, as a solution to transition to a regenerative circular economy.	secondary school pupils, university stu- dents, second- ary school teachers, busi- ness & indus- try, NGOs	3 minutes and 11 seconds	Beginner	English	Show video in class, followed by discussion.
56	The Circularity Gap Reporting Initiative inter- active tool	https://www.circu- larity- gap.world/2020#in- teractive	Circular Econ- omy (CE)	interactive web tool to explore how countries can close the global circular- ity gap	Circle Economy 2020	Very useful, well made and interesting interactive tool to actually see how different countries around the world compare to each other and why they are different and what can be done to improve it. Very easy to use. It gives a good visualisation of the world needs to do to live sustainably, and provides information on how we can work towards a CE. Annual report on progress made to fill the 'gap found here': https://www.circularity-gap.world/about	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	5-10 minutes	Beginner Intermediate	English	Use tool in class, followed by discussion
57	The Circularity Gap	https://www.youtub e.com/watch?v=Wi ax9ISCfYY	Circular Econ- omy (CE)	YouTube video linked to Circu- larity Gap web- site (www.cir- cularity- gap.world)	Mark de Wit (Circularity Gap), TEDx 2018	Video addresses the issue of our world only being 9% circular - a 'gap' that must be fixed. Video presents 4 practical strategies to fill the 'gap': 1. Recycle more, 2. Optimise more, 3. Stop wasting, 4. Stop extracting. The video is clear and concise.	secondary school pupils, university stu- dents, business & industry, NGOs	11 minutes and 44 seconds	Intermediate	English	Show video before using the circularity gap tool (line 56 above)
58	The Circulars Yearbooks	https://thecircu- lars.org/insights	Circular Econ- omy (CE)	Circulars Year-books - have statistics and data of the yearly circular economy movement, and short summaries of the Circulars' Winners, Runners Up, Finalists and Highly Commended.	World Eco- nomic Fo- rum and the Forum of Young Global Leaders / Accenture Strategy Yearly since 2015	The Circulars is the world's premier CE award program. The award offers recognition to individuals and organizations across the globe that are making notable contributions to the CE in the private sector, public sector and society. Reports showcase pioneering CE efforts, ranging from innovative, new and digitally disruptive enterprises and pioneering multinationals, to cities pushing established sustainability boundaries, to dedicated CE investors developing infastructure to finance this growing movement. Definitely offers a unique perspective and engaging ideas on the CE. Plus, works as a great source of inspiration for continued innovation in the CE. Offering great insights into the key	university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, gov- ernment, NGOs	Depends of what information is checked and how many of the yearbooks – could range from minutes, to hours or days	Intermediate	English	The Circulars award winners over the years is a great resource for case studies. Leaders could give guest lectures. Business model and tech adoption across 5 years of circular entries can be used to learn about the evolution of the

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				J /		players and industries that are disrupting their business practises to be ecofriendlier and sustainable. With the Young Global Leaders Award for Circular SME you learn what each SME is doing and what's their impact. The bitesize information with links to each award recipients profile (website & social media) is very useful too.					CE and how the industry are adapting to changes.
59	The Future of Cities	https://www.el- lenmacarthurfoun- dation.org/re- sources/learn/scho ols-colleges-re- sources	Circular Econ- omy (CE)	Website with lesson plan and other teaching re- sources	Ellen Mac- Arthur foun- dation 2017	Impressive high quality resource that actually provides ready-made lessons for students to learn about CE. An adaptable teaching resource for children around the age of 15. To be used in school or college settings. To be led by a teacher with a focus on group or class discussion. Tablets and computers will make it more engaging. This lesson plan outlines the need for a CE in future cities. It argues that doing so will create better ways of effectively managing cities through technological advance and innovation. The resource provides the same narrative that is found throughout the Ellen MacArthur website, that is a framework that is restorative and regenerative by design is the way forward.	secondary school pupils, secondary school teach- ers	Six one hour clas- ses	Beginner Intermediate	English	Resource has quick and easy lesson plans ready to be used by teachers.
60	Towards the circular economy: Economic and business rationale for an accelerated transition	https://www.el- lenmacarthurfoun- dation.org/as- sets/down- loads/publica- tions/Ellen-MacAr- thur-Foundation- Towards-the-Cir- cular-Economy- vol.1.pdf	Circular Econ- omy (CE)	PDF report	Ellen Mac- Arthur Foun- dation 2013	Ellen MacArthur Foundation's in-depth report on the Economics of a Circular Economy. The report has detailed information on the CE, including limits of linear consumption and economic opportunity of CE. The in-depth report takes the concept of a "circular economy" one step further, to analyse its promise for businesses and economies, and to prepare the ground for its adoption.	secondary school teach- ers, university lecturers, busi- ness & indus- try, govern- ment, NGOs	2 days	Intermediate Advanced	English	Students could give a presen- tation or write a one page summary the report.
61	Waste genera- tion and man- agement	https://www.ac- tivesustainabil- ity.com/environ- ment/waste-gener- ation-manage- ment/	Circular Econ- omy (CE)	Video, along with text de- scription in the webpage.	Acciona, Sustainability for all	Video explains how increasing waste generation is directly related with the current model of production and consumption, and need to change to a circular model where producers use waste as raw materials and consumers make a responsible use of products applying the 3Rs rule: reduce, reuse and recycle.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry	Video 4 minutes and 22 seconds  (15 minutes text web page)	Beginner	English	Show video in class, followed by discussion

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						Video has an interesting approach relating the CE model with product consumption and waste generation. The animations are dynamic keeping attention of audience. Information straightforward and simple to follow.					
62	What is circular economy?	https://www.youtub e.com/watch?v=H KpH89xAAWs	Circular Econ- omy (CE)	Video	Acciona 2018	An informative and engaging introduction to the CE. Video reviews the issues with the linear economy and the advantages of a CE. Environment impact evaluation and waste-to-energy production are both covered. A very simple video explaining the CE, this is a very well made video and it is clear and concise. The video benefits from engaging animations throughout. The use of text is limited which helps keep the video dynamic while allowing it to be accessible to a wide range of audiences including those who do not speak English.	primary school pupils, second- ary school pu- pils, university students, pri- mary school teachers, sec- ondary school teachers, busi- ness & indus- try, NGOs	2 minutes and 18 seconds	Beginner	English	Show video as part of an introduction to the circular economy
63	What is the circular economy? CNBC Explains	https://www.youtub e.com/watch?v= 0Spwj8DkM	Circular Econ- omy (CE)	YouTube video	CNBC International	Brief explanation of how circular busi- ness model works using lighting as a leasing service, policy developments in Europe, environmental and economic benefits, the cost involved in redesign- ing the products and supply chain. Very good short video.	Anyone inter- ested	3 minutes and 42 seconds	Beginner	English	Use case study example on lighting as a service model.
64	Why we need to rethink how we build homes	https://www.youtub e.com/watch?v=5R rEJMMil9w	Circular Econ- omy (CE)	YouTube Video	Ged Finch; TEDxWel- lington 2019	Video is about how a CE model can fun- damentally disrupt the way we build houses and the use of Modern Digital Fabrication. If construction can be done in an eco-friendly way, then we can en- sure that the impact on environment by harmful infrastructure can be reduced.	secondary school pupils, university stu- dents,	14 Minutes	Intermediate	English	This video can be used for explaining stu- dents about the new tech- niques in con- struction sec- tor.
65	52 steps to- wards a greener city	https://op.eu- ropa.eu/en/publi- cation-detail/-/pub- lication/080dffa8- 49c5-11e8-be1d- 01aa75ed71a1/	Sustainabil- ty/Sustainable Development Goals (SDGs)	Downloadable PDF booklet	Directorate- General for Environment, European Commission 2018	This beautifully illustrated booklet contains 52 suggestions on how to support urban biodiversity throughout the year. Cities contain a lot of biodiversity, it is important that we protect it because we need it for our quality of life, our clean air, our food and water and our mental health. It links to Natura 2000 – a network of protects precious and threatened species and the natural environments that shelter them. There are 100	primary school pupils, second- ary school pu- pils (ages 12 to 15, and 15 and over)	20 minutes	Beginner	Available in all 24 EU languages	Discuss in class which of the 52 ideas could be implemented at the school.

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				-		Natura 2000 sites in 32 major cities, sheltering 40% of threatened habitat types, half EU bird species, and 25% of rare butterflies protected by EU.					
66	#Teach SDGs		Sustainabil- ty/Sustainable Development Goals (SDGs)	Webpage with educational videos, facilitates teacher connection, connects people through social media. Goals project facilitates collaboration of classrooms working towards SDGs	TEACH SDGs 2020	Resource used to support the UN SDGs within primary and secondary class-rooms and aims to connect to global educators dedicated with responding to a call to action and meet the SDGs. This teaching resource could be very helpful for teachers in schools. This content is valid for all ages. The resource allows and facilitates for collaboration with schools and classrooms across the world and this would give children a great appreciation for the world outside the classroom as well as forming the basis for a lesson that most of them would enjoy. It is relevant to inform educators, students, parents, and community members.	primary school pupils, second- ary school pu- pils, primary school teach- ers, secondary school teach- ers	Varies for different re- sources. To get through the whole web- site takes a few hours.	Beginner Intermediate	English	Good to set up some projects in classroom and use video resources to give all the projects context. It is the kind of activity that school children would enjoy.
67	A Guide for Teaching the Sustainable Development Goals.		Sustainabil- ty/Sustainable Development Goals (SDGs)	Guide (pdf)	Manitoba Council for International Cooperation (Canada) 2018	Excellent guide on teaching SDGs written with educators in mind, including case studies and links for further information. Guide has clear information, educational resources and other support to help educate and engage young people so that they support SDGs and are inspired to turn their support into action. Guide also explores how you can incorporate the different topics covered by each goal into lessons across multiple subjects. Each chapter in this guide summarizes main targets of each goal, indicates learning objectives, gives context to 'the big questions' we need to ask to understand the issues, and what needs to be done by different stakeholders to achieve each goal.	primary school teachers, secondary school teach- ers, university lecturers,	Depends number of SDGs con- sidered and in what detail.	Beginner Intermediate Advanced	English	Guide designed for educators or anyone who would like to teach young people about the UN SDGs.

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68	Ambitious, but not rocket sci- ence: SDG #6	https://www.youtub e.com/watch?v=C m7Ra5fbDic	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube video	United Na- tions 2018	Short informative video with effective animations on the SDG 6 - "Clean Water and Sanitation". Video highlights scale of the problem (1/3 world's population don't have a safe water supply) but goes on to detail SDGs role in tackling this important issue. This is an excellent resource. It does a great job of highlighting the disparity between human advancement (robots, Al, driverless cars) and the very large portion of the global population without access to clean water & safe sanitation facilities.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	3 minutes 16 seconds	<mark>Beginner</mark>	English	Show video in class, followed by discussion on SDG6.
69	Bulbs Carbon Quiz	https://calcula- tor.bulb.co.uk/ques tions/transport	Sustainabil- ty/Sustainable Development Goals (SDGs)	Quiz	Bulb Energy Limited 2020	Quiz asks questions about user's every day life. The questions range from what transports are used, what food eaten, and how renewable house is. The quiz then assesses answers and calculates a carbon footprint. It also tells biggest contributor to carbon footprint. An engaging and easy to use quiz which is personal and gives individual recommendations on how to reduce carbon footprint.	secondary school pupils' secondary school teach- ers, university students, uni- versity lectur- ers	10 minutes	Beginner Intermediate	English	Students to take the quiz in a computer class. In small groups discuss the factors most important to become more sustainable.
70	Concepts in Sustainable Development: An Introduction to the Key Is- sues	https://www.future- learn.com/courses/ sustainability	Sustainabil- ty/Sustainable Development Goals (SDGs)	Online course with videos, ar- ticles and online quizzes as well as group discus- sion.	Future Learn: Derek Raine (University of Leicester, UK) 2020	Online course in sustainable development, economic growth and human activity on the environment. There are options for discussion and also the opportunity to ask questions to other students and gain feedback from the teachers. Students also have the ability to follow other students if they find their views and comments interesting, furthering the chances for learning and networking for the future.	university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	3 hours per week, over 6 weeks	Beginner Intermediate	English	Full online course, 18 hours, over 6 weeks Free course but course completion certificate costs around €46.
71	DECC 2050 Energy Calcu- lator	http://2050-calcula- tor- tool.decc.gov.uk/#/ home	ty/Sustainable	Interactive Carbon Calcu- lator	Department of Energy and Climate Change (UK) 2011	Allows to create energy pathway to reduce greenhouse gas emissions by at least 80% by 2050. It allows to make choices and trade-offs across forty-two different sectors using real, open-source scientific data. Is an excellent tool for mapping a low carbon future in both a personal and professional capacity. It is user-friendly, intuitive, fun and engaging energy calculator and takes an all-en-	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	Depends of amount of pathways created and, as new data is always be- coming available, it could be	Beginner Intermediate	English	Students could do exercise to achieve 80% CO2 reduction target using multiple path- ways.

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						compassing approach by looking at demand, supply and storage. Calculator already been used by local communities, businesses, political leaders and the general public. Is a good platform for these groups to collaborate to see their collective impact and how they can work together towards a more sustainable future.		done sev- eral times.			
72	Education for Sustainable Development Goals: learning objectives	https://unesdoc.un esco.org/ark:/4822 3/pf0000247444	Sustainabil- ty/Sustainable Development Goals (SDGs)	Online and PDF document	UNESCO  United Nations Educational, Scientific and Cultural Organization  2017	International guide for educators and professionals on education for SDGs. Recommends several topics and learning activities for each SDG. Document is well organised and arranged with attractive colours making the contents easy to grasp. Educators can use the suggested topics and projects in their classroom. The document outlines indicative topics and pedagogical approaches for each SDG. It clearly outlines what is required to implement learning for the SDGs.	primary school teachers, sec- ondary school teachers, uni- versity lectur- ers	Can vary depending of what parts are read.	Beginner Intermediate	Arabic Chinese English Portuguese Russian Spanish	Document can be used as guide to ena- ble educators to provide ap- propriate con- tents to teach SDGs.
73	Free carbon calculators for individuals and small busi- nesses	https://www.car- bonfoot- print.com/calcula- tor1.html	Sustainabil- ty/Sustainable Development Goals (SDGs)	Calculator	Carbon Footprint Ltd, UK 2020	Free resource to calculate carbon foot- print of an individual or a small business based on annual gas and energy use, travel and consumerism. Also includes secondary carbon footprint factors such as food, pharmaceuticals and consuma- bles. Gives tips on how to reduce car- bon footprint and links to carbon offset- ting projects Mulrow et al. (2019) says is one of the top three carbon calcula- tors.	secondary school pupils, , secondary school teach- ers, university students, busi- ness & indus- try, NGOs	10 minutes	Beginner Intermediate	English	Ask students to guess if their footprint is above or below average then calculate to see how accurately they have guessed.
74	Frieda Makes a Difference: The Sustainable Development Goals and How You Too Can Change the World	https://is- suu.com/unpubli- ca- tions/docs/frieda_2 018	Sustainabil- ty/Sustainable Development Goals (SDGs)	Children's book that you can either read online or download to print.	United Nations	Children's book about the 17 SDGs. Book focuses on primary school students by outlining a better understanding of the SDGs. It is a fun, colourful and illustrative book that aims to engage younger people to participate and make a difference on their lives and on their surrounding lives.	primary school pupils, primary school teachers (children aged from 6 to 8)	15 minutes	Beginner	English French Spanish	Groups of 2-3 choose one SDG, learn about it & find ways to make a change. Then present to class.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
75	Future Learn: Organising for the Sustainable Development Goals (SDGs)	https://www.future- learn.com/courses/ organising-for-sus- tainable-develop- ment-goals	Sustainabil- ty/Sustainable Development Goals (SDGs)	Online course that includes a series of lec- tures, videos	Future Learn - Hanken School of Economics 2020	Course comprises an overview of the 17 SDGs and how to approach them. The course provides a fun and engaging approach to learning about the UN's SDGs. Users can interact and engage with other course-members via the online discussion forum. Innovatively, the course modules encourage users to work towards SDGs on a personal level through the suggestion of personal sustainable goals.	university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	3 hours per week over 7 weeks	Beginner Intermediate	English	Full online course, 3 hours per week over 7 weeks. Free course but course completion certificate costs around €52.
76	Go Goals!	https://go- goals.org/	Sustainabil- ty/Sustainable Development Goals (SDGs)	Board Game that can be downloaded for free, in 20 different languages.  (4 to 6 players) (8 – 10 years)	United Nations Regional Information Centre (UNRIC), with artist Yacine Ait Kaci	An interesting and fun game, of high quality. Set up as a game similar to the classic "snakes and ladders" board game it has a fun and competitive aspect combined effectively with learning about the SDGs. With easy instructions in 20 languages, and all components (e.g. board, token, dice and cards) printable on a standard printer, the game is accessible to a large range of audiences from various backgrounds.	primary school pupils, primary school teachers  (Parents could also play game with their.)	30-60 minutes	Beginner	English and 19 other lan guages (Including French Romanian Spanish)	Play board game in class.
77	Great Lakes Bioenergy Re- search Center Fields of Fuel Computer Game	https://www.glbrc.o rg/outreach/educa- tional-materi- als/fields-fuel-com- puter-game	Sustainabil- ty/Sustainable Development Goals (SDGs)	Computer game	Great Lakes Bioenergy Research Center- United States of America 2013	This computer game allows students to become farmers and learn skills about farming crops for biofuels. Demonstrates the economics and sustainability of farming biofuels, which is a major aspect of learning about bioenergy. It's a free resource for teaching the players the complex balance of economics, sustainability and energy use. Playing the game itself was fun and interesting to see the differences on a season to season basis based on which crops you play. The game has a multiplayer option and playing against classmates would be more fun.	secondary school pupils, secondary school teach- ers	30-40 minutes	Intermediate	English	Play in class. The teaching guide for teachers gives instructions on what the stu- dents should do based on their age.
78	Growing bricks, not another brick in the wall	https://www.youtub e.com/watch?v=Oc Zl2rRoccU	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube Video	Ginger Kreig Dosier (Bio- Mason); TEDxWWF	Talk on how bricks can be grown using bacteria and advantages of this process over the traditional clay firing process. An interesting introduction to the potentials of bio-based materials in construction. It creates excitement around the possibility of using bacteria to grow ma-	secondary school pupils, univ students, secondary school teach- ers, univ lectur- ers, business & industry, NGOs	12 minutes and 25 seconds	Beginner Intermediate	English	Show video in class, followed by discussion.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
				J.		terials and could create interesting dis- cussion between engineers and scien- tists.					
79	Healthy and sustainable di- ets for the 21st century	toinscience/sus-	Sustainabil- ty/Sustainable Development Goals (SDGs)	Web Article	British Nutrition Foundation 2019	Interesting article discussing what It means to have a healthy, sustainable diet and provides a guide of how to eat with these considerations in mind. It acknowledges that sustainable diets have to incorporate numerous criteria: protective and respectful of biodiversity and ecosystems, culturally acceptable, accessible, economically fair and affordable; nutritionally adequate, safe and healthy; while optimizing natural and human resources.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers	20 minutes	Intermediate	English	Read and discuss in class about the complexity of sustainable choices and role of consumers.
80	Learning De- sign for Sus- tainability	als/Learning-De-	Sustainabil- ty/Sustainable Development Goals (SDGs)	Videos accompanied with commentary from author and instructor, and exercise files	Scott Boylston, via Lynda.Com	Multi-module online learning course which covers the built environment, design, and the social, economic, and ecological aspects of sustainability. The materials are structured and presented in an easily-digestible way.	secondary school pupils, univ students, secondary school teach- ers, univ lectur- ers, business & industry, NGOs	1.5 Hours (structured into four modules ranging in times from 15-30 minutes)	Intermediate	English	Short online course that students can do at home.
81	Life Cycle Analysis: Tap Water vs. Bot- tled Water	https://sustainabil- ity.asu.edu/sus- tainabilitysolu- tions/pro- grams/teacher- sacademy/teacher- resources/	Sustainabil- ty/Sustainable Development Goals (SDGs)	Lesson plan, pictures and worksheets	The Sustainability Teachers' Academy team - USA	This teaching resource engages the students in thinking about the life cycle of everyday items with a focus on bottled water in comparison with tap water. Includes the concept of "cradle to grave". Students work in groups using workshops (using a computer or printed hardcopies) to detail and evaluate the lifespan of a product and encourage them to start applying this evaluation to their own lives.	secondary school pupils, secondary school teach- ers	30-40 minutes	Beginner	English	In groups, students use hardcopies of worksheets and pictures or they can be used online by copy & paste pictures in PDF file.
82	Operation Sustainability - a story on the world's important customer	https://www.youtub e.com/watch?v=R Mx3bcTlxqY	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube Video	Animaskin on behalf of UN Associa- tion of Nor- way and UNICEF Norway	This is a short animation that highlights misconceptions of sustainable development through one girl's journey. She follows the supply chain of recycled electronics including transportation, sorting and processing and sees much that is wrong but does not act on it when she finds out she is a consumer. This is a fantastic animation both visually and in	primary school pupils, primary school teachers, secondary school pupils, secondary school teachers	5 minutes and 25 seconds	Beginner Intermediate	English	After video ask: What was most recent purchase? How long did it take to be de- livered? Where was it made?

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
						terms of storyline. A fun video, enter- taining and teaching important lessons about sustainability, and with good ex- amples. Students could be asked to think if one of their recent purchases was sustainable.					More complex: draw supply chain for prod- uct, with esti- mate for CO <sub>2</sub> emissions
83	SDG Dash- boards	https://dash- boards.sdgindex.or g/#/	Sustainabil- ty/Sustainable Development Goals (SDGs)	Interactive online map	Sustainable Develop- ment Solu- tions Net- work / Ber- telsmann Stiftung 2019	A fantastic interactive map showing the current status of each country's progress towards the individual SDGs, with data on the targets for each SDG, as well as an overall country index, all based on the Sustainable Development Report 2019. Map grades countries on a colour-coded key depending on their progress. SDGs are displayed as images at the side of the map to allow ease of moving between goals, with each country easily labelled on the map. When a goal and country pairing is selected, further graphically-represented data on this pairing appears, It is such an accessible, well-build tool that increases understanding of SDGs and their progress, engaging people who may otherwise have felt the subject too daunting to approach.	primary school pupils, second- ary school pu- pils, university students, pri- mary school teachers, sec- ondary school teachers, uni- versity lectur- ers, business & industry, gov- ernment, NGOs	Information on one goal/one country quickly accessed in minutes. Could be used just for 5 or 10 minutes in class, but opportunity for in-depth research over hours/days.	Beginner	English	The map could be used on individual student devices for free exploring, or taught from a central screen with students giving input in a classroom setting.
84	SDG Re- sources for Ed- ucators - In- dustry, Innova- tion and Infra- structure	https://en.unesco.o rg/themes/educa- tion/sdgs/mate- rial/09		Videos, Presentations, Worksheets and Case Studies  (that can all be downloaded as one single PDF)	UNESCO 2019	Teaching resource designed for educators that provides up-to-date info on SDG9: Industry, Innovation and Infrastructure. It has a number of classroom activities (clearly marked for what age range they are for) and multimedia educational resources to access and download. Videos show up-to-date case studies with real life examples. For example, there is the "Monsoon Proof Roof" activity aimed for kids aged 9-11. In addition, there are also materials and case studies for children ages 14-17. There are also project ideas for older people. Resources are easy to navigate and understand,	primary school pupils, second- ary school pu- pils, university students, pri- mary school teachers, sec- ondary school teachers, uni- versity lectur- ers, business & industry, NGOs	1-3 hours approx	Beginner Intermediate	English French Spanish	Interactive games and case studies can be printed off and worked through in groups.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
85	SDGs in Action app	https://www.un.org /sustainabledevel- op- ment/blog/2016/09 /new-mobile-app- launches-to-drive- action-on-sustaina- ble-development- goals/	Sustainabil- ty/Sustainable Development Goals (SDGs)	It is an app -	United Nations, in collaboration with GSMA	An app that provides information and case studies on all 17 SDGs, including targets, explanatory videos, key facts and figures, alongside a picture gallery. This dynamic, collaborative tool includes the latest sustainable development news from around the world. The app includes features such as sharing, likes, scoring designed to drive engagement with the app. Users can tailor their experience based on the SDGs that interest them most. The app is up-to-dated and easy to use, and self explanatory once you have logged in. The app also tells you what you personally can do to create impact and how to take action to help others accelerate progress. You can choose what goals are important to you, create your own events and actions and invite others to join you in sustainable actions and events.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	Could spend as long as you want. Videos av- erage at 1.5 minutes.	Beginner Intermediate	English, Ara bic, French, Russian, Simplified Chinese, Spanish.	Group work - the app allows you to create an 'action' - this could be done as a group task in the classroom, with previous examples be- ing given on the app. Presentations could be done on what the action is and why groups chose to do such actions.
86	Sustainability explained	e.com/watch?v=_5	Sustainabil- ty/Sustainable Development Goals (SDGs)	video	explainity® explainer video 2012	Video explains sustainability and why is it so important. Uses the three pillar model of sustainability: environmental, economic and social considerations. It is visually interesting using with cartoon like characters and animations.	primary school pupils, second- ary school pu- pils	4 minutes	Beginner Intermediate	English + subtitles: Bulgarian Latvian, Macedoniar Polish Ro- manian	Show video in class, followed by discussion.
87	Sustainable Development Goals Quiz	https://www.re- search.net/r/WHO _SDG_Quiz	Sustainabil- ty/Sustainable Development Goals (SDGs)	Multiple Choice Quiz - 17 questions	World Health Or- ganisation (WHO) - European region. 2019	Quiz has 17 questions testing under- standing of the 17 SDGs. Quiz is specif- ically targeted at the WHO European re- gion. Quiz is interesting in that it pro- vides justification for the need for the SDGs through various statistics (for each corresponding SDG) in the Euro- pean region. Also provides links to rele- vant fact sheets which explain in further detail the statistics and needs for each SDG.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers	30 minutes	Intermediate	English	A teacher or lecturer could collaboratively complete the quiz with their pupils, which would be engaging and interesting for the class.
88	Take the quiz: How much do you know about the SDGs?	quiz-level-1/	Sustainabil- ty/Sustainable Development Goals (SDGs)	An interactive quiz with feed-back.	17Goals 2015	A 10-question quiz which focuses on the SDGs and their targets. Useful for testing knowledge and interesting information is conveyed in it. Although the quiz itself is short, doing it could lead to people clicking on the other resources to find out more.	primary school pupils, second- ary school pu- pils, university students,	10-15 minutes	Beginner Intermediate	English	Go through questions on an interactive whiteboard.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of interest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
89	The Story of Stuff Project	stuff.org/	Sustainabil- ty/Sustainable Development Goals (SDGs)	There are vid-	Annie Leon- ard (Founder) 2020	Online organisation and resource dedicated to sustainability. The website currently features 16 videos on various topics like bottled water, electronics, cosmetics, microfibers, case studies and more. Plus links are available so people can take action on topics that they feel strongly about. The Story of Stuff Project started due to the online viral sensation of The Story of Stuff video in 2007.	primary school pupils, second- ary school pu- pils, primary school teach- ers, secondary school teach- ers	20-30 minutes	Beginner	English	Play videos in the class, fol- lowed by dis- cussion.
90	The Sustaina- ble Develop- ment Goals - Action Towards 2030	https://www.youtub e.com/watch?v=9- xdy1Jr2eg	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube video	CAFOD  Catholic Agency for Overseas Development 2016	Video explains the 17 SDGs and the four underlining principles. 1. they are universal and apply to every country. 2. integrate all dimensions of sustainability: economic development, social progress, and environmental protection. 3. leave no one behind. 4. require the participation of all. Video contains information about the Millennium Development Goals (MDGs).	secondary school pupils, university stu- dents, primary school teach- ers, secondary school teach- ers	5 minutes and 52 seconds	Beginner	English	Show video in class, followed by discussion.
91	The Sustaina- ble Develop- ment Goals: A guide for teachers	edu-sustainable-	Sustainabil- ty/Sustainable Development Goals (SDGs)	PDF report available online	Oxfam 2019	Clearly written guide designed to support educators who work with young people to learn about SDGs. Gives practical ideas for implementing the SDGs into a school curriculum in many different ways (and for different subjects - e.g. maths, geography). Contains further reading, support, data and websites. Good use of case studies from projects and school initiatives.	primary school teachers, sec- ondary school teachers	Depends of activity.	Beginner Intermediate	English	Follow activities given. Also contains a section on how to link to curriculum in various countries.
92	The Unbeara- ble Whiteness of Green Work- shop Re- sources	https://onca.org.uk/ 2019/05/26/the-un-	ty/Sustainable Development	Selection of articles, books, websites and videos related to the topics of environmentalism and racism.	ONCA Gallery. Brighton, UK 2020	Social Justice is a fundamental part of the Climate Emergency that sometimes is left behind when scientists and engineers address Sustainability. This reading list gives a different insight of sustainability. Web page has links to papers about sustainability and social justice. Tackles and important issue from a different perspective. It is a great resource to question preconceived ideas and hear different perspectives targeted to other audiences. Good link to human geography.	university stu- dents, univer- sity lecturers, NGOs	5 hours	Advanced	English	Reading list could be used to prepare a workshop, e.g. discussion on how our own backgrounds affect how we approach Climate Change.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
93	The Worlds Largest Lesson Animated Films	http://worldslarg- estlesson.glob- algoals.org/ani- mated-films/	Sustainabil- ty/Sustainable Development Goals (SDGs)	They are 3 mini animated films (videos)	WHO, UNICEF, UNESCO 2015	The Worlds Largest Lesson provides learning plans and creative tools for teachers for primary and secondary school children in terms of SDGs. One of these resources is the Animated Films, which describe SDGs in a short period of time. These three animated films are really interesting, they provide a lot of information on the SDGs for younger people and could help them understand why the SDGs are so important. The animated films are easy to follow and could be presented to the class as part of a lesson. There are also videos presented by famous people, such as Emma Watson and Serena Williams, which may make children listen more as they are more widely known.	primary school pupils, second- ary school pu- pils, primary school teach- ers, secondary school teach- ers,	about 5 min for each film	Beginner Intermediate	Arabic Bangla Chinese English English (India) French German Greek Gujarati Hindi Indonesian Portuguese Russian Spanish Tamil Telegu	
94	UN Sustaina- bility Goals	https://www.un.org /sustainabledevel- opment/sustaina- ble-development- goals/	Sustainabil- ty/Sustainable Development Goals (SDGs)	Web page	United Nations	Web page with a user friendly and attractive interface describing in detail the 17 SDGs. Each goal has a brief description and its importance. There are then three tabs: Facts & Figures, Targets and relevant links. On a tile for each goal it displays a quick snapshot of how the UN is achieving that goal and a fact to emphasise its importance. This informs the user of the actions being taken by the UN.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, NGOs	2 hours	Intermediate	English	Good info- graphics which effectively ex- plain SDGs. A lot of readily available facts & figures for presentations too.
95	Understanding Sustainable Living	http://cdn.worldslar gestlesson.glob- algoals.org/2016/0 6/Understanding- Sustainable-Liv- ing.pdf	Sustainabil- ty/Sustainable Development Goals (SDGs)	Lesson plan explaining the concept of sus- tainability.	Trayle Ve- nus Kul- shan, Raf- fles World Academy, Dubai	Document aimed at explaining sustainability and more specifically SDG11: Make cities and human settlements inclusive, safe, resilient and sustainable. Contains several activities such as calculating ecological footprint, questions for students and discussion topics for the class. Includes resources for the different class activities and specifies time each activity should take. Resource is ready to give to students with tasks already defined.	primary school pupils, second- ary school pu- pils, primary school teach- ers, secondary school teach- ers	Depends of activity.	Beginner Intermediate	English	In groups, work in activi- ties provided.

No	Title online teaching re- source	Web link (and reference if applicable)	Main theme	Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of interest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
96	Understanding the Dimensions of Sustainable Development	https://www.youtub e.com/watch?v=pg NLonYOc9s	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube video	Simpleshow 2017	Video explains the 2030 Agenda and its 17 SDGs, and the commitment of the world community to ensure sustained and economic growth, social inclusion and environmental protection. It is a good video that is encouraging, entertaining and educational.	primary school pupils, second- ary school pu- pils, university students	4 minutes	Beginner Intermediate	English	Show video in class, followed by discussion
97	What is Sus- tainable Devel- opment?	https://www.youtub e.com/watch?v=3 WODX8fyRHA	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube video	United Nations	Interesting video is about sustainable development, SDGs, and strategies, methods and advances related to the same. Video is really well made and fulfils its purpose to educate people and inform them about sustainable development, why sustainable development, why sustainable development is necessary, and reasons and advantages of setting SDGs.	secondary school pupils, secondary school teach- ers	2 minutes and 8 sec- onds	Beginner	English (cap tions in man languages including Bulgarian, Latvian, Macedonian Polish and Romanian)	Show video in class, followed by discussion
98	World Eco- nomic Forum Platform: Shaping the Future of Global Public Goods	https://www.wefo- rum.org/plat- forms/shaping-the- future-of-global- public-goods	Sustainabil- ty/Sustainable Development Goals (SDGs)	Reports, Case studies, and Videos.	World Eco- nomic Fo- rum 2020	This platform offers a wide variety of case studies and examples of projects carried out by organisations, as well as key reports and videos. The aim is to encourage the public and private sectors, as well as civil society to engage in sustainability issues and the CE to accelerate actions on climate change. Resource full of interesting videos and reports that offer great insight into opportunities for change. If small businesses also engage in this platform could motivate them to seek out sustainable opportunities or partnerships in their communities or cities to help bring sustainability to the forefront.	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers, business & industry, gov- ernment, NGOs	Reports: 30 minutes.  Videos: 2 minutes.	Intermediate Advanced	English French Japanese Spanish	Videos, projects and case-studies are a great supplementary information to teaching materials.
99	WWF Footprint Calculator	https://foot- print.wwf.org.uk/#/	Sustainabil- ty/Sustainable Development Goals (SDGs)	Quiz	WWF 2020	Calculates your carbon footprint based on four life aspects - food, travel, home and "stuff". It then compares your results to the national average and shows the aspects you could improve on the most. It also gives tips for each of the areas to help you lower your footprint. The resource is good for getting an idea of how much carbon you produce. However, some of the questions are potentially too complex for younger children as they required knowledge of types of housing and insulation etc. The comparison of your carbon footprint to the world	secondary school pupils, university stu- dents, second- ary school teachers, uni- versity lectur- ers	15 minutes	Intermediate	English	Allow the students to take the quiz and then discuss what their largest carbon outputs are and how they could reduce these.

No	Title online teaching re- source	Web link (and reference if applicable)		Type online resource (e.g. video, quiz, game)	Author and year	Summary and review in terms of in- terest, clarity, fun, content	Key target au- dience	Time to read or do	Level of diffi- culty or com- plexity	Language	Ideas for use in classroom
						average is interesting. The tips for decreasing the footprint were relatively basic, e.g. "Cycle More' and are perhaps unrealistic for a lot of people.					
100	What is sus- tainable devel- opment?	e.com/watcn?v=/v	Sustainabil- ty/Sustainable Development Goals (SDGs)	YouTube video	Animaskin on behalf of UN Associa- tion of Nor- way & UNICEF Norway,	A simple introduction to sustainable development and the SDGs. The film is produced by Animaskin on behalf of UN Association of Norway and UNICEF Norway, as part of an interdisciplinary learning program for students on primary and secondary level. A very beautiful film that will appeal to the students.	primary school pupils, second- ary school pu- pils	3 minutes and 40 seconds	Beginner	English Nor wegian	Show video in class, followed by discussion

### Annex VI - Power Point slides and notes on "Introduction to the bioeconomy"

### Slide What is the Bioeconomy?

### Notes for teacher, comments and links Notes to the teacher:

Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation introduces the key principles of bioeconomy and the links to sustainability. Excluding the two videos and quiz, the outline slide and this first slide, there are 9 slides - so these slides should take between 9 and 18 minutes to present, depending of amount of explanation.

The two videos are around 2 minutes long each. Quiz with 6 questions - will take 6 minutes or more (depending if reading extra information).



### Outline

Notes to the teacher: Briefly run through the topics that will be spoken about in this presentation as shown on the slide.



### The Bioeconomy...

- Is the production of goods, services, or energy from biological material as the main resource.



Notes to teacher: Explain to class that in order to take steps towards sustainability and the avoidance of reaching ecological limits the bioeconomy is very important.

EC (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy.

https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strateg y\_2018.pdf



What is the bioeconomy?

### What is Bioeconomy?

BIOECONOMY

Video (2 minutes and 9 seconds): <a href="https://www.youtube.com/watch?v=RfRN\_hHelKk">https://www.youtube.com/watch?v=RfRN\_hHelKk</a> Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish and Romania

The bioeconomy uses renewable biological resources from land and sea - such as crops, forests, fish, animals and microorganisms – to produce food, materials and energy. This video gives an overview.

### Video (2 minutes and 9 seconds):

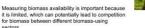
https://www.youtube.com/watch?v=RfRN\_hHeIKk

Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish and Romanian



### Biomass is the physical basis of the bioeconomy

Biomass is "the biodegradable fraction of products, waste and residues from biological origin from agriculture (including vegetal and animal substances), forestry and related industries including fisheries and aquaculture, as well as the biodegradable fraction of industrial and municipal waster (EC 2014).



wledge on biomass production, availability and use is key.



EC (2019), Biomass - Knowledge for policy, https://ec.europa.eu/knowledge4policy/bioeconomy/topic/biom ass\_en

Image source: Camia A., Robert N., Jonsson R., Pilli R., García-Condado S., López-Lozano R., van der Velde M., Ronzon T., Gurría P., M'Barek R., Tamosiunas S., Fiore G., Araujo R., Hoepffner N., Marelli L., Giuntoli J., Biomass production, supply, uses and flows in the European Union. First results from an integrated assessment, EUR 28993 EN, Publications Office of the European Union, Luxembourg, 2018, ISBN 978-92-79-77237-5, doi:10.2760/539520, JRC109869

### Slide Bioeconomy around the world

### Notes for teacher, comments and links

This map shows bioeconomy policies around the world. The countries colored in green are the countries that either have a dedicated bioeconomy strategy or a bioeconomy-related strategy in place. The grey scaled countries do not currently have a dedicated or related strategy in place for a transition to a bioeconomy. Poland, Romania, Bulgaria, and North Macedonia are all shaded grey, but BE-Rural is looking to change this.

According to the EC (2018), the bioeconomy has the potential to generate 1 million new green jobs by the year 2030. The expected job growth will help countries, like Poland, Romania, Bulgaria, and North Macedonia, build their economy by building industries that will help rural communities who have seen a decline in job opportunities.

An example provided by the EC (2018) states "local deployment of one biorefinery can create up to 4000 jobs in 4 years and better recycling of high value organic waste in cities could create 1200 new jobs in the long run".

EC (2018), Bioeconomy: A new strategy for a sustainable Europe Restoring healthy ecosystems and enhancing biodiversity. European Commission

https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy \_actions\_2018.pdf

Image: BE-Rural (2019). Background - BE-Rural. https://berural.eu/background/



Bioeconomy - links to SDGs

Agriculture - 1, 2, 3, 6, 8, 11, 12, 13, 15

Food/beverages - 1, 2, 3, 6, 12, 13, 14, 15

Wood products and Furniture - 8, 9, 12

Liquid Biofuels and Bioelectricity - 7, 8, 9, 11, 12

Bio-based Textiles - 8, 9, 12

Plastics and Rubber - 8, 9, 12

Forestry - 12,13,15

Paper - 8, 9, 12

SDGs and the Job Sectors

THE GLOBAL GOALS

There are 10 sectors that are contributing the bioeconomy job growth in the EU. Agriculture, forestry, fishing and aquaculture, food/beverages, bio-based textiles, wood products and furniture, paper, bio-based chemicals and pharmaceuticals, plastics and rubber, liquid biofuels, and bioelectricity are all industries that will see a continue rise in employment numbers if the pursuit towards a bioeconomy continues.

The numbers represented in the chart are the 2015 employment numbers in the European Union for the bioeconomy sectors. These industries reached close to 18 million jobs and added value back to the economy that reached approximately €621 billion.

EC (2018), Bioeconomy: A new strategy for a sustainable Europe Restoring healthy ecosystems and enhancing biodiversity. European Commission

https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy \_actions\_2018.pdf

There are 17 Sustainable Development Goals set out by the United Nations to create a sustainable global economy and environment. The 10 job sectors for the EU all play multiple roles in helping obtain the goals set forth by the UN. The common goal under each industry is number 12: responsible consumption and protection. SDG 12 aims to "drastically reduce food waste, begin making more environmentally sound decisions, and help encourage companies to adopt increasingly sustainable practices in all forms of their business" (The Founder Institute, 2019). SDG 12 embodies the purpose surrounding the transition to a bioeconomy as it aims to encompass all aspects surrounding the production of goods, services, and energy to lead to a more sustainable environment for the people and for our planet.

The Founder Institute (2019). Founder Institute. https://fi.co/insight/17-companies-helping-meet-the-17-unsustainable-development-goals

### Bioeconomy & climate change

### Bioeconomy and climate change mitigation

"Bioeconomy offers great opportunities to "Bioeconomy offers great opportunities to realising a competitive, circular and sustainable economy with a sound industrial base that is less dependent on fossil carbon. A sustainable bioeconomy also contributes to climate change mitigation, with oceans, forests and soils being major carbon sinks and fostering negative CO<sub>2</sub> emissions." Bell et al. (2018, p. 25)



Bell, J., Paula, L., Dodd, T., Németh, S., Nanou, C., Mega, V. & Campos, P. (2018) EU ambition to build the world's leading bioeconomy: Uncertain times demand innovative and sustainable solutions. New Biotechnology 40: 25–30.

### Notes for teacher, comments and links

It is important to point out not only links to sustainability but also climate change mitigation.

### **Ecological limitations**

### Understanding the ecological limitations of the bioeconomy

bioeconomy

With the new bioeconomy strategy, the Europea Commission supports initiatives at national and regional level to develop an efficient and sustain bioeconomy and this includes:

- implementing an EU-wide monitoring syst to track progress towards a sustainable a circular bioeconomy.

And in addition to links to sustainability and climate change mitigation, it is critical to point out that the bioeconomy must operate within ecological limits.

### Key reading:

EC (2018), Bioeconomy: A new strategy for a sustainable Europe Restoring healthy ecosystems and enhancing biodiversity. European Commission

https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy \_actions\_2018.pdf

Could also check for more advanced reading: Giampietro, M. (2019). On the circular bioeconomy and decoupling: implications for sustainable growth. Ecological economics, 162, 143-

156. https://www.sciencedirect.com/science/article/pii/S09218 00918317178

Vivien, F. D., Nieddu, M., Befort, N., Debref, R., & Giampietro, M. (2019). The hijacking of the bioeconomy. Ecological economics, 159, 189-

197. https://www.sciencedirect.com/science/article/abs/pii/S09 21800918308115



Sustainable Development Goals are affected by bioeconomy activities

Some of the aims of the bioeconomy are complementary or even identical to SDG targets. A sustainable bioeconomy has the potential to advance several SDGs.

However, there can also potential negative effects that should be eliminated or reduced. For example, "increased demand for land can lead to land grabbing, displacements, unequal distribution of land considering soil quality, and loss of communal land" (Heimann, 2019, p. 52)



of the SDGs? Farth's Future, 7(1), no 43-57, 11

This slide shows links between the bioeconomy and the SDGs.

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

### Bioeconomy resources

### So what can the bioeconomy use as resources?

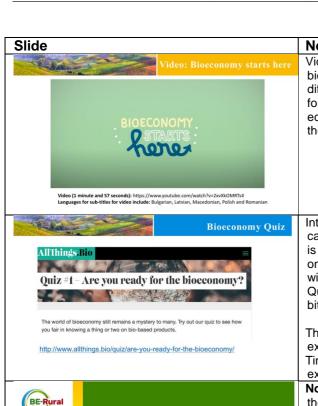
- Discarded Shells and Fish Skin from Fisheries
- Discarded Shells and Aquafaba (the water Algae and Seaweed Milk Protein Mushroom Roots Coffee Grounds Wheat Bran

- PlantsInsectsWoodElephant Poo



Reminder: the bioeconomy uses renewable biological resources from land and sea - such as crops, forests, fish, animals and micro-organisms - to produce food, materials and energy.

Companies are finding innovative ways to use materials that would otherwise end up in a landfill and transforming them into products that can be made in a more sustainable way.



Notes for teacher, comments and links

Video explains briefly the most important basics of a bioeconomy by means of an animated film. It presents the differences between fossil and biological resources as basis for products. It introduces the bioeconomy as a circular economy and illustrates its positive aspects and advantages in the future.

Interactive quiz with 6 questions about the bioeconomy. User can see if answer is right or wrong right away and explanation is provided, plus explore every question's concept by clicking on "Learn more about this" link, redirecting users to other sites with in-depth information. Quiz is entertaining and informative. Questions ranges from simple ones to those which require a bit more background, so relevant to different target audiences.

This is a good way to both acquire new knowledge and test existing knowledge.

Time that will take: 6 minutes or more - depending if reading extra information.

**Notes to the teacher**: Speaker's name to go in the space in the space at the bottom left of the slide. This is the final slide of the presentation. Allow time for students/participants to ask any questions.



BE-Rura Platforr bioecon

These educational resources were developed as part of the BE-Rural project

BE-Rural supports
... regional stakeholders in five countries:

• Latvia: Vidzeme and Kurzeme

Latvia: Vidzeme and Kurzeme
 Poland: Szczecin and Vistula Lagoon:
 Romania: Covasna

Bulgaria: Stara Zagora
 North Macedonia: Strumica

The goal of BE-Rural is to realise the potential of regional bio-based economies by supporting relevant actors in the participatory development of bioeconomy strategies and roadmaps

**BE-Rural will create five regional Open Innovation Platforms (OIPs)** for the participatory development of bioeconomy strategies and roadmaps.

**Stara Zagora, Bulgaria:** will focus on seeking new technologies for the application of essential oils and herbal plants in the cosmetics and pharmaceutical industry.

Vidzeme and Kurzeme, Latvia: will focus on the potential of by-products of forest management (i.e. from young forest stand thinning, short rotation coppice and forestry plantations, removing of overgrowth in abandoned agricultural lands and perennial grasses) as a source of bioenergy or biorefinery. Strumica, North Macedonia: will focus on the utilization of agricultural residues, specifically the by-production of organic materials from agricultural activities, as a source of energy for domestic and industrial purposes.

**Szczecin Lagoon and Vistula Lagoon, Poland:** will focus on small-scale fisheries, specifically on the sustainable use of currently underused and low-value fish species located in two lagoons.

**Covasna, Romania:** will focus on addressing fragmented value chains and implementing the circular economy concept within the county's industrial sectors (i.e. wood and furniture, textiles, agro-food, mechanical engineering, green energy). **Source:** BE-Rural (2020), *Innovation regions*, available at: https://be-rural.eu/innovation-regions/

### Annex VII - Power Point slides and notes on "Bioeconomy and key principles of sustainability"

### Slide



Key principles of sustainability and links to bioeconomy

### Notes for teacher, comments and links

**Notes to the teacher:** Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation aims to educate on the key principles of sustainability (and how the bioeconomy can be a strategy for sustainability), using definitions, examples and interactive questions.

Excluding the two Mentimeter exercises, this first slide and the outline slides, there are 20 slides – so these slides should take between 20 and 40 minutes to present, depending of amount of explanation.

The two Mentimeter exercises will take around 2 minutes each.

**Notes to the teacher:** Briefly run through the topics that will be spoken about in this presentation as shown on the slide.



### Outline

- What is Sustainability?
- The Sustainability problem
- Weak vs Strong Sustainabilit
- Ouick Ouiz
- How The Bioeconomy contributes to sustainabilit
- Ecological limits and the Bioeconom
- The importance of innovation



### What is Sustainability?

Go to - <a href="https://www.menti.com/">https://www.menti.com/</a>

Type any words that you associate with Sustainability into the Mentimeter



What is sustainability?

"Development that meets the needs of the present without compromising the ability of future generations to meet their own needs"





\*\* This slide only works after obtaining a Mentimeter code before the presentation.\*\*

Notes to the teacher:

Explain that sustainability can be hard to define, and it can mean different things to different people. Use the mentimeter app word-cloud function and get participants to type in the words that they associate with "Sustainability". Put Mentimeter code in top right of slide.

When participants/students have finished this; read out some of the most popular words and make any comments that you feel are relevant. This task will get the students/participants thinking about how they already view the concept of sustainability. Use link - https://www.menti.com/

Notes to the teacher: This is the most famous definition. Our Common Future is also called the "Brundtland Report" (because the former Norwegian Prime Minister Gro Harlem Brundtland's role was the Chair of the World Commission on Environment and Development).

Read out this definition and try to link back to the words that the participants/students came up with on the Mentimeter activity on the previous slide.

World Commission on Environment and Development. (1987). **Our common future**. Oxford: Oxford University Press. (Available at:

http://www.princeton.edu/~ota/disk1/1993/9340/934004.PDF)

The publication of Our Common Future and the work of the World Commission on Environment and Development laid the groundwork for the convening of the 1992 Earth Summit and the adoption of Agenda 21, the Rio Declaration and to the establishment of the Commission on Sustainable Development.

What is sustainability?

"The property of being environmentally sustainable; the degree to which a process or enterprise is able to be maintained or continued while avoiding the long-term depletion of natural resources"

(Oxford English Dictionary, 2020)

### Notes for teacher, comments and links

**Notes to the teacher**: This is a newer definition. Read out this definition and try to link back to the words that the participants/students came up with on the Mentimeter activity on the previous slide.

Oxford College of Procurement and Supply, (2020), How sustainable is sustainability?, available at:

https://www.oxfordcollegeofprocurementandsupply.com/how-sustainable-is-sustainability/

### What is sustainability?

The key point within both definitions can be identified as avoiding the depletion of resources so that future generations can have their needs met.

What do we mean by resources?

By resources we mean both infinite and finite materials that can be found on the earth.



Notes to the teacher: The key point within both of the previous definitions can be identified as avoiding the depletion of resources so that future generations can have their needs met. — Try to link words back to the Mentimeter word cloud if possible. The first animation on the slide will highlight the words "avoiding the depletion of resources". The second animation on the slide will make the "What do we mean by resources?" text appear. Say that by resources we mean both infinite and finite materials that can be found on the earth.

### What is sustainability?

Social equity...

The global challenge can be simply stated: To reach sustainability, humanity must increase the consumption levels of the world's poor, while at the same time reducing humanity's ecological footbrint

leadows et al. (2005), p. xv



Notes to the teacher: Explain that: It should be noted that sustainability is not just to do with resources though. It should also be about social equity. It should be about increasing consumption levels of the world's poor, while also reducing humanity's overall ecological footprint. Social, economic and ecological issues must therefore be considered when thinking about sustainability. This is often represented in diagrams. — Show diagram on next slide.

Meadows. Dennis; Meadows. Donella; Randers. J; (2005). Limits To Growth: The 30-Year Update (Hardcover ed.). Chelsea Green Publishing. ISBN 1931498512.

## Sustainability diagram Environment Social Revinder Environment Linder Ecological Valder Economic

The links between these factors is critical. "Many approaches to sustainability...have begun by addressing the social, economic and ecological considerations separately. The combined effect is not merely an absence of integrative expertise, data and authority but an entrended tendency to neglect the interdependence of these factors' (Gibson 2006, p. 259)

Notes to teacher: Some students/participants may benefit from seeing diagrams of the concepts being talked about. Explain that to truly achieve sustainability; Ecological, Economic and Social issues need to be considered. An integral approach to tackling social, economic and ecological issues together is important. Tackling the issues separately or neglecting one can lead to poor or mixed results. Use laser pointer to point at "bearable" "equitable" and "viable" when talking about the mixed results.

Gibson, R.B., 2006. Beyond the pillars: Sustainability assessment as a framework for effective integration of social, economic and ecological considerations in significant decision making. *Journal of Environmental Assessment Policy and Management*, 8(3), pp.259–280.

The Sustainability problem

### Complexity and Wickedness

The examination of the process of sustainability transition and the hurdles that make it difficult.

These have been called wicked problems (Rittel and Webber 1973), the 'problematique' (Reid et al. 2006) or the sustainability problem (Common 1995).

Explain that - The complexity of approaching sustainability and trying to give equal attention to the three main issues is known as The Sustainability Problem. The main concern is around the problem's constantly changing nature and the uncertainty of our knowledge on it.

Common, M. (1995), Sustainability and Policy: Limits to Economics. Cambridge UK: Cambridge University Press. Pryshlakivsky J., Searcy C. (2013) Sustainable Development as a Wicked Problem. In: Kovacic S., Sousa-Poza A. (eds) Managing and Engineering in Complex Situations. Topics in Safety, Risk, Reliability and Quality, vol 21. Springer, Dordrecht

Reid, W.V., Berkes, F., Wilbanks, T. and Capistrano, D. (eds.) 2006. Bridging Scales and Knowledge Systems: Concepts and Applications in Ecosystem Assessment. Washington DC: Millennium Ecosystem Assessment and Island Press. Rittel, H.W.J. and Webber, M.M. 1973. Dilemmas in a general theory of planning. *Policy Sciences*, Vol. 4, No. 2, pp. 155-169.



The Sustainability problem

"Knowledge of the system we deal with is always incomplete. Surprise is inevitable. Not only is the science incomplete, the system itself is a moving target".

(Hollings 1973, p. 2)

### Notes for teacher, comments and links

More about the complexity of approaching sustainability and any other complex systems.

Hollings, C.S. 1973. Resilience and Stability of Ecological Systems. *Annual Review of Ecology and Systematics*, Vol. 4, pp. 1-23.



### Weak vs Strong sustainability



**Notes to teacher**: Explain thta another issue surrounding sustainability is the important distinction that needs to be made between weak sustainability and strong sustainability. Animate the first picture when the word WEAK is said, and the second picture when the word STRONG is said. Neumayer, E. 2010. *Weak versus Strong Sustainability*. 3<sup>rd</sup> Ed. UK: Elgar.



Weak vs Strong sustainability



**Notes to teacher**: Explain that weak Sustainability allows for the depletion or degradation of natural resources, so long as such depletion is offset by increases in the stocks of other forms of capital. For example, by investing royalties from depleting mineral reserves in factories.



This Things By Children Author is borned under CQ.15.50



**Notes to teacher**: Explain that strong sustainability requires that all forms of capital must be maintained independently of one another. Existing stock must be retained, for example timber stocks, as the functions the timber can perform cannot be replaced or offset by anything else, such as investing in royalties.



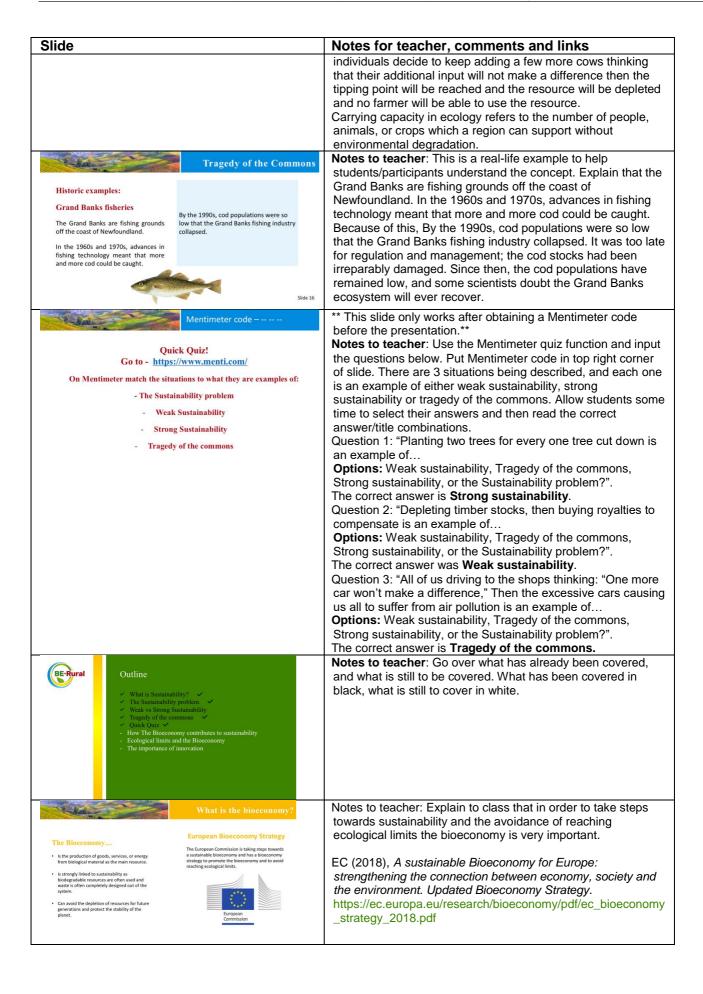
### Weak vs Strong sustainability

A weak sustainability approach considers that human-made and natural capital are substitutable in the long term, whilst supporters of strong sustainability believe they are not. **Notes to teacher**: This is a summary of weak and strong sustainability - supporters of weak sustainability suggest that human-made and natural capital are substitutable in the long term, whilst supporters of strong sustainability believe they are not.



Notes to teacher: Explain that; the tragedy of the commons is a concept that is linked to sustainability. It comes about when there is a shared resource that individuals have incentive to use. If individuals neglect the well-being of society and favour personal gain then it can result in overconsumption, under investment, and depletion of the resource. Ultimately the resource is lost for everyone.

Show the 3 pictures and explain. Picture 1 – The commons: A shared pasture that multiple farmers have access to and freedom to graze their cattle on. Picture 2 – Sustainable use of this shared resource would be all the farmers sticking to the carrying capacity amount of cattle. Picture 3 – However, if



## Slide A new bioeconomy strategy for a sustainable Europe

### Notes for teacher, comments and links

Notes to teacher: Explain that to try and tackle the issues surrounding ecological limits: National and international bodies have specific guidelines. An example of this is the European Commission's 2018 publication; 'A new bioeconomy strategy for a sustainable Europe.' Further information available at: https://ec.europa.eu/commission/news/new-bioeconomy-strategy-sustainable-europe-2018-oct-11-0 en



### Ecological limits and the bioeconomy

### Ecological limits

Ecological limits centre around three

- Food resources
- The capacity of ecosystems
- The populations within ecosystems

With a linear economy, and such a large population, we will exceed the ecological limits

It is projected that the world's numan population will reach about 10 billion by 2050



Notes to teacher: Explain that another key issue surrounding sustainability relates to ecological limits. Ecological limits are the planet's limits on being able to support life as it currently is. Ecological limits centre around three main areas: (1) Food resources (2) The maximum capacity of ecosystems (3) The territoriality of populations within ecosystems.

Explain that with the human population predicated to hit 10 billion by 2050 it does not seem farfetched to imagine a world where the ecological limit will be reached.

**Background information**: "Carrying capacity" is the number of people who can live, in the way they happen to be living, without damaging the environment or diminishing its ability to support people in the future. Steps need to be taken to protect food resources and ecosystems.



Ecological limits and the bioeconomy

### Measures being taken by the European Commission

- Implement an EU-wide monitoring system to track progress towards a sustainable and circular bioeconomy;
- Enhance our knowledge base and understanding of specific bioeconomy areas by gathering data and ensuring better access to it through the Knowledge Centre for the Bioeconomy;
- Provide guidance and promote good practices on how to operate in the bioeconomy within safe ecological limits.

European Commission (2018)

Notes to teacher: Some measures that the European Commisson outline are as follows: (1) Implement an EU-wide monitoring system to track progress towards a sustainable and circular bioeconomy; (2) Enhance our knowledge base and understanding of specific bioeconomy areas by gathering data and ensuring better access to it through the Knowledge Centre for the Bioeconomy; (3) Provide guidance and promote good practices on how to operate in the bioeconomy within safe ecological limits.

Explain that these measures would help prevent ecological limits being reached as they help to educate people and promoted effective practices. **Further information available at:** https://ec.europa.eu/commission/news/new-bioeconomy-strategy-sustainable-europe-2018-oct-11-0\_en

Notes to teacher: Explain that Innovation is incredibly important when considering how the human population can remain within ecological limits. Products that can be used again and again, often from waste are highly sustainable and avoid a depletion of resources. These can be known as bioproducts.



What are these two items are made from?

**Notes to teacher**: Ask the participants if they have any idea what these two items are made from.



### Annex VIII - Power Point slides and notes on "Bioeconomy and SDGs (and respective targets)"

### Slide



Introduction to the Sustainable Development Goals (SDGs) and their links

### Notes for teacher, comments and links

Notes to the teacher: Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation introduces the 17 Sustainable Development Goals (SDGs) and shows links between the bioeconomy and some of the SDGs.

Excluding the first slide, the video and the outline slide, there are 18 slides – so these slides should take between 18 and 36 minutes to present, depending of amount of explanation. The video is 2 minutes and 8 seconds long.

Time to do the exercise on SDGs achievement around the world can vary. Information on one goal and one country can be quickly accessed in minutes. So could be used just for 5 or 10 minutes in class, but there is opportunity for in-depth research over hours or even days (which could be used as part of homework).

Overview

- · What are the Sustainable
- Development Goals (SDGs)? What are the targets in each SDG?
- · Exercise on SDGs achievement
- round the world.
- The links between the bioeconom



Source image: Biobased Industries Consortium, 2018. Bioeconomy and the UN Sustainable Development Goals. Biobased Industries Consortium: Brussels, Belgium.



- In September 2015 the United Nations adopted the 17
- Sustainable Development Goals (SDGs). The 17 SDGs contain 169 specific targets
- Governments from 193 countries agreed to imple these goals to achieve the 2030 Agenda for Sustainable

















CTION

This slide presents an overview of the SDGs - when they started, number of SDGs, number of targets and number of countries that agreed to implement these goals. Source image: United Nations. (2015): Sustainable

Development Goals.

https://sustainabledevelopment.un.org/?menu=1300



SDG 'Wedding Cake'

A new way of viewing the economic, social and ecological aspects of the SDGs

- This model implies that the economy and society are seen as embedded pa of the biosphere.

- All SDGs are directly or indirectly connected to each other.

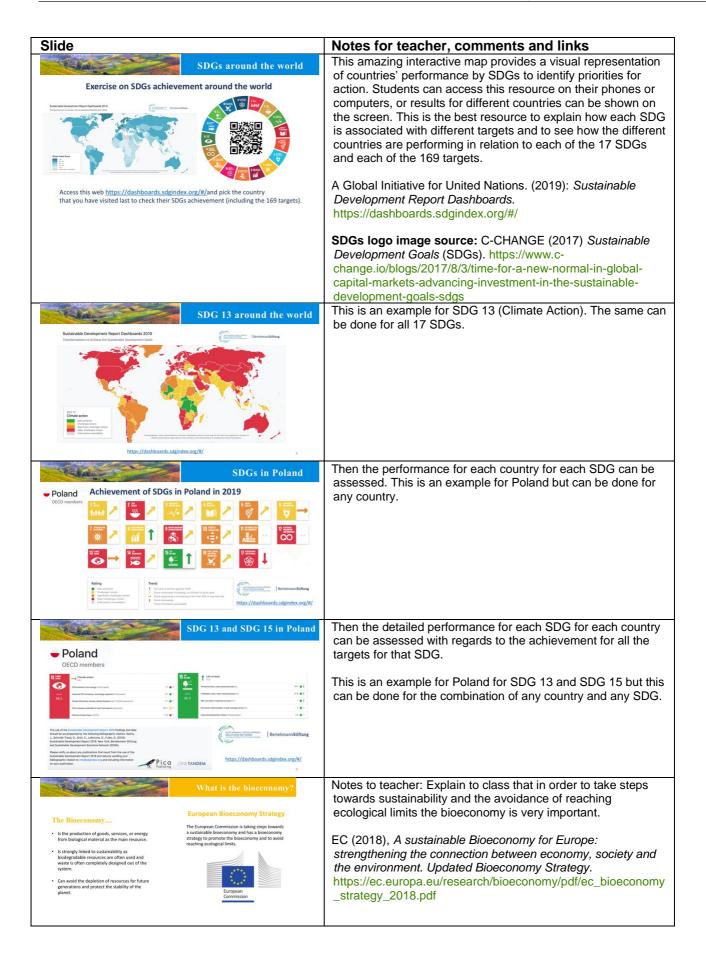
  Goal 17 is the global partnership required for sustainable development

This is a very important slide and could be discussed in class. It suggests that all SDGs are directly or indirectly connected to each other and that the SDG17 is fundamental as it is the global partnership required for sustainable development. Very importantly, this way at looking at the SDGs implies that the economy and society are seen as integral part of the biosphere (which relates to the concept of "strong sustainability"). This model is sometimes called the SDG 'Wedding Cake'.

Stockholm Resilience Centre. (2016) Stockholm University: Azote Images.

https://www.stockholmresilience.org/research/researchnews/2017-02-28-contributions-to-agenda-2030.html

This excellent guide shows the connections between all SDGs and is a very useful education resource: Manitoba Council for International Cooperation (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals, http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf



### Slide Sustainable Development Goals are affected by bioeconomy activities Some of the aims of the bioeconomy complementary or even identical to SDG targets. A sustainable bioeconomy has the ential to advance several SDGs However, there can also be potential negative effects that should be eliminated or reduced. For example, "increased demand for land can lead to land grabbing, displacements, unequal

### Notes for teacher, comments and links

This slide shows links between the bioeconomy and the SDGs.

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.



distribution of land considering soil quality, and loss of communal land

Goal 1: No Poverty

Aim: End poverty in all forms everywhere v can contribute to the eradication of

poverty while respecting local natural resource: Bioeconomy can beimportant to the poorest people by, for example, contributing to local economic development and livelihoods by creating new local jobs in cities and rural a



Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

[http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

Source of image:

https://www.un.org/sustainabledevelopment/sustainabledevelopment-goals/

Goal 2: Zero Hunger

Aim: End hunger, achieve food security and improved nutrition and promote sustainable agriculture.

v can contribute to sustainable investments in agriculture, crops increase, utilization of undervalued resources for nutrition and improvement of food quality, indirectly contributing also to reducing food waste. For example, a spray produced using organic waste residues can make food stay fresh for longer



Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

[http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

Source of image: https://apeelsciences.com/

Goal 3: Good health and well being

Aim: Ensure healthy lives and promote well-being for all at

Bioeconomy can contribute to good health and well being by providing modern sources of probiotics and essential nutrients, and reducing air, water and soil pollution associated with hazardous fossil-based products. Plus it can integrate bioactive compounds, in food and health & cosmetic products, that may promote good health



Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

[http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

Quimidroga (2019) Qd: Natural Cosmetics.

https://www.guimidroga.com/en/2019/09/26/natural-cosmetics/

Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

-⁄n/•

Goal 9: Industries, Innovation and Infrastructure



Aim: Build resilient infrastructure, promote inclusive and sustainable



y is important for this SDG as stimulates the growth of bio based industry and innovation. For example, low-value solid wood waste can be converted into high purity intermediate building blocks of cellulosic sugars. These wood-based materials can be used to replace fossil-based materials in everyday applications, e.g., biofuels, coatings and bio-based foams.

European Coatings. (2020): EC Survey: Bio-based coatings. https://www.european-coatings.com/Raw-materialstechnologies/Raw-materials/EC-Survey-Bio-based-coatings Novasep: services and technologies for life science and chemical industries. (2018): Purification processes for cellulosic sugars https://www.novasep.com/home/products-

services/fermentation-products-and-chemicalsintermediates/industrial-processes/purification-processes-forcellulosic-sugars.html

Wood-based panels international. (2018) wbpi: Wood foam – a product on the rise?

http://www.wbpionline.com/features/wood-foam-a-product-onthe-rise-6097690/

Bio-based Industries Consortium (2018), Bioeconomy and the UN Sustainable Development Goals. A view from the Biobased Industries Consortium - July 2018.

Goal 11: Sustainable cities and communities

Making cities and human settlements inclusive, safe, resilient and sustainable

can link rural and urban areas through biobased products and bioenergy. It can contribute to sustainable cities and communities by using bio-based materials in new sustainable buildings. For example, the use of new filtration systems such as moss plantation. The surfaces of moss can remove dust, carbon dioxide and ozone from the air.



Goal 12: Responsible consumption and production

Aim: Ensure sustainable consumption and production patterns.

**Bioeconomy** can contribute to responsible consumption and production by decoupling production and consumption from use of fossil-based products. And instead using renewable resources and residues from everyday products to produce new products for a variety of sectors such as clothing, fashion and furniture. For example, leather made of mushrooms or a fabric made from



13 CLIMATE

Aim: Take urgent action to combat climate change and its

Goal 13: Climate action

Bioeconomy can replace fossil resources with rene resources and using CO2 as a feedstock and low-carbon production. For examples, the use of CO2 as a feedstock to make key products such as building materials, chemicals and fuels. Billions of tons of CO<sub>2</sub> can be removed from the atmosphere every year and turned into commercially successful products





Goal 14: Life below water

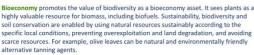
Aim: Conserve and sustainably use the oceans, seas and marine resources for sustainable development

**Bioeconomy** (or Blue bioeconomy) can make better use of the marine fauna (fish) and flora (algae) for high value bio- products such as food/feed, cosmetics and bio-pharma. For example, can use fish, shellfish and seaweed residues to develop alternatives to fossilbased plastics. This way it can convert a waste stream into new plastic-like products, that are strong, organic, biodegradable and do not harm the environment.





Aim: Sustainably management forests, combat desertification halt and reverse land degradation, halt biodiversity loss



### Notes for teacher, comments and links

Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

[http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

Chris Giles (2017) Edition.CNN: This 'tree' has the environmental benefits of a forest. [Online] Available from: https://edition.cnn.com/style/article/citytree-urbanpollution/index.html

Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

[http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

Anke Domaske. (2011)LS: N global: MILK MADE: DAIRY DRESS IS A NATURAL WINNER.[Online] Available from: https://www.lsnglobal.com/news/article/4921/milk-made-dairydress-is-a-natural-winner

Tucker Bowe. (2018) Gear patrol: In the Future, Leather Will Be Made From Mushrooms Not Cows.[Online] Available from: https://gearpatrol.com/2018/04/16/bolt-threads-mylo-leather/

Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals.

[http://mcic.ca/pdf/SDG\_Primer\_FINAL.pdf

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

A Global Initiative for United Nations. (2019): Sustainable Development Report Dashboards 2019.[Online] Available from: https://dashboards.sdgindex.org/#/

The World Economic Forum. (2019): CO2 can be a valuable raw material, not just a climate killer. Here's how.:

https://www.weforum.org/agenda/2019/01/turning-co2-fromclimate-destroyer-into-useful-raw-material

Heimann, T., 2019. Bioeconomy and SDGs: does the bioeconomy support the achievement of the SDGs?. Earth's Future, 7(1), pp.43-57.

Stuart McDill. (2019) Reuters: Tipping the scales? Briton develops fish waste 'plastic'. https://www.reuters.com/article/usbritain-dyson-award/tipping-the-scales-briton-develops-fishwaste-plastic-idUSKBN1XO007

The James Dyson Award. (2019) MarinaTex: INTERNA-TIONAL WINNER. [Online] Available from:

https://www.jamesdysonaward.org/2019/project/marinatex/

Bio-based Industries Consortium (2018), Bioeconomy and the UN Sustainable Development Goals. A view from the Biobased Industries Consortium - July 2018.

Manitoba Council for International Cooperation. (2018) Sustainable Foundations: A Guide for Teaching the Sustainable Development Goals. [http://mcic.ca/pdf/SDG\_Primer\_Fl-NAL.pdf

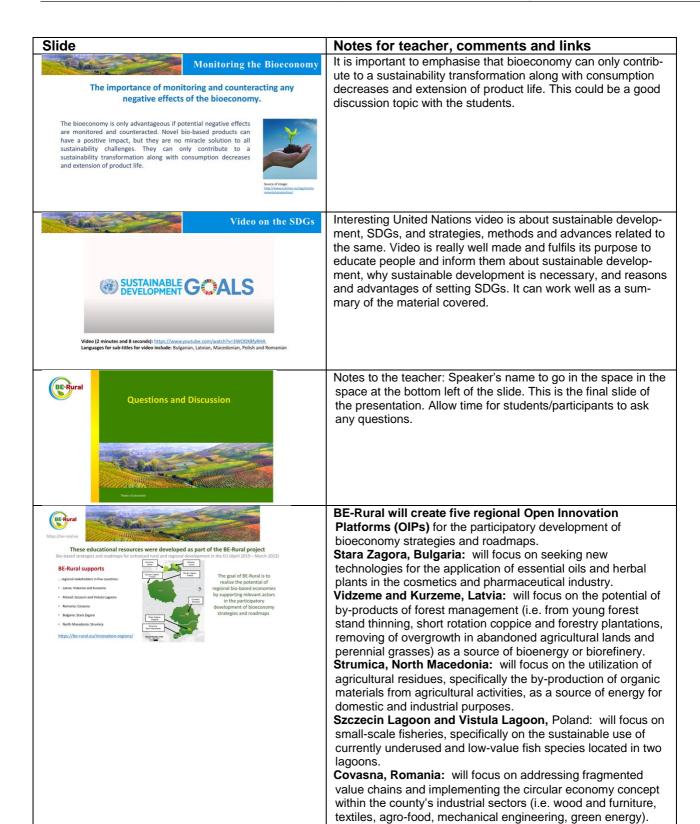
Biobased Industries Consortium, 2018. Bioeconomy and the UN Sustainable Development Goals. Biobased Industries Consortium: Brussels, Belgium.

United Nations. (2015): Sustainable Development Goals.

[Online] Available from: https://sustainabledevelopment.un.org/?menu=1300

Source of image: https://www.herbal-supplement-resource.com/wp-content/uploads/2019/07/OliveLeaves2.jpeg





Source: BE-Rural (2020), Innovation regions, available at:

https://be-rural.eu/innovation-regions/

### Annex IX – Power Point slides and notes on "Bioeconomy and Circular Economy"

## Slide Key Principles of the Circular Economy and links to the Bioeconomy

### Notes for teacher, comments and links

Notes to the teacher: Teacher's name to go in the space in the space at the bottom left of the slide. You can edit this slide to introduce the topic. This presentation is designed to introduce the circular economy concept. You can see the outline of the presentation in the next slide with the justifications on why the slides are structured the way they are. Most of the earlier slides up to slide number 12 should be quite basic and easy to understand. Starting from slide 13, the contents might be a little bit more challenging to grasp the concept and fully appreciate. Target audience can be secondary, high school students, colleges and university students.

Excluding the video, this first slide and the outline slide, there are 26 slides – so these slides should take between 26 and 52 minutes to present, depending of amount of explanation. The video is 3 minutes an 48 seconds long.

This slide shows the outline of the contents for this presentation on circular economy.

- 1. It will start with a small quiz on waste statistics. There are four questions regarding food wastes, textile wastes, electronic wastes and plastic waste.
- 2. Then, linear economy would be introduced as one of the underlying problems causing these wastes.
- 3. Brief overview on finite resources would be provided to illustrate that the current linear system cannot be sustained.
- 4. Then, circular economy would be introduced as a system change to solve some of the pressing problems created by linear economy.
- 5. Five circular business models would be introduced as ways to incorporate circular economy in the way business operates.
- 6. Finally, barriers to circular economy would be introduced as to why the circular business models have yet to become mainstream business models.

The circular economy is considered as a system solution to tackle some of the most pressing global challenges created by a linear economy. Hence, it would be great if the learners know and understand first what the linear economy is, its associated problems, the underlying causes and future challenges before introducing the solution which is a circular economy. This way, the audience would fully appreciate the explanation of circular economy, its purpose, how it can be implemented and what is hindering its progress. The structure of the slides was designed based on this thought.

**Image used:** https://uxplanet.org/the-rise-of-the-circular-economy-8fdfc0a18ca5

This slide asks the first question of the quiz. Instead of giving away a few statistics, you can make the students think a little bit. This way, they would remember the figure better compared to just giving away the statistic. Hence, a quiz was chosen to highlight the statistics of four very common wastes (Fashion & textiles, electronic, food and plastic wastes) in our daily life, before introducing a linear economy. **Correct answer is C**. One garbage truck load of textile wastes every one second. Maybe you can make use of mentimeter to conduct the quiz in the class to make it more fun, interactive and engaging. If this is not an option, you can try to get all students to engage by asking for a show of hand for each option A, B or C, instead of waiting for just one student to voice out the answer.

### **Key links for further information:**

This quiz is based on the information from the report called "A new textile economy: Redesigning fashion's future" by Ellen MacArthur Foundation, found in



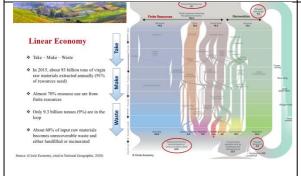


# Quiz on Wastes 2. What is the approximate annual volume of global electronic wastes in 2016? (WEF, 2017) a. 4.7 million tonnes (equivalent in weight of 450 Eiffel Towers) b. 44.7 million tonnes (equivalent in weight of 4500 Eiffel Towers) c. 444.7 million tonnes (equivalent in weight of 45,000 Eiffel Towers) Outline Outline Outline Outline Outline Outline Could Romans Model Resirves Verdal Exonomy Clorke Romans Model Resirves Verdal Exonomy

Slide







### Notes for teacher, comments and links

https://www.ellen macar thur foundation.org/publications/a-new-textiles-economy-redesigning-fashions-future

### Image Link:

https://ichef.bbci.co.uk/news/976/cpsprodpb/49F7/production/\_ 102753981\_hm\_soex0372.jpg

This slide provides a second question of the quiz. This is based on electronic waste, which is also a very common waste in our daily lives. This quiz is based on the information from the report called "A New Circular Vision for Electronics: Time for a Global Reboot" by World Economic Forum, found in http://www3.weforum.org/docs/WEF\_A\_New\_Circular\_Vision\_f or\_Electronics.pdf

The answer is B - 44.7 million tonnes (4,500 Eiffel towers equivalent in weight)

### Image Link:

https://upload.wikimedia.org/wikipedia/commons/thumb/2/2f/Sk yscrapercompare-with-eiffel.svg/1200px-Skyscrapercompare-with-eiffel.svg.png

https://content.internetretailing.net/AcuCustom/Sitename/DAM/043/White\_goods\_scrap\_AdobeStock\_257612304.jpeg

This quiz is based on the information from the report called "Global Food Loss and Food Waste" by Food and Agriculture Organisations of the United Nations, found in http://www.fao.org/3/a-i2697e.pdf

The answer is A - 1.3 billion tonnes (one-third of the food produced)

### **Image Link:**

https://greenblueorg.s3.amazonaws.com/smm/wp-content/uploads/2017/05/Food-Scraps-1024x792.png https://www.adamsmith.org/blog/proof-perfect-that-supermarket-food-waste-is-not-a-problem

This slide is the final question of the quiz, based on plastic waste statistic. **The answer is B**. 300 million tonnes of plastic waste. These are four very common wastes in our daily lives – food waste, clothing and textile wastes, plastic wastes and electronic wastes. You can try to link it to the next slide on linear economy. Linear economy (the unsustainable production and consumption) is the cause of these wastes of precious resources.

### **Key links for further information:**

Statistics was obtained from this interactive infographic on plastic waste statistics from UN Environment - https://www.unenvironment.org/interactive/beat-plastic-pollution/

Image link: https://www.packaging-gateway.com/wp-content/uploads/sites/2/2019/05/Plastic-waste-mountain.jpg Floating plastic bag -

https://static1.squarespace.com/static/5a3798f32aeba55a92e8 d1ee/5b6069a48a922d3f43c62e2c/5b714b0521c67c133d1717 61/1548083313212/\_98802366\_bigblue.00\_44\_51\_12.still008. jpg?format=1500w

This slide was included to link up to the challenging waste problems introduced earlier and to the circular economy solution which consider waste reduction as one of its principles in later slides. X-ray of the global economy was included to illustrate a linear economy concept and how waste is a big part of this system by providing statistics. You may spend longer time to explain the diagram as the text and figures are relatively small to properly see from the back of the class. Hence, you can point at the key figures and text on the diagram to make your points.

You can explain the underlying cause of those wastes is due to the fact that we are operating in a linear system where we take the materials out of the ground as if there is no limit, to make the products, just to throw them away when we no longer want.

### Notes for teacher, comments and links

This unsustainable production and consumption practices is fuelling the waste economy. You can explain the key figures circled in red.

The image has small lettering but it can be displayed or printed in a larger format and can be the basis for a class discussion. It can also be deleted for a younger audience.

### **Key links for further information:**

You may read a very good article where this diagram and information are extracted from in here: https://www.nationalgeo-graphic.com/magazine/2020/03/how-a-circular-economy-could-save-the-world-feature/

**Image used:** https://www.nationalgeographic.com/magazine/2020/03/how-a-circular-economy-could-save-the-world-feature/



In this slide, you can talk about how the linear economy (take-make-waste system and mindset) is putting a strain on the finite natural resources because it assumes a constant supply of natural resources. The linear economy could be linked to a lot of environmental problems as well. All stages of "take-make-dispose" mindset affect ecosystem. Extraction and processing of raw materials and manufacturing of the products lead to high energy and water consumption, and disruption of the natural systems of forests and lakes. Emission of toxic substances, discharge of wastewater, and greenhouse gases during manufacturing harms the land, water bodies, the atmosphere. Eventually, when these products are discarded, the land space is taken up and the toxic substances are also leaked into the soil and some leaked into the waterways and the seas and oceans.

All these negative environmental impacts have effect on both humans and animals — uncontrollable forest fires, frequent flooding, plastic soup in the oceans, plastic pollution impacts on animals, etc. Not just social or environmental impacts, it also have economic disadvantages - raw material price fluctuation, problems for those businesses with reliance on critical raw materials such as indium and chromium, interdependence of raw materials and global trade in such a way that scarcity of one material could have wide spread impacts on the prices and availability of other materials.

### Key links for further information:

https://kenniskaarten.hetgroenebrein.nl/en/knowledge-map-circular-economy/ce-disadvantages-linear-economy/

### Links for Images used:

CO2 emission:

https://www.psychologicalscience.org/news/releases/polluted-air-may-pollute-our-morality.html

Flood in Pakistan - https://cache.boston.com/resize/bonzai-fba/Globe\_Photo/2010/07/30/1280548279\_2291/539w.jpg Forest fire in Australia -

https://cdn.cnn.com/cnnnext/dam/assets/191220111759-01-australia-bushfire-1219-super-169.jpg

Plastic waste - https://sustyvibes.com/psp-operators-disdain-visionscapes-attempts-waste-management/

Plastic soup - https://www.dailymail.co.uk/news/article-5114157/ldyllic-Caribbean-island-ruined-rubbish.html Dead albatross full of plastics -

https://www.nwf.org/Home/Magazines/National-Wildlife/2019/June-July/Conservation/Ocean-Plastic

Tangled tortoise in fishing net -

https://www.worldwildlife.org/initiatives/plastics

Bird tangled in plastic bag -

https://www.wwf.org.au/news/blogs/how-many-birds-die-from-plastic-pollution#gs.l2kr3d

Dead kangaroo due to Australia fire - https://i.redd.it/a6f0ias9kg841.jpg

### Slide Finite Resources Finite Resource

### Notes for teacher, comments and links

Here, you can briefly explain about the finite resources such as metals, minerals, fossil fuels and ecosystems. At the same time, the population is growing and it is expected to grow by another 2 billions by 2050 (graph on the left). There is also a growing middle class population which is the major contributor to the throwaway culture. More population means more demands for products, hence more extraction of raw materials and more production. However, the resources are depleting. You can take a few examples from the stock check graph and their respective remaining years to explain to the students. Try to spend some time to explain the stock check graph as the texts are small for the students to see properly. Even though the figures could not be exact, the main point you want to highlight is that the stock is decreasing and unlikely to be able to sustain the demand of a growing population.

The "Stock Check" image has small lettering but it can be displayed or printed in a larger format and can be the basis for a class discussion.

### Links for images used:

Stock check - https://www.bbc.com/future/article/20120618global-resources-stock-check

Population growth -

https://population.un.org/wpp/Graphs/DemographicProfiles/Lin e/900

https://population.un.org/wpp/Graphs/1\_Demographic%20Profi les/World.pdf



This slide introduces the circular economy. Circular economy concept has become more popular during the past decade, as the system solution to some of the most pressing problems of the linear economy. You can read up the report provided in the link below to understand more about the circular economy and the butterfly diagram mentioned here.

The butterfly diagram is extremely important. It does have small lettering but it can be displayed or printed in a larger format and can be the basis for a class discussion.

The picture on the right is the butterfly diagram to illustrate how technological and biological nutrient-based products and materials cycle through the system in the circular economy.

The products, components and materials are kept in the economy through repair, reuse, remanufacturing and recycling, where recycling is the least preferable.

- Power of inner circle On the technical side, the tighter the circles are, the larger the savings should be in the embedded costs in terms of material, labour, energy, capital and of the associated externalities such as GHG emissions, water or toxic substances.
- Power of circling longer A second core value creation potential stems from keeping products, components, and materials in use longer within the circular economy, through consecutive cycles or by spending more time within a cycle.
- · Power of cascaded uses (on biological side) In the cascades, the arbitrage value creation potential is rooted in the lower marginal costs of reusing the cascading materials as a substitute for virgin material inflows and their embedded costs (labour, energy, material) as well as externalities against the marginal costs of bringing the material back into a repurposed use.

### Key links for further information:

https://www.ellenmacarthurfoundation.org/assets/downloads/publications/Ellen-MacArthur-Foundation-Towards-the-Circular-Economy-vol.1.pdf

Geissdoerfer, M., Savaget, P., Bocken, N., Hultink, E. (2017). The Circular Economy – A new sustainability paradigm?. Journal of Cleaner Production, 143 (1), 757-768.

Images used: Ellen MacArthur Foundation

## Circular Economy Circular Economy Design out waste and pollution Exconomy Regenerate natural systems Regenerate natural systems Sorec Illin Mic-Irline Foundation

### Notes for teacher, comments and links

### Notes to teacher on how to present slide

This slide introduces three CE Principles and their relevant explanations below are extracted from EMF to give further information and assist understanding.

- 1. Design out waste A circular economy reveals and designs out the negative impacts of economic activity that cause damage to human health and natural systems. This includes the release of greenhouse gases and hazardous substances, the pollution of air, land, and water, as well as structural waste such as traffic congestion. The biological and technical components (or nutrients) to make the products, and the products are designed by intension to fit within a biological or technical materials cycle, designed for disassembly and refurbishment. Technical nutrientspolymers, alloys, and other man-made materials are designed to be used again with minimal energy and highest quality retention. (whereas recycling as commonly understood results in a reduction in quality and feeds back into the process as a crude feedstock). The biological nutrients are non-toxic and can be simply composted.
- 2. Keep products and materials in use A circular economy favours activities that preserve value in the form of energy, labour, and materials. This means designing for durability, reuse, remanufacturing, and recycling to keep products, components, and materials circulating in the economy. Circular systems make effective use of bio-based materials by encouraging many different uses for them as they cycle between the economy and natural systems.
- 3. Regenerate natural system A circular economy avoids the use of non-renewable resources and preserves or enhances renewable ones, for instance by returning valuable nutrients to the soil to support regeneration, or using renewable energy as opposed to relying on fossil fuels.

### Key links for further information:

Link for more information -

https://www.ellen macar thur foundation.org/explore/the-circular-economy-in-detail

https://www.ellenmacarthurfoundation.org/assets/downloads/publications/Ellen-MacArthur-Foundation-Towards-the-Circular-Economy-vol.1.pdf

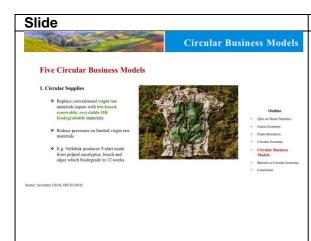
Mayumi, K., Giampietro, M. (2019). Reconsidering "Circular Economy" in terms of irreversible evolution of economic activity. *Romanian Journal of Economic Forecasting*, 22(2): 197-207. **Images used:** Ellen MacArthur Foundation

This video was published by Ellen MacArthur Foundation. This is a very good video that explains a linear economy, the problems of a linear economy, a circular economy, what inspires the circular economy concept, what the circular business models are like and how they could be implemented in real world. This would be a very inspiring video for your students. After watching the video together with the students, you can ask a few questions to discuss with the students. For example, what problems of a linear economy can you identify in their daily life or at home? What other negative impacts does the linear economy have apart from a waste of resources? The video introduces about licensing a washing machine for use at home instead of buying, other other products can you imaging using in this model?

### Key links for further information:

Video Link: https://www.youtube.com/watch?v=zCRKvDyyHmI





This slide introduces the first circular business model which is circular supplies. Circular Supplies: this business models basically tries to replace traditional single-lifecycle inputs / virgin raw materials inputs with bio-based materials which are fully renewable, recyclable or biodegradable. Hence, it aims to reduce demand for virgin resource extraction in the long run. Only one example is provided here as there are more company examples adopting this business cycle in the workshop materials.

Company example – this company Vollebak makes biodegradable t-shirt made from pulped eucalyptus, beech from sustainably managed forests and algae grown in bioreactors. The t-shirt is fully biodegradable in just 12 weeks. It solves the waste problem, the reliance on fossil fuels for petrochemicals to make synthetic fibres.

### Key links for further information:

https://www.accenture.com/t20150523t053139\_\_w\_\_/us-en/\_acnmedia/accenture/conversion-

assets/dotcom/documents/global/pdf/strategy\_6/accenture-circular-advantage-innovative-business-models-technologies-value-growth.pdf

https://thecirculars.org/content/resources/Accenture-Waste-Wealth-Exec-Sum-FINAL.pdf

https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf For case study company example:

https://www.vollebak.com/product/plant-and-algae-t-shirt/ Image used: https://dyk8bhziazfed.cloudfront.net/wpcontent/uploads/2019/08/plant-and-algaet-300-1376-1376x776.jpg

Circular Business Models

To compare the property of the prope

Five Circular Business Models

esource Recovery and Recycling

 Recover and reuse of resources or energy from discarded wastes or by-products
 ✓ Valorise wastes and by-products by giving a second life and by reusing them to make a new product

E.g. Toast Ale - Bread waste to Been

Interesting, in Latvia (and also Poland) traditionally bread was processed into "kvass" (a drink similar do beer, still quite popular in Latvia, Poland and some other Eastern European countrie Which shows that looking for innovation is often worth returning to tradition.

This slide introduce a second business model. Resource recovery and recycling models basically reuse the resources and energy from waste materials or by-products of other industry. Industrial symbiosis is a good example for this model. Hence, this material diverts wastes from landfills, where they have been normally disposed off. It also displace the extraction and processing of virgin natural resources. It valorise the waste and by-products by giving a second life. Normally, these inputs are being repurposed or transformed to a totally different type of products.

Case example: Toast Ale - In UK alone, about 44% of all bread produced was thrown away into bin. In order to tackle food waste problem, this UK company collects the bread waste from bakeries, delis and so on to divert them from landfills and give a second life as a beer. These surplus breads can be incorporated into the normal brewing processes together with the usual ingredients of malted barley, hops, yeast and water without the need for any new technology, by simply replacing up to one third of the required malted barley amount.

### **Key links for further information:**

https://www.accenture.com/t20150523t053139\_\_w\_\_/us-en/\_acnmedia/accenture/conversion-assets/dotcom/documents/global/pdf/strategy\_6/accenture-circular-advantage-innovative-business-models-technologies-value-growth.pdf https://thecirculars.org/content/resources/Accenture-Waste-Wealth-Exec-Sum-FINAL.pdf

https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf

For case study company example: https://www.ellenmacarthur-foundation.org/case-studies/brewing-beer-from-surplus-bread https://www.toastale.com

**Image used:** https://www.iamrenew.com/wp-content/up-loads/2019/07/Toast-Ale-Banner.jpg





This third model extends the productive lifetime of the products and components by repairing, remanufacturing, upgrading and reselling. Hence, it slows the flow of constituent materials through the economy, and reduce the rate of resource extraction and waste generation.

Company example: Kaiyo is an online marketplace that aims to save the unwanted high-quality durable furniture from landfills and keep them in productive use for as long as possible. This platform allows the owners, workers or students on the move who no longer want some pieces of their furniture to recoup some values, instead of simply disposing which could also be costly. The furniture owners could contact Kaiyo who will review the furniture, collect it from the owner, clean and repair if necessary, list it on the website, store it in their warehouses for free of charge until it sells and deliver them to the buyers. Kaiyo will be responsible for all the necessary work to get the most value out of the unwanted furniture and it pays the donors a commission of up to 40% once items are sold. Key links for further information:

More information on the description and explanation of this business model could be found in:

https://www.accenture.com/t20150523t053139\_\_w\_\_/us-en/ acnmedia/accenture/conversion-

assets/dotcom/documents/global/pdf/strategy\_6/accenture-circular-advantage-innovative-business-models-technologies-value-growth.pdf

https://thecirculars.org/content/resources/Accenture-Waste-Wealth-Exec-Sum-FINAL.pdf

https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf

### For case study company example:

https://www.ellenmacarthurfoundation.org/case-studies/the-final-stop-for-quality-furniture

https://kaiyo.com/how-it-works#do-you-allow-local-pickups Image used:

https://moneydotcomvip.files.wordpress.com/2019/09/aklnwpu a.jpeg?quality=85

Sharing Platforms helps increased utilization rate of less-frequently-used products by making possible shared use/access/ownership. Hence, it eliminates the need to buy more products and therefore reduce demand for new products and their embedded raw materials.

Case example: Spinlister is a peer-to-peer sharing platform that allows bike owners to list their bikes available for renting and renters to search for a bike to rent in whatever area they are in by city, zip code, available date and ride types. Its primary market is bikes with listing in 63 countries. However, they are also expanding into other markets, enabling sharing of surfboards, Stand up Paddle boards (SUPs), ski equipment and snowboards etc. The company also offers coverages for damages and theft protection in selected areas for a fee.

### Key links for further information:

More information on the description and explanation of this business model could be found in:

https://www.accenture.com/t20150523t053139\_\_w\_\_/us-en/ acnmedia/accenture/conversion-

assets/dotcom/documents/global/pdf/strategy\_6/accenture-circular-advantage-innovative-business-models-technologies-value-growth.pdf

https://thecirculars.org/content/resources/Accenture-Waste-Wealth-Exec-Sum-FINAL.pdf

https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf

Image used: https://www.netted.net/wp-

content/uploads/sites/14/2015/02/Spinlister\_1000x563\_2.6.15.



product design and more efficient product use, thereby promoting a more sparing use of natural resources. Customers do not need to spend upfront cost to purchase the products they might use very rarely, instead they can lease them through subscription or one-off rental arrangement. Case example: Philips provides 'pay-per-lux' lighting services to the business customers who wants to purchase light, but not the associated lighting infrastructure. Philips retains the ownership and is responsible for designs, installation, operation, monitoring, maintenance, upgrades and recovery throughout the lifecycle. It incorporates the use of the natural light resources in a more effective way, motion sensor and LED lighting technology with better performance, longer life and energy efficiency. Customers do not need to invest upfront and own the lighting infrastructure which eventually needs to be discarded for replacement. Instead, they just need to pay for the optimal amount of light they require and use. This arrangement could also result in receiving better services, as the light provider has incentives to provide long-lasting lighting infrastructure.

This is product service system models, where services rather

than products are marketed, improve incentives for green

### **Key links for further information:**

More information on the description and explanation of this business model could be found in:

https://www.accenture.com/t20150523t053139\_\_w\_\_/us-en/\_acnmedia/accenture/conversion-

assets/dotcom/documents/global/pdf/strategy\_6/accenture-circular-advantage-innovative-business-models-technologies-value-growth.pdf

https://thecirculars.org/content/resources/Accenture-Waste-Wealth-Exec-Sum-FINAL.pdf

https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf

### Images used:

https://johnlewis.scene7.com/is/image/JohnLewis/237006205? \$rsp-plp-port-320\$



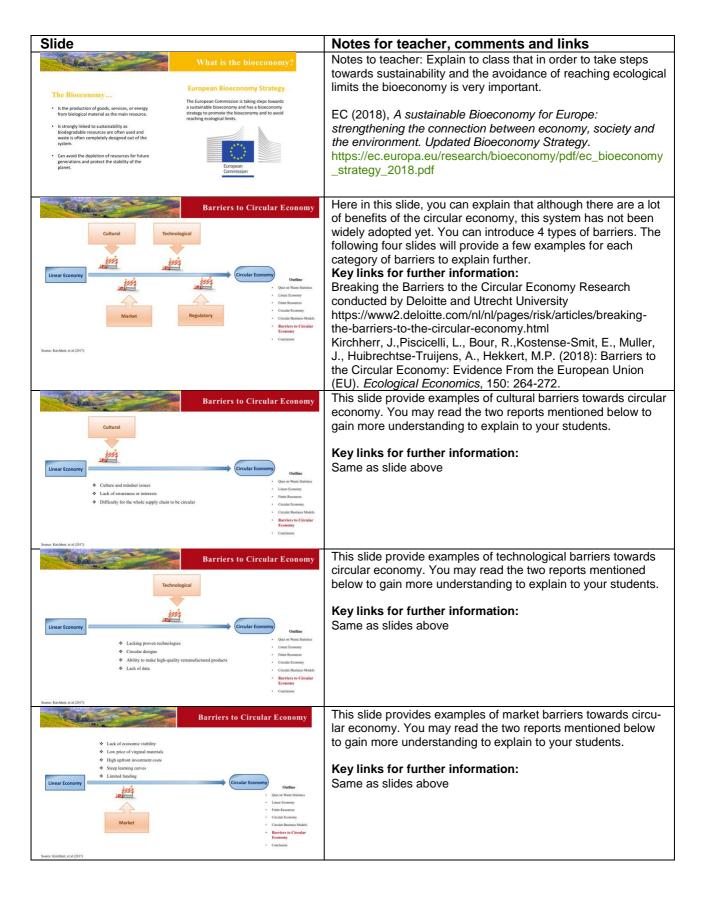
You can provide the summary of what you have talked about so far on 5 circular business models. You can explain that first and second models are linked to bioeconomy as well, since circular supplies primarily use bio-based renewable inputs and the waste/ by products for recovery and recycling models could be from forestry, agriculture or fishery. All these models try to reduce the pressures on the limited virgin resources, hence less need for extraction of new finite resources and also try to eliminate the waste generation.

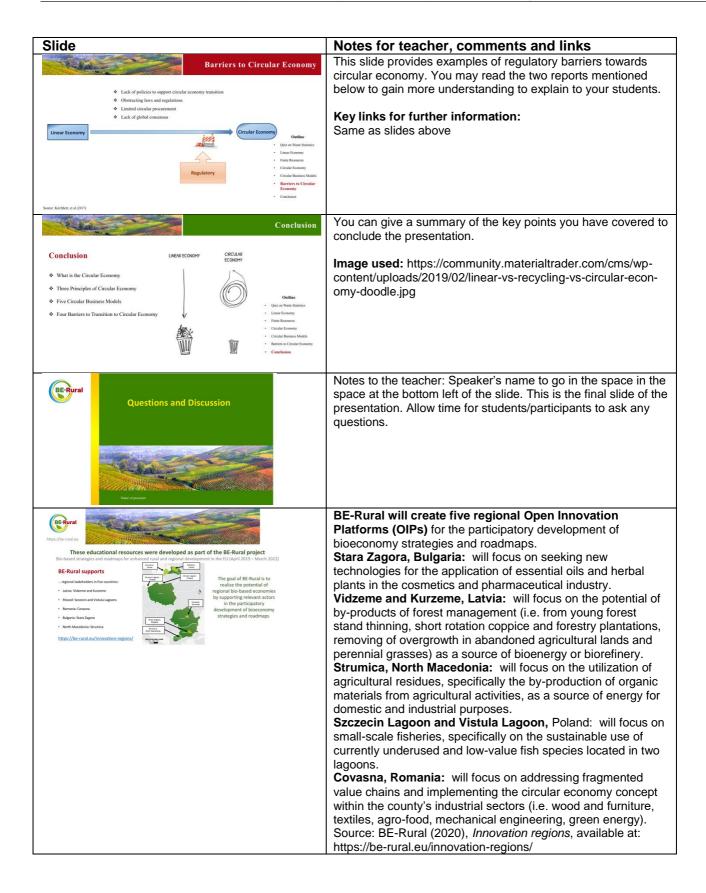
So distinction between circular various circular business models could be clear in theory. However, it is not very clear cut in reality. Some companies adopt a combinations of business models. For example, in product as a service system, the company retains the ownership of the products, which they could repair and remanufacture at some points in the future. You should also explain that circular business models operate in different parts of value chain. You can explain about where each of those business models could occur along the value chain as per the diagram. Circular business models, by closing resource loops and by slowing and narrowing resource flows, can reduce the environmental footprint of economic production and consumption.

### Key links for further information:

https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf

**Image used:** https://www.oecd.org/environment/waste/policy-highlights-business-models-for-the-circular-economy.pdf





### Annex X – Power Point slides and notes on "Bioeconomy in agriculture sector"

# Slide Agriculture and the Bioeconomy Agriculture and the Bioeconomy Bioeconomy overview - Agriculture electron - Agriculture aphethora of biological resources - Why is the bioeconomy important for agriculture? - Agriculture and SDGs - Agriculture and SDGs - Agriculture and SDGs - Biofuels from waste straw - Tshirs made with waste milk - Paper from cocoa beans shells - Grass Fed Mobile Biorefinery - Video: bioeconomy in a rural setting

Notes for teacher, comments and links

**Notes to the teacher:** Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation will look at the relationship between the bioeconomy and agriculture, and specifically how agricultural residues can be utilised to aid both environmental and societal goals.

Excluding the this first slide, outline slide and the video, there are 11 slides – so these slides should take between 11 and 22 minutes to present, depending of amount of explanation. The video is 2 minutes and 52 seconds long.

**Notes to the teacher**: Briefly run through the topics that will be spoken about in this presentation as shown on the slide.



### Bioeconomy overview

тие вюесопоту...

 Is strongly linked to sustainability as biodegradable resources are often used and waste is often completely designed out of the

Can avoid the depletion of resources for future generations and protect the stability of the

**European Bioeconomy Strategy** 

The European Commission is taking steps towards sustainable bioeconomy and has a bioeconomy strategy to promote the bioeconomy and to avoid eaching ecological limits.



Notes to teacher: Explain to class that in order to take steps towards sustainability and the avoidance of reaching ecological limits the bioeconomy is very important.

EC (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf



Bioeconomy overview

Bioeconomy and Circular Economy – waste is a valuable resource



Wester in Transport of Transpor

Vitaci (z. minitare ana y sectiona): https://www.voutube.com/watch?v=RfRN\_hHelKk Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish 1. Explain bioeconomy to introduce topic and contextualise bioproducts portfolio.

Bioeconomy is defined as the production, utilization and conservation of biological resources to provide information, products, processes and services across all economic sectors aiming towards a sustainable economy (Bell et al., 2018). Bell, J., Paula, L., Dodd, T., Németh, S., Nanou, C., Mega, V. and Campos, P. (2018). EU ambition to build the world's leading bioeconomy—Uncertain times demand innovative and sustainable solutions. *New Biotechnology*, 40: 25–30.

Video (2 minutes and 9 seconds):

https://www.youtube.com/watch?v=RfRN\_hHeIKk

Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish and Romanian

2. Explain circular economy to give context to bioproducts. Circular Economy is a framework for the development and management of sustainable, waste-as-resource economic system. It aims to keep products, components and materials at the highest utility and value at all times (EC, 2018). European Commission (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. Directorate-General for Research and Innovation, available at: https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf



Agriculture feedstock

What are examples of bioeconomy feedstocks (or raw materials) in the agri-food sector?

In groups of two write a list of all the bioeconomy feedstocks (or raw materials) from the agri-food sector that you can think of.

You have 2 minutes

### Notes for teacher, comments and links

Ask students to write a list of all the bioeconomy feedstocks (or raw materials) from the agri-food sector. The next slide has a list of these materials.

Agriculture feedstock

Examples of bioeconomy feedstocks (or raw materials) in the agri-food sector

·Barley

·Grapes (wine, etc.)

Examples of bioeconomy feedstocks in the agri-food sector.

### Source:

Bio-based Industries Consortium (2019), Examples of bioeconomy feedstocks.

https://ec.europa.eu/knowledge4policy/glossary/feedstock\_en

### Agriculture = A plethora of biological resources



- The farming industry is inextricably linked with the organic process and the circular flow of life on earth
- Agricultural practices involve harnessing natural processes to produce food. These processes create both intentional produce (fruit/vegetable) and indirect waste (orange peels/ wheat straw)
- Bioeconomy = waste as an opportunity/resource.

Biological resources are the base of the agriculture industry. This makes it especially important to the development of the bioeconomy. The farming industry is inextricably linked with the organic process and the circular flow of life on earth. This means that farming has a crucial role to play in harnessing the biological resources at their disposal. In order to create food, farming practices create both intentional produce (e.g. fruit and vegetables) and indirect waste (e.g. orange peels and wheat straw). The central theme of the Bioeconomy requires us to look at the way we process certain products and how we can maximise the potential of the resources contained therein. Agricultural residues is one way for adding value to resources already extracted.

### References:

Biovale. 2020. The Bioeconomy. https://www.biovale.org/thebioeconomy/



Why is the bioeconomy important for agriculture?



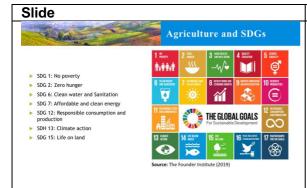
- Growing competition
- Climate change Changing dietary habits
- The bioeconomy as an opportunity to meet these challenges



Farmers are a group of people who will feel the more immediate consequences of the rapidly changing world. Agriculture depends on the weather and seasonal cycles, so the effects of climate change can have extremely negative impacts for farmers through not being able to harvest their crops as a result of too much rain or too little rain, or not being able to let their cattle outside as a result of bad weather. Growing competition from an increasingly global world means farmers must adapt and diversify their output if they are to compete. Taking advantage of opportunities that come along with embracing the bioeconomy could be key the farmers thriving in the future. The rise of veganism and resulting dietary changes in the coming generations will mean that farmers who have traditionally bred animals for human consumption may have to alter methods.

### References:

Vittuari, M., 2011. Macedonia discovering a green economy. Osservatorio Balcani Caucaso Transeuropa [online]. https://www.balcanicaucaso.org/eng/Areas/North-Macedonia/Macedonia-discovering-a-green-economy-104620



### The state of the s

Agri-derived Bio based products

FPC<sup>TM</sup> (Fiber Particulate Composite) – a bio-composite from agricultural waste that can reduce the use of plastic

- Every year, about 8 million tons of plastic waste escapes into the oceans from coastal nations (Parker, 2019).
- FPC "is made of 100% natural ingredients from agricultural by-products and can be used like a "plastic" with current plastic molding methods (eTic, 2020).
- FPC™ is biodegradable and its production does not compete with food production (eTic, 2020).



FPC™ Pellets from coffee residues, flax, bambo and rice husk (eTic, 2020)

### Notes for teacher, comments and links

Given that agriculture aims to create food for humans and it has a large impact on the environment, creating more sustainable farming practices is crucial if we are to forge a more sustainable future. Goals 1, 2, 6, 7, 12, 13, and 15 are particularly related to agriculture for the following reasons: SDG1: End poverty - Growth in the agriculture sector, particularly in low-income and agrarian economies is at least twice effective in reducing hunger and poverty than from any other sector. (Nhemachena et al, 2018)

By supporting a more sustainable approach to agriculture and encouraging innovative solutions to problems by employing methods like those promoted through the bioeconomy, we can go a long way to helping achieve the targets set out in the SDG's.

### References:

Nhemachena, C., Matchaya, G., Nhemachena, C.R., Karuaihe, S., Muchara, B. and Nhlengethwa, S., 2018. Measuring baseline agriculture-related sustainable development goals index for southern Africa. *Sustainability*, 10 (3), p.849 Source of image: The Founder Institute. 2019. UN Sustainable Development Goals. https://fi.co/insight/17-companies-helpingmeet-the-17-un-sustainable-development-goals

A slide with an example of a product that illustrate the potential for new bioproducts derived from agricultural residues. Plastic pollution is a huge problem for our oceans, Every year, about 8 million tons of plastic waste escapes into the oceans for coastal nations. What makes this an especially troublesome issue is the fact that these oil based plastics can persist for hundreds of years before breaking down (Parker, 2019). Biobased plastics such the one from the Taiwanese company eTouchic Innovation Company Limited (eTic) aims to embrace agricultural by-products in order to move away from conventional oil based plastics (European Commission, 2015). eTic combines the rice husks with a sort of biobased resin. This mixture can then be processed into a fibre composite building material (FPC™ - Fiber Particulate Composite) that has similar properties as conventional oil based plastics but is biodegradable (eTic , 2020). FPC™ comes in pellets it can be used with current plastic moulding methods (eTic, 2020). Such biohybrid materials are lightweight, sturdy, fire resistant and have excellent insulation characteristics, making them an attractive green building material (eTic. 2020). FPC™ can be decomposed naturally and does not emit any greenhouse gases. Bio-plastics such as PLA (Polylactic Acid is a polymer made from renewable resources), compete for land and water with biofuels and food crops (as the primary feedstock is currently corn). To produce 200,000 tones of bio-plastics such as PLA, requires 250,000-350,000 tonnes of crops. On the other hand, FPC™ utilizes agricultural waste and therefore its production does not compete with food production (eTic, 2020). In the picture we can see the different materials from which the company have created FPC™. What makes this innovation particularly exciting is the array of biological materials from which it can be created.

### References:

European Commission (2015). Bioeconomy in everyday life. [online] Brussells: European Commission, pp.1–44. https://www.biovale.org/wp-

content/uploads/2015/11/Bioeconomy-in-everyday-life-2015.pdf

eTic (2020) What is FPC™? eTouchic Innovation Company Limited (eTic). http://www.etouchic.com/en/waste-management Parker, L. (2019) The World's Plastic Pollution Crisis Explained. National Geographic, 7 June 2019. https://www.nationalgeographic.com/environment/habitats/plas

tic-pollution/

# Biofuels are derived from renewable resources. • Until now, mostly sugar from arable crops has been used. • To avoid competition with food production, residual materials such as straw have come to the attention of several biofuel manufacturers. • 240 million tons of cereal straw are produced each year as an agricultural by-product in the EU alone (Clariant, 2020). Diagram showing the process followed in order to create Sunliquid Biofuel (Clariant, 2020)

### Notes for teacher, comments and links

The continued use of carbon based fossil fuels are one of the main drivers of human-made climate change. Alternative, less environmental harmful fuels must be invested in if we are to reach climate targets like those set out in the SDG's. Biofuels derived from arable crops are not a new innovation but Sunliquid Biofuel differs in that it is derived exclusively from the residues of wheat straw. The Swiss chemical company Clariant has established a biorefinery demonstration plant, in which wheat straw bioethanol is produced. With the help of enzymes, the lignocellulose is decomposed and recovered from the plant fibre into its individual components. The resulting sugar molecules serve as food for yeast and the fungi ferment them into alcohol. This can then be added to premium petrol for petrol engines (Clariant, 2020). For some time now, many companies have shown a growing interest in the production of ethanol from renewable lignocellulosic resources, such as agricultural residues. These resources do not compete with food and feed crops, but are created in sufficient quantities worldwide as a by-product of current agricultural practices, as in the case of straw left over from cereal production (Clariant, 2020). About 240 million tons of cereal straw are produced each year as an agricultural by-product in the EU alone. Only a small part of this is currently utilized. Long term studies have shown that up to 60% could be taken of the field and are thus available for further uses. By processing this amount of straw, about 25% of the predicted EU demand for petrol could be replaced by cellulosic ethanol in 2020, solely out of surplus material. This means that cellulosic ethanol can play a key role along Europe's path towards sustainable and climate-friendly road transport (Clariant, 2020).

### References:

Clariant. 2020. Sunliquid.

https://www.clariant.com/en/Business-Units/New-Businesses/Biotech-and-Biobased-Chemicals/Sunliquid

1.3 billion tons of food end up in landfills, where it releases 3.3 billion tons of greenhouse gases. Amongst that, 128 million tons of milk are dumped every year globally (Mi Terro, 2020). Scientists are working on technology that allows them to create fibres from waste milk. The process starts by obtaining waste milk that gets fermented and then skimmed, removing its fat content. It is subsequently dewatered, resulting in a powdered milk that gets purified to remove all substances other than a naturally-occurring protein known as casein. The powdered casein is next immersed in alkali, producing a solution that is passed through a spinneret to create fibers. Sulfuric acid is then used to remove the alkali from those fibers, which are finally stretched and spun into yarn (Mi Terro, 2020). Given the enormous amount of milk wasted every year globally, along with the huge impact of the fashion industry on our environment, utilising waste products in such a manner is an exciting and innovative way to create value whilst at the same time helping to curb detrimental impact on the environment.

### References:

Gross, A. S., 2018. One in six pints of milk thrown away each year, study shows. *The Guardian*, 28 Nov 2018. https://www.theguardian.com/environment/2018/nov/28/one-in-six-pints-of-milk-thrown-away-each-year-study-shows McFall-Johnsen, M., 2019. The fashion industry emits more carbon than international flights and maritime shipping combined. Here are the biggest ways it impacts the planet. *Business Insider*, 21 October 2019.

https://www.businessinsider.com/fast-fashion-environmental-impact-pollution-emissions-waste-water-2019-10 Mi Terro. 2020. Mission.

https://www.miterro.com/pages/mission



 It takes about 700 gallons of water to produce one cotton shirt (McFall-Johnsen, 2019).

 Using excess milk to make clothes reduces water, reduces carbon emissions and reduces water consumption.



Milk fiber and Mi Terro t-shirt (Mi Terro, 2020

- According to the International Cocoa Organisation, 4.25 million tonnes of cocoa beans were produced in 2016 (The Economic Times, 2018).
- For every pound of cocoa beans, farmers produce 12 times as much biomass (Wright, 2019).
- Turning cocoa bean shells into paper can make use of this waste product.



### Notes for teacher, comments and links

Chocolate is a delicacy consumed with world over. According to the International Cocoa Organisation, 4.25 million tonnes of cocoa beans were produced in 2016 (The Economic Times, 2018). For every pound of cocoa beans, farmers produce 12 times as much biomass. (Wright 2019). British manufacturer James Cropper has been pioneering a technology that turns the shells of cocoa beans into paper. "A bio-recycling solution that, unlike other cocoa recycling processes, doesn't necessitate burning or gradual degrading of the fibres of the cocoa shell, the finished light brown paper utilises the cocoa as a natural colourant, avoiding the need for artificial dyes." (James Cropper plc, 2014). "The cocoa shell represents around 12% of the fruit itself, making the production of a versatile paper from the remnants of the chocolate production process a potentially significant breakthrough for the food and packaging industries" (James Cropper pls, 2014)

### References:

The Economic Times 2018. Chocolate production may be harming environment: Study. The Economic Times, 2 April

https://economictimes.indiatimes.com/news/science/chocolateproduction-may-be-harming-environment-

study/articleshow/63577769.cms?from=mdr

James Cropper plc. 2014. Sweet innovation as cocoa waste is transformed. https://www.jamescropper.com/news/2014-01-17sweet-innovation-as-cocoa-waste-is-transformed.

Von Dacre, J. S., 2019. How your chocolate addiction traps cocoa farmers in poverty. Inside Over, 7 November 2019. https://www.insideover.com/society/how-your-chocolateaddiction-traps-cocoa-farmers-in-poverty.html.

Nirvana Creative Production House (2015) Material of the month, June 2015: Cacao Paper. Nirvana Creative Production House, 29 May 2015. https://nirvanacph.com/2015/05/cacao-

Wright, A., 2019. Scientists around the world are turning agricultural waste into food, packaging and skincare products. GreenBiz. https://www.greenbiz.com/article/scientists-aroundworld-are-turning-agricultural-waste-food-packaging-andskincare-products

Konstantas, A., Jeswani, H., Stamford, L., & Azapagic, A. (2018). Environmental impacts of chocolate production and consumption in the UK. Food Research International, 106: 1012-1025.

Researchers at University of Tralee developed Ireland's first grass fed biorefinery, which aims to look at grass-based bioeconomy options. This mobile biorefinery separates the grass into a juice and a fibre. "The juice is turned into a dry protein-rich cake that can be absorbed easier by cows so it generates less emissions from their digestion process or from feeding them other feed, like soy beans" (Phys.org, 2019). "The leftover fibre can be processed into a sustainable alternative to synthetic fertiliser or used as a more efficient supply of fuel for anaerobic digesters, which breaks down the biological material and turns it into natural gas" (Phys.org,

### References:

Finn, C. (2013) Ireland really is the garden of Europe, survey finds. The Journal.ie, 26 October 2013.

2019). This technology hopes to decrease emissions and make Ireland less dependent on imported protein.

https://www.thejournal.ie/eurostat-ireland-covered-by-the-

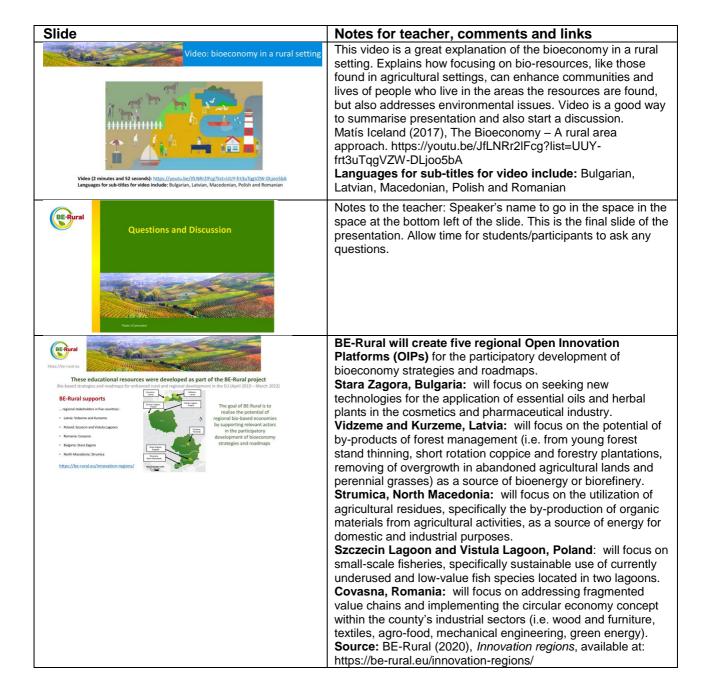
most-grasslands-in-europe-1148673-Oct2013/ Phys.org (2019) Ireland's first grass-fed biorefinery. Phys.org, 15 May 2019. https://phys.org/news/2019-05-ireland-grass-fedbiorefinery-road-farmers.html

Grass Fed Mobile Biorefinery



- (Phys.org, 2019)





### Annex XI – Power Point slides and notes on "Bioeconomy in the forestry sector"

### Slide BE-Rural **Forest Bioeconomy**

### Notes for teacher, comments and links

### Notes to the teacher:

Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation introduces forest bioeconomy.

Excluding the two videos, the outline slide and this first slide, there are 17 slides - so these slides should take between 17 and 34 minutes to present, depending of amount of explanation.

The two videos are around 2 minutes long each.

- Bioeconomy overview
- Forestry feedstock
- · Video: Forest Bioeconomy

- SDGs linked to forest bioeconomy
   Forestry technology: Sustainable fibres from woo
   Forestry technology: Small-scale pelletising units
- Forestry technology: The containerised pyrolysis unit
   Forestry technology: Biomaterials from agro-forestry residues & mycelium
   Forestry technology: Mobile wood chipping units

- Examples of bioproducts
   Conclusion

Notes to the teacher: Briefly run through the topics that will be spoken about in this presentation as shown on the slide.



### **European Bioeconomy Strategy**

European Commission is taking steps to istainable bioeconomy and has a bioeco itegy to promote the bioeconomy and to



Notes to teacher: Explain to class that in order to take steps towards sustainability and the avoidance of reaching ecological limits the bioeconomy is very important.

EC (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy \_strategy\_2018.pdf



### Bioeconomy overview

Bioeconomy and Circular Economy - waste is a valuable resource





1. Explain bioeconomy to introduce topic and contextualise bioproducts portfolio.

Bioeconomy is defined as the production, utilization and conservation of biological resources to provide information, products, processes and services across all economic sectors aiming towards a sustainable economy (Bell et al., 2018). Bell, J., Paula, L., Dodd, T., Németh, S., Nanou, C., Mega, V. and Campos, P. (2018). EU ambition to build the world's leading bioeconomy—Uncertain times demand innovative and sustainable solutions. New Biotechnology, 40: 25-30.

Video (2 minutes and 9 seconds): https://www.youtube.com/watch?v=RfRN\_hHeIKk

Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish and Romanian

2. Explain circular economy to give context to bioproducts. Circular Economy is a framework for the development and management of sustainable, waste-as-resource economic system. It aims to keep products, components and materials at the highest utility and value at all times (EC, 2018). European Commission (2018), A sustainable Bioeconomy for

Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. Directorate-General for Research and Innovation, available at: https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf



Forestry Feedstock

What are examples of bioeconomy feedstocks (or raw materials) in the forestry sector?

In groups of two write a list of all the bioeconomy feedstocks (or raw materials) from the forestry sector that you can think of.

You have 2 minutes

### Notes for teacher, comments and links

Ask students to write a list of all the bioeconomy feedstocks (or raw materials) from the forestry sector. The next slide has a list of these materials.

What is feestock? Feedstock is the raw/bio material from the forests that is input into process to make biobased products. This can be classified into waste products from forest management as well as wood, leaves etc produced by forest.

Forestry Feedstock

Examples of bioeconomy feedstocks (or raw materials) in the forestry sector

- Bamboo
- Hardwood
  - LigninLeaves
- - Post-consumer wood
- Black liquo Cellulose
- - Sawdust
  - Stumps
- Softwood

Source: Bio-based Industries Consortium (2019), Examples of bioe

Examples of bioeconomy feedstocks in the forestry sector. Source: Bio-based Industries Consortium (2019), Examples of bioeconomy feedstocks.

https://ec.europa.eu/knowledge4policy/glossary/feedstock\_en Feedstock List (Bark to Wood Pellets): Bio-based Industries Consortium (2020) Examples of Bioeconomy feedstocks, available at: [https://biconsortium.eu/bioeconomy-feedstocks]

The forestry sector has been found to have potential for the bioeconomy. This would been bio-based products from wood and by products of forest management.

"The forest-based sector includes all stakeholders with a major interest in forestry, forest-based materials and products. Wood is the key component of the pulp and paper industry, it can be used for energy production, it is an important construction material and for the furniture industry. Forest-based biomass is also used for many different bio-based products, such as insulation material, barrier materials for damp protection, biopolymers, bio-based plastics and composites, carbon fibre, chemicals and cellulose-based textiles, smart packaging materials (Swedish Forest Industries Federation 2013 in European Commission, 2017

[https://ec.europa.eu/research/bioeconomy/pdf/publications/bi oeconomy\_development\_in\_eu\_regions.pdf])

"Many companies are making efforts to replacing fossil feedstock with renewable biological resources in other products and processes, using innovative technologies" (BLOOM Factsheet What is the bioeconomy (2019) available at: [https://bloom-bioeconomy.eu/wpcontent/uploads/2019/01/BLOOM-Factsheet-What-is-the-

Bioeconomy.pdf]) "Renewable feedstocks are already playing a central role within the bioeconomy: 150 million tonnes of forestry products are used to generate 770 TWh of primary energy each year in Europe, with a further 210 TWh from waste and 12 TWh from agricultural residues." (National Non-Food Crops Centre (NNFCC) available at: [https://www.nnfcc.co.uk/feedstocks]

What are forest bioeconomy feedstocks?

Point out how Lignin and cellulose have the potential to provide for a wide range of products - see flowchart Feedstock List (Lingin and Cellulose) and flowchart: Forest Pedagogics (2016) 11<sup>th</sup> European Forest Pedagogics Congress 2016 Bioeconomy Teaching material [http://forestpedagogics.eu/mediadateien/biri-2016/Bioeconomy\_Teaching-material.pdf]

Image Forest residue: Energy Efficiency and Renewable Energy (EERE) (2020), Biomass Feedstock, available at: [https://www.energy.gov/eere/bioenergy/biomass-feedstocks] Image Sawdust: Colmorgen, F., Khawaja, C. (2019): Smallscale technology options for regional

bioeconomies. [https://be-rural.eu/wp-

content/uploads/2019/10/BE-Rural\_D2.1\_Smallscale\_technology\_options.pdf]

Other examples of feedstock - InnProBio , Factsheet No. 1 What are bio-based products?' available at: [https://innprobio.innovation-

### Notes for teacher, comments and links

procurement.org/fileadmin/user\_upload/Factsheets/Factsheet

"Approximately 490 million tonnes of forestry biomass (dry mass) are currently exploited annually in Europe (including for pulp, paper and other traditional uses). An estimated 245 million tonnes of wood are used in the woodworking and pulp and paper industry annually and 240 million tonnes of wood are used for heat and power production. Forest based raw materials have high shares in the production of biobased products and bioenergy, mainly via the lignin platform. At industrial scale, forest residues and waste wood can be converted to advanced biofuels or intermediates. However, sustainability considerations are very important as increasing the extraction of forest residues and biomass beyond a certain point will inevitably lead to trade-offs between productivity and environmental and economic sustainability. Beyond sustainability considerations, there are technical and economic limitations of forestry biomass used as feedstock" -Tsagaraki, E., Karachaliou E., Delioglanis, I. and Kouzi E. (2017) Biobased products and applications potential, available at: [http://www.bioways.eu/download.php?f=150&l=en&key=441a

4e6a27f83a8e828b802c37adc6e1] p.5

Video: Forest Bioeconomy

What is the forest bioeconomy



Finland is an example of a forest-based bioeconomy. \*play video\* 'Forest based bioeconomy in Finland' https://www.youtube.com/watch?v=w8JaCLECuM4&t=8s

"Even though many people are not aware of it, the bioeconomy is already part of our everyday lives. Biological resources and innovative technologies are already being used to replace unsustainable products and processes that are currently produced from fossil resources. Some biobased goods may even have novel properties which make them superior to the products we currently depend on. " (BioSTEP (2016) Exhibition brochure Glasgow: Bioeconomy in everyday life [http://www.bio-

step.eu/fileadmin/BioSTEP/Bio\_documents/BioSTEP\_Bioecon omy-in-everyday-life\_Glasgow\_Exhibition-Guide.pdf]) Factsheet from BLOOM on the bioeconomy can also be used to introduce bioeconomy (BLOOM Factsheet What is the

bioeconomy (2019) available at: [https://bloombioeconomy.eu/wp-content/uploads/2019/01/BLOOM-Factsheet-What-is-the-Bioeconomy.pdf])

### Alternatives to video in slide:

Video: 'The bioeconomy starts here!'

https://www.youtube.com/watch?v=2xvXkOMRTs4 Video: 'Bioeconomy - University of Hohenheim' https://www.youtube.com/watch?v=OvpD52n1oIM

Video: 'ERIFORE - European Research Infrastructure for

Circular Forest Bioeconomy'

https://www.youtube.com/watch?v=eMnTl0XV\_F4

Video: 'Bioeconomy in Norway'

https://www.youtube.com/watch?v=fJJCkwyHaKA

Video: 'Bioeconomy Knowledge centre'

https://www.youtube.com/watch?v=oPadmhfDAjk

https://www.youtube.com/watch?v=D5KNcdsT2IY&t=68s













The Sustainable Development Goals was introduced by the UN in 2015 and is part of the 2030 Agenda for Sustainable Development (UN Sustainable Development Goals Website [https://sustainabledevelopment.un.org/?menu=1300] Question: Which goals do you think are relevant to a forest-based bioeconomy?

Once answers given – allow images to show up on slides SDG Explanations (UN Sustainable Development Goals Website

[https://sustainabledevelopment.un.org/?menu=1300]): (Can explain all or focus on a few such as SDG 15, 13, 12) (Text in italics can be used to link SDGs presented with rest of the presentation)

SDG 2. End hunger, achieve food security and improved nutrition and promote sustainable agriculture \*as will be seen later on one of the products from the forest bioeconomy is a health drink, showing potential for the forest bioeconomy to provide nutrition\*

SDG 7. Ensure access to affordable, reliable, sustainable and modern energy for all \*forests are a source of renewable energy especially in the form of wood chips and pellets which are burnt to produce renewable energy, switching to energy from the forest bioeconomy can help meet this target\* SDG 8. Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all \*growing the bioeconomy will create new jobs for example in regions such as Vidzeme and Kurzeme\* SDG 9. Build resilient infrastructure, promote inclusive and sustainable industrialisation and foster innovation \*The bioeconomy encourages innovation as new technologies are needed to convert feedstock into biobased products\* SDG 12. Ensure sustainable consumption and production patterns \*resource efficiency, reducing waste and mainstreaming sustainability practices across all sectors of the economy is part of this goal and the bioeconomy has sustainability and circularity as an important aspect of it helping to reduce waste and avoid the depletion of resources\* SDG 13. Take urgent action to combat climate change and its impacts \*The bioeconomy looks to alternatives to fossil fuels to produce products which tend to have lower carbon footprints and also result in less emissions when produced\* SDG 14. Conserve and sustainable use the oceans, seas and marine resources for sustainable development \*using biobased products means less plastics entering and polluting the oceans and affecting marine life. Moreover, technology used to make fibres from forest-based feedstocks does not pollute waters\*

SDG 15. Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss \*This is probably the most significant SDG to a forest bioeconomy as a forest-based bioeconomy will encourage the sustainable use and management of forest and can help halt and reverse land degradation and halt biodiversity loss\*

SDG 17. Strengthen the means of implementation and revitalize the global partnership for sustainable development \* Some SDGs will be more relevant to a forest-based bioeconomy than others. For example, SDG 15.

### Spinnova Ltd

- Technology that can turn wood fibres into yarr without using harmful chemicals
- The produced yams are fire retardant, antimicrobial, as warm as wool, & naturally biodegradable
- The only by-product is evaporated water, which is re-used in the processing
- Scalable technology that can use FSC-certified wood instead of less ecological fibres e.g. cotton, viscose or polyester
- · Creation of new & extended value chains

### Forestry technology:



### Source: Spinnova, 202

### Notes for teacher, comments and links

This process is built upon a mechanical treatment of the pulp, fiber suspension flows and rheology. Spinnova produces fiber out of micro fibrillated cellulose which can be described as a pasty mass of tiny wood fibers. This finely ground pulp mass then flows through a nozzle, where the fibers rotate and align with the flow, creating a strong, elastic fiber network. Using the patented spinning technology, the fiber is spun and dried. The outcome of this process is a fluffy but solid wool-like material, suitable for spinning into yarn and to use for textile production. The only by-product of the process is evaporated water, which is lead back into the process. (Colmorgen and Khawaja, 2019).

Colmorgen, F., Khawaja, C. (2019): Small-scale technology options for regional bioeconomies. BE-Rural Project, https://be-rural.eu/. WIP Renewable Energies, Munich, Germany.

Video on Spinnova: https://spinnova.com/wp-content/uploads/2018/06/Spinnova-vimeo-20180507.mp4?\_=1 [3 minutes] – This video explains more about the company and what they do.

Pelletizing is a pressure agglomeration process that can be used to improve the mechanical and physical properties of solid biofuels. The compacting process leads to the formation of lager fuel particles with reduced surface area. The technology is often used to homogenize the mechanical properties, increase the density and improve the transportation and handling properties. Depending on the feedstock, a water content of 10-15 % is needed to achieve the required physical fuel properties (Colmorgen and Khawaja, 2019)

Colmorgen, F., Khawaja, C. (2019): Small-scale technology options for regional bioeconomies. BE-Rural Project, https://be-rural.eu/. WIP Renewable Energies, Munich.

Company: GEMCO http://www.biofuelmachines.com/

### The process of pelletising includes the following steps: (Colmorgen, Khawaja and Rutz (2020)

- Initial size reduction (chipping) if it is not already in a small size (e.g. sawdust)
- 2. Drying until a moisture content of 8-12%
- Fine grinding using a hammer mill which will grind the raw materials into smaller pieces with a diameter under 5 mm
- 4. Pelletising where pellets are extruded using special dies. High pressure and temperatures are needed in this process, which softens lignin in the wood and binds the material in the pellet together
- 5. Cooling which allows the pellets to become rigid
- 6. Bagging and truck loading

Colmorgen, F., Khawaja, C. and Rutz, D., (2020): *Handbook on regional and local bio-based economies*, available at: [https://be-rural.eu/wp-content/uploads/2020/03/BE-Rural\_D2.5\_Handbook.pdf]

### Forestry technology: Small-scal

### GEMCO, abc Machinery, AMISY

- Technology for pelletising solid biofuels which improves their mechanical & physical properties (eg increased density & homogenisation) & so facilitates transport & handling
- Various feedstocks can be used (eg wood waste, sawdust crop residues) to produce eg animal feed, organic fertiliser, biofuel
- Processing of raw materials in small local plants can create new local income streams





GEMCO Energy. Source: Colmorgen and Khajawa (2019)

### ETIA Biogreen

- Fossil-free pyrolysis process (thermal decomposition of materials at high temperatures in an inert environment)
- Highly versatile system for converting biomas (wood, crops & forest residues) & waste into value products & energy (pyrolysis oil, synga biochar, heat, wood vinegar)
- Ready-to-use technology that is **suitable for fast**, **temporary applications**, & can easily be shipped of
- Suitable for decentralised use on a small-scale, thus creating new income streams



### Notes for teacher, comments and links

"Pyrolysis is the thermal decomposition of materials at high temperatures in an inert environment. The treatment leads to the formation of new molecules and is irreversible. The exclusion of oxygen during the treatment provokes high energy contents in the products received, that often have a more superior character than the original residue. Biogreen® offers a fossil-free pyrolysis process that allows to convert various feedstocks into bio-based products and renewable energy. By not emitting carbon, replacing petroleum-based products and thus sequestrating carbon, Biogreen® contributes to the decarbonization of industries. Biogreen® offers a continuous process based on the Spirajoule® technology, an exclusive process for thermal treatment. The centerpiece of the process is a hollow shaft screw conveyor that is heated by a low voltage current." (Colmorgen and Khawaja, 2019)

Colmorgen, F., Khawaja, C. (2019): Small-scale technology options for regional bioeconomies. BE-Rural Project. https://be-rural.eu/. WIP Renewable Energies, Munich.

Biogreen© is a simple and flexible pyrolysis solution to produce biochar, oil, solid fuels and syngas from your biomass residues. Company website → (http://www.biogreenenergy.com/)

"Spawnfoam developed a process, which enables them to produce an innovative biocomposite material made of fungi, organic additives and biomass from the surrounding agroindustry and forestry. The chopped and blended biomass used is the raw material base for the process. The key of Spawnfoam is the application of mycelium, which works as a bonding agent to cohere the biomass particles. Finally, the composite material can be pressed and molded in different

shapes, depending on the desired product" (Colmorgen and

Khawaja, 2019).

Colmorgen, F., Khawaja, C. (2019): Small-scale technology options for regional bioeconomies. BE-Rural Project, https://be-rural.eu/. WIP Renewable Energies, Munich.

"Erpék Ind offers a mobile wood chipping unit which can be fed with wood based raw material from forest industry, agriculture and municipalities. The woodchipper is mounted on a trailer chassis why it is highly flexible and suitable for different surfaces. Since the woodchipper is driven by an integrated 60 HP diesel engine, it can work autonomously without any external power. The feeding of the chipper is done manually. In one hour, up to 15 m3 of chipped biomass can be produced. The volume of the raw materials can be reduced to 25% whereby the transport and logistic process of wood materials becomes simpler and cheaper". (Colmorgen and Khawaja, 2019)

Colmorgen, F., Khawaja, C. (2019): Small-scale technology options for regional bioeconomies. BE-Rural Project, https://be-rural.eu/. WIP Renewable Energies, Munich.

Wood chips can be divided into the following groups: Forest chips (produced from logs, whole trees, logging residues, or stumps)

Wood residue chips (produced from untreated wood residues, recycled wood, offcuts)

Sawing residue chips (produced from sawmill residues) Short rotation coppice chips (produced from energy crops)" (European Technology and Innovation Platform (2020) Wood chips, available at: http://www.etipbioenergy.eu/valuechains/feedstocks/forestry/wood-chips

### Spawnfoam

- · A 100% biodegradable, biocomposite material made of fungi, organic additives & biom local agroindustry & forestry
- The biocomposite material can be **pressed &** moulded into different shapes (eg pots, packaging material, construction material)
- nposites are as effective & efficient ssil-based counterparts but are r beneficial to the natural

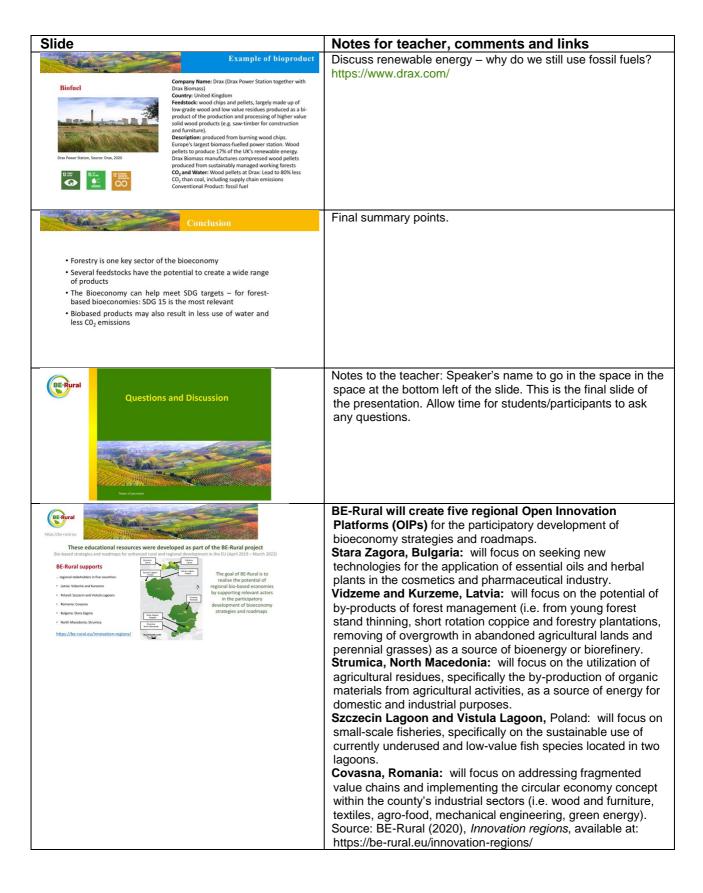


### Erpék Ind SRL

- · The mobile wood chipping unit is highly flexible as it is mounted on a trailer chassis & can operate without an external power source
- The wood chipper requires only a small investment (c. €17,000) & payback can be reached after running for 900 hours
- · Simple technology & high replication potential
- Wood chips have various potential uses (e.g. solid fuel, wood pulp production, mulch)



### Slide Notes for teacher, comments and links Example of bioproduct The Latvia Bioeocnomy Strategy includes producing more sustainable and environmentally-friendly products, and also Health Drink Ho-Fi completely new products (Country Profile: Latvia [https://biooekonomierat.de/fileadmin/profiles\_for\_map/Countr Country: Latvia Feedstock: conifer needle foliage y\_profile\_Latvia\_1.pdf]) Description: Coniferous sodium chlorophyllin is a concentrate of chlorophyll derivatives obtained from coniferous (mainly SPRUCE) extracts. It Image and product information: Biolat 'Healthy drink Ho-Fi contains water-soluble chlorophyll derivatives (chlorines, feophitins, feoforbides), coniferous paraffinic acids and fatty acids sodium salts and other compounds. Sodium chlorophyll stimulates the body's overall immunity. 0.05 %' (2020a) available at: [https://www.biolat.lv/en/products/hofi-en/] Questions: How do they link with the SDGs? - less plastic use Example of bioproduct Company Name: Wild Good Country: Latvia Feedstock: boar hair and sustainably sourced wood Description: Hairbrush with wild boar skin, these bristle brushes are made of wild boar bristle and 100 percent chemical free wood. Boar bristles have been used for centuries and according to the producers they give hair strength, suppleness and get not of static electricity. Boars are numerous in Latvian forests and hunted for their meat, to control the population and to allow agriculture. The fur is a by-product and would otherwise be thrown away. What other plastic products can be made of wood instead? link to products in their everyday life https://www.wild-good.com/ vise be thrown away. ntional Product: Plastic Hairbrush These products are also made from forest biomass and with further investment and development in the Latvian regions these too could be produced there. **Cosmetics Containers** Company Name: Sulapad Country: Finland Feedstock: wood and biodegradable, plant-based Guess what the products are made from before explaining. Description: biodegradable and microplastic-free Discuss benefits and who would be willing to buy this instead material made entirely from renewable sources and certified wood. It can be used as packaging for everything from cosmetics to foodstuff to gift https://www.sulapac.com/. boxes and more. It has all the benefits of plastic, yet it biodegrades completely and leaves no trace once it's gone CO<sub>2</sub> and Water: Carbon neutral Conventional Product: Plastic packaging Guess percentage of material that is wood before showing information. Company Name: Woodio Ltd Country: Finland Feedstock: small woodchips bound together with resin Discuss benefits and drawbacks of using woodbased sink. resin Description: Approximately 80% of the material is solid wood. All Woodio products are disposable as energy waste at the end of their lifecycle. CO, and Water: Woodio products have a significantly lower carbon footprint, throughout the whole product lifecycle, than similar traditional ceranic bathroom fixtures. In fact, 55kg lower per unit. Conventional Product: Ceramic sinks and bathtubs https://woodio.fi/ Example of bioproduc Presenter can ask which SDGs linked to the product before they appear. Feedstock: By-products and residues from agriculture and forestry, mycelium Description Spawnfoam (2020) 'Products' available at: and forestry, mycenum Description: 100% biodegradable, contributing to: + Environmental sustainability; + Decarbonization; + Ecological footprint reduction. CO<sub>2</sub> and Water: the biocomposites ha [http://www.spawnfoam.pt/en/#products] CO, and water: the biocomposites have the potential to replace petroleum-based products, they reduce the dependence on fossil fuels and GHG emissions. Thus, Spawnfoam helps reducing the ecological footprint and contributes actively to decarbonization Conventional Product: Plastic or ceramic pots



### Annex XII – Power Point slides and notes on "Bioeconomy in the fisheries sector"

### Slide



**Bioeconomy in the Fisheries Sector** 



### Outline

### Notes for teacher, comments and links

Notes to the teacher: Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation will explore the potential of the bioeconomy in the fishery sector, by learning about its potentials and challenges. Two small case studies will be presented: Poland and the Faroe Islands. Finally, we will learn about some interesting bioproducts resulting from the implementation of a bio-based economic framework.

Excluding this first slide, outline slide and the video, there are 10 slides - so these slides should take between 10 and 20 minutes to present, depending of amount of explanation. The video is 2 minutes and 9 seconds long.

Notes to the teacher: Briefly run through the topics that will be spoken about in this presentation as shown on the slide.

### The Bioeconomy...

### **European Bioeconomy Strategy**



Notes to teacher: Explain to class that in order to take steps towards sustainability and the avoidance of reaching ecological limits the bioeconomy is very important.

EC (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy.

https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy \_strategy\_2018.pdf

### Bioeconomy overview

Bioeconomy and Circular Economy - waste is a valuable resource





1. Explain bioeconomy to introduce topic and contextualise bioproducts portfolio.

Bioeconomy is defined as the production, utilization and conservation of biological resources to provide information, products, processes and services across all economic sectors aiming towards a sustainable economy (Bell et al., 2018). Bell, J., Paula, L., Dodd, T., Németh, S., Nanou, C., Mega, V. and Campos, P. (2018). EU ambition to build the world's leading bioeconomy—Uncertain times demand innovative and sustainable solutions. New Biotechnology, 40: 25-30.

Video (2 minutes and 9 seconds):

https://www.youtube.com/watch?v=RfRN\_hHeIKk

Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish and Romanian

2. Explain circular economy to give context to bioproducts. Circular Economy is a framework for the development and management of sustainable, waste-as-resource economic system. It aims to keep products, components and materials at the highest utility and value at all times (EC, 2018). European Commission (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. Directorate-General for Research and Innovation, available at: https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf



Fisheries feedstock

What are examples of bioeconomy feedstocks (or raw materials) in the fisheries & aquaculture sector?

In groups of two discuss and write a list of all the bioeconomy feedstocks (or raw materials) from the fishery and aquaculture sector sector that you can think of.

You have 2 minutes

### Notes for teacher, comments and links

Ask students to write a list of all the bioeconomy feedstocks (or raw materials) from the fisheries and aquaculture sector. The next slide has a list of these materials.

Fisheries could by inland or marine; aquaculture could be inland or marine (mariculture).



Fisheries feedstock

Examples of bioeconomy feedstocks in the fisheries & aquaculture sector

- micro and macro algae (also potentially beach-cast algae)
- water plants (also from aquaponics)
- fish (including low-grade fish and fish by-products: bones, skin, oils, heads, viscera, tails, fins, scales, mince, blood, fish excrements\*)
- crustaceans (including by-products: shrimp tails, crab shells)
- shellfish (including by-products: scallops shells, mussel shells),
- other invertebrates (including jellyfish), provided they are sustainably produced.
- \* fish excrements (recovered on filters and settling tanks) from aquaculture is valuable biomass for the production of agricultural fertilizers.

Examples of bioeconomy feedstocks in the aquaculture & marine sector. Source: Bio-based Industries Consortium (2019), Examples of bioeconomy feedstocks. https://ec.europa.eu/knowledge4policy/glossary/feedstock\_en

The European bioeconomy in the fishery sector is estimated to have a turnover of £10bn (EC, 2018a). It also involves 200,000 jobs across all Member States of the EU. Although the processing and trading of fish products is of high importance for the European economy, it generates high amounts of waste during the cycle (EC, 2018b). Processing of fish gives rise to by-products in the form of heads, viscera, shells, frames, skins and others such as tails, fins, scales, mince, blood, etc. These leftovers generated while processing fish are extremely valuable as raw material. The most traded feedstock, and therefore the highest generators of fish waste, are: salmon, tuna, shrimps, and other crustaceans (FAO, 2013). One of the major issues in the fish sector is finding a place for the amounts of fish mort. Its main disposal system is burning the waste in order to produce energy. However, techniques to generate energy from fish waste are still limited. Roughly 66% of fishmeal made from by-products originates from wild capture fish and 34% from aquaculture (EC, 2018c). There are currently many technologies under development to enhance and optimise our use of all fishery resources, from raw material to what we consider as "waste-as-resource" (Europarl, 2020). Most common feedstock after processing fish is: fish processing residues, fish waste, and low value fish. From these it is common to obtain products such as animal feed, Omega-3 fish oil, and protein hydrolysates (\*).

(\*) Protein hydrolysates: any product of hydrolysis. Protein hydrolysate has special application in sports medicine because its consumption allows amino acids to be absorbed by the body more rapidly than intact proteins, thus maximizing nutrient delivery to muscle tissues.

### References

Europarl.europa.eu. 2020. The Fish Meal And Fish Oil Industry - Its Role In The Common Fisheries Policy - Think Tank. https://www.europarl.europa.eu/thinktank/en/document.html?reference=IPOL-PECH\_ET(2003)341942

EC, 2018a. A Sustainable Bioeconomy For Europe: Strengthening The Connection Between Economy, Society And The Environment. Bioeconomy Strategy.

https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf

EC, 2018b. Facts And Figures On The Common Fisheries Policy.https://ec.europa.eu/fisheries/sites/fisheries/files/docs/body/pcp\_en.pdf

EC, 2018c. Targeting fish parasites for a healthier aquaculture industry.

https://ec.europa.eu/research/infocentre/article\_en.cfm?&artid=49518&caller=other

FAO, 2013. Fish to 2030. Prospects For Fisheries and Aquaculture. Agriculture and Environmental Services. http://www.fao.org/3/i3640e/i3640e.pdf



Examples of bioproducts









In the next slides you will see some bioproducts based on "waste" from the fisheries sector

### Notes for teacher, comments and links

Bioproducts are materials, chemicals or energy derived from renewable biological resources. It links to Circular Economy as big percentage of these products focus on reusing most of what we consider waste as their base material (European Commission, 2019). This way, discarded products are used in various ways, helping reduce the amount of waste that goes to landfill which takes decades to degrade and contaminates the environment while doing this. A big benefit of bioproducts is that generally the raw material can be grown, harvested and processed close to the point of consumption.

The skin of fish is highly rich in nutrients and proteins. However, it is not a product we are willing to eat. Therefore, fish processing plants remove this part of the fish before it reaches the market (FAO, 2020). These businesses are left, not only with the skin, but with guts, bones and other waste generated through the process. What to do with these "waste", is a very common question.

Well, many European countries have decided these are not waste but by-products which means skin, guts and bones from fish can still be processed and used to either create new products or implement them in old ones (European Commission, 2018). In the next slides you will see some Bioproducts based on "waste" from the fishery sector. References

European Commission, 2018. Facts And Figures On The Common Fisheries Policy. Basic Statistical Data. [online] Luxembourg: Imprimerie Centrale. Available at:

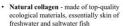
https://ec.europa.eu/fisheries/sites/fisheries/files/docs/body/pc p\_en.pdf

European Commission, 2019. European Bioeconomy Strategy Graphic. [online] Available at:

https://ec.europa.eu/knowledge4policy/publication/updatedbioeconomy-strategy-2018\_en

Fao.org. 2020. Fish Silage. [online] Available at:

http://www.fao.org/3/x5937e/x5937e01.htm irst slide introducing bioproducts related to the waste in the



Nail Polisher - natural and water-based



Examples of bioproducts

fishery sector. These bioproducts are related to the cosmetics field

One of the most famous applications for fish-waste products is recovering the nutrients and proteins within the skin to produce high-quality natural collagen. This collagen is then used to create cosmetics and some pharmaceutical products. Baltic cosmetics are one of the first companies in the Nordic countries to manufacture and launch bioproducts obtained from fish-waste (Baltic cosmetics, 2020).

An interesting product that was released last year by a german company is a water-based nail polisher made from recovered sea algae (Biooekonomie, 2020).

\*Explain how these products are linked to the SDGs – check out page sdgcompass.org for more information on the goals." SDG2 | SDG3 | SDG12 | SDG14 | SDG15

Image references:

Baltic collagen, 2020

SDGcompass, 2020

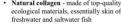
References:

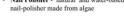
Baltic Collagen. 2020 [online] Balticcollagen.pl. Available at: http://balticcollagen.pl/baltic-collagen-en/

Biooekonomie.de. 2020. Nail Polish | Bioökonomie.De. [online] Available at: https://biooekonomie.de/en/produkt/nail-polish Sdgcompass.org. 2020. Learn More About The Sdgs - SDG Compass. [online] Available at: https://sdgcompass.org/sdgs/





















### Food

- · Recovery of Omega-3
- · Production of fish-based flours and powders
- · Extraction of fish oil

Example - Sea Chips - handcrafted salmon skin crisps, using the often wasted nutrient-packed skin.









### Notes for teacher, comments and links

Slide includes food bioproducts made from fish waste and other products generated in the fishery sector. The main nutrient recovered from fish waste is Omega-3 as it is used for many applications in medicine and nutrition. In addition, there is a current increase in the production of fish-based flour, powders, and oils for cooking and as food supplements (European Commission, 2018b). This product that you see in the photo are salmon skin crisps developed by the company UK Seachips. These crisps are handcrafted and made from recovered skin of salmons in aquaculture farms (Seachips, 2020). A German company has created an algae chocolate called Algen shokolade (Algenheld, 2020). A scientist in the University of Puebla Mexico is developing a toothpaste highly rich in nutrients recovered from the bones of fish (Buap, 2020). \*Explain how these products are linked to the SDGs – check

out page sdgcompass.org for more information on the goals. SDG2 | SDG3 | SDG12 | SDG14 | SDG15

Image references:

SDGcompass, 2020; Seachips, 2020

### References:

Algenheld.de. 2020. Algenheld. https://algenheld.de/ Buap.mx. 2020. Investigador De La BUAP Desarrolla Pasta Dental Reciclando Hueso De Pescado, Benemérita Universidad Autónoma De Puebla.

https://www.buap.mx/content/investigador-de-la-buapdesarrolla-pasta-dental-reciclando-hueso-de-pescado

European Commission, 2018b. Facts And Figures On The Common Fisheries Policy. Basic Statistical Data.

https://ec.europa.eu/fisheries/sites/fisheries/files/docs/body/pc

Sdgcompass.org. 2020. Learn More About The Sdgs - SDG Compass. https://sdgcompass.org/sdgs/ seachips. 2020. Seachips. https://www.sea-chips.com/

This slide relates to produces made from fish waste for packaging food and objects, such as bio-plastic.

Ooho! - sustainable version of conventinal packaging (Notpla, 2020). Made of brown seaweed and additional plants, it resembles plastic in almost all its properties. It was mainly created to replace most, if not all, single-use plastics in packaging. The final product is edible and tasteless and can be stored for long periods without affecting its characteristics. MarinaTex - is also a sustainable alternative to plastic made from fish waste and compostable materials. However, in most aspects, this bioproduct exceeds the characteristics from conventional plastics. For instance, it degrades in the environment within 6 weeks and does not release any toxins or harm the surroundings during the degradation process. Additionally, several tests have proven that at the same thickness, this material is stronger than LDPE (low-density polyethylene).

\*Explain how these products are linked to the SDGs – check out page sdgcompass.org for more information on the goals." SDG2 | SDG8 | SDG9 | SDG12 | SDG13 | SDG14 | SDG15 Image references:

SDGcompass, 2020; Notpla, 2020

### References:

MARINATEX. 2020. https://www.marinatex.co.uk/

Nace, T. (2019), London Marathon Runners Were Handed Seaweed Pouches Instead Of Plastic Bottles. Forbes, 29 April. https://www.forbes.com/sites/trevornace/2019/04/29/londonmarathon-runners-were-handed-seaweed-pouches-instead-ofplastic-bottles/#2311b052ba20

Notpla. 2020. https://www.notpla.com/

Sdgcompass.org. 2020. https://sdgcompass.org/sdgs/ Video: London Marathon swaps plastic bottles for edible Ooho. https://www.youtube.com/watch?v=Z2Qz\_2UtsPM



### **Examples of bioproducts**

### **Packaging**

Ooho! - Sustainable packaging made from a combination of brown seaweed and plants

- · Edible and tasteless packaging
- MarinaTex A home compostable alternative to plastic
- · Made from fish waste and compostable ma · Degrades in the soil environment within 6 weeks













### Slide Notes for teacher, comments and links In this slide, algae as a waste from the fishery sector is ex-**Examples of bioproducts** Another less commonly known waste produced during fishing is algae. The amount of algae extracted from the sea during Clothing commercial and industrial fishing is so high it is very difficult to Bloom - Foam with different applications made from algae waste in polluted water. Material is biodegradable and helps mitigate negative effect from excessive algae growth give an accurate amount. These algae are then put back to the sea or disposed of with the rest of the waste. Initially this should not be a problem. However, an excess of algae in the sea can lead to the depletion of oxygen in these waters, a release of harmful toxins and to a variation in taste and odour in marine ecosystems. Algae are rich in potassium, calcium, iron and magnesium and provide many vitamins essential to human health. Moreover, scientist have proven that through the adequate processes, algae can be transformed into a super-material, as strong as steel but only half its weight. Bloom, a shoe manufacturer, is advocating to reduce the amount of toxic chemicals from human activity which are present in fresh-water. After years of researching in algae technology, they discovered that algae suffer a plasticization process after being subject to heat and pressure. They created the very first sustainable flexi-foam from algae (Bloom, 2020). \*Explain how these products are linked to the SDGs – check out page sdgcompass.org for more information on the goals." SDG2 | SDG3 | SDG8 | SDG11 | SDG12 | SDG13 | SDG14 | Image references: BLOOM, 2020. https://www.bloomtreadwell.com EcoWatch. 2020. Researchers Turn Algae Into A Material As Hard As Steel. https://www.ecowatch.com/algae-science-material-hard-as-steel-2640980632.html Sdgcompass.org. 2020. Learn More About The Sdgs - SDG Compass. [online] Available at: https://sdgcompass.org/sdgs/ NANAI is a compnay which has developed a leather-type material made entirely from salmon skin. \*Explain how these products are linked to the SDGs – check out page sdgcompass.org for more information on the goals." Accessories SDG2 | SDG8 | SDG12 | SDG14 | SDG15 · Leather-type material from salmon skin Images references: NAÑAI, 2020. Nanai Leather - Salmo Leather - Lachsleder || Product. https://www.salmo-leather.de/en/produkt/ Sdgcompass.org. 2020. Learn More About The Sdgs - SDG Compass. [online] Available at: https://sdgcompass.org/sdgs/ Example of bioproducts The company Cuantec produces anti-microbial, compostable food packaging that can make food last longer Process to extract chitin from the shells of langoustines and other sea creatures and process the chitin (\*) to obtain chitosan (\*\*).

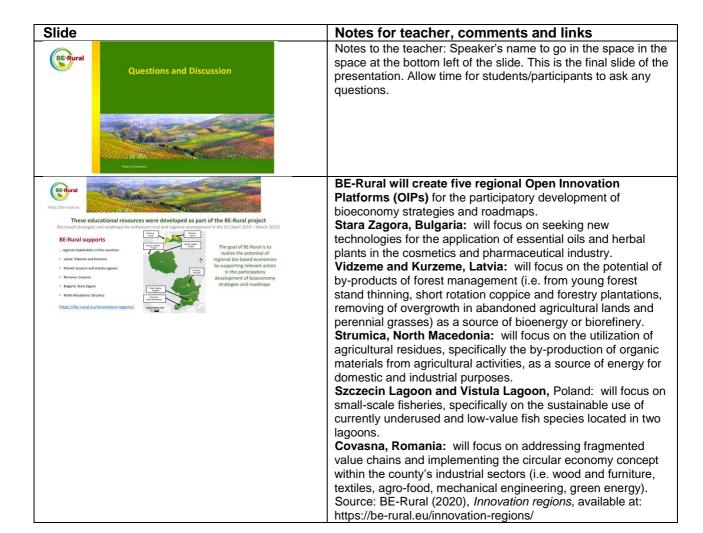
Cuantec is a Scottish blue biotech company with a circular economy model which tackles two of the world's worst problems – food waste and plastic pollution. They produce an anti-microbial, compostable food packaging which can extend the shelf-life of freash seafood. They extract chitin from the shells of langoustines and other sea creatures and process the chitin to obtain chitosan.

\*Play video here (2 minutes and 52 seconds) https://www.youtube.com/watch?v=d9qw5pLiTjQ

The bioplastic produced by Cuantec can make food last longer. Cuantec have succesfully moved away from the conventional and widely used chemical processes to produce chitosan. This process generally implements harmful chemicals and consumes a lot of energy. Instead their biological fermentation process uses 5 times less sodium hydroxide and eliminates the need for hydrochloric acid, making it more sustainable.

Image references:

Cuantec. 2020. Cuantec - Opening Up The Potential Of The Sea. [online] Available at: https://www.cuantec.com/



### Annex XIII – Power Point slides and notes on "Bioeconomy in the sector of essential oils and herbs for cosmetics/pharmaceuticals"

### Slide



New technologies for processing herbs and producing essential oils for the cosmetics and pharmaceutical industries



Notes for teacher, comments and links Notes to the teacher:

Teacher's name to go in the space in the space at the bottom left of the slide. Explain that this presentation introduces the new technologies for processing herbs and producing essential oils for the cosmetics and pharmaceutical industries.

Excluding the video, the outline slide and this first slide, there are 11 slides - so these slides should take between 11 and 22 minutes to present, depending of amount of explanation.

- Bioeconomy overview
  What are essential oils and herbs and how are they made?
- 3. Case study bioproducts
  - a) Herbs in cosmetics

  - b) Herbs in pharmaceuticals c) Essential oils in cosmetics d) Essential oils in pharmaceuticals
- 3. Extracting oils from coffee waste
- SDGs applicable to producing bioproducts in the cosmetics and pharmaceuticals industries
   Examples of the use of Bulgarian rose and snail oil

### Notes to teachers:

Explain the structure of the lecture to students to set the scene on what will be covered.

The lecture provides information on the processing of essential oils and herbs for use in the cosmetics industry and gives some examples of how these are currently being used. Links to the Sustainable Development Goals (hereafter SDGs) are also made to highlight the additional socioeconomic benefits which creating bioeconomies in these industries bring.



- Can avoid the depletion of resources for futu generations and protect the stability of the

### **European Bioeconomy Strategy**

**Presentation Content** 



**Notes to teacher:** Explain to class that in order to take steps towards sustainability and the avoidance of reaching ecological limits the bioeconomy is very important.

EC (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy strategy\_2018.pdf



### Bioeconomy overview

### Bioeconomy and Circular Economy - waste is a valuable resource



1. Explain bioeconomy to introduce topic and contextualise bioproducts portfolio.

Bioeconomy is defined as the production, utilization and conservation of biological resources to provide information, products, processes and services across all economic sectors aiming towards a sustainable economy (Bell et al., 2018). Bell, J., Paula, L., Dodd, T., Németh, S., Nanou, C., Mega, V. and Campos, P. (2018). EU ambition to build the world's leading bioeconomy—Uncertain times demand innovative and sustainable solutions. New Biotechnology, 40: 25-30.

Video (2 minutes and 9 seconds): https://www.youtube.com/watch?v=RfRN\_hHeIKk

Languages for sub-titles for video include: Bulgarian, Latvian, Macedonian, Polish and Romanian

2. Explain circular economy to give context to bioproducts. Circular Economy is a framework for the development and management of sustainable, waste-as-resource economic system. It aims to keep products, components and materials at the highest utility and value at all times (EC, 2018). European Commission (2018), A sustainable Bioeconomy for Europe: strengthening the connection between economy, society and the environment. Updated Bioeconomy Strategy. Directorate-General for Research and Innovation, available at: https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf

### Aromatic plants account for only ~10% of counted plant species globally (rare) e.g.

 These synthesise a unique essence compound which often have health benefits due to their properties (antibacterial/antimicrobial)

lavender/peppermint

- Essential oils are extracted via steam distillation or mechanically through cold pressing
- Can be combined to produce natural products such as face creams, medicines and aromatherapy/herbal remedies

### Technologies for processing essential oils



### Notes for teacher, comments and links

### Notes to teachers:

Explain to students firstly what essential oils are and then how they are extracted from their plant material to be used in cosmetics and pharmaceutical products. Draw students attention to the schematic which illustrates the steam distillation process by providing an annotated diagram of the equipment used. Particularly highlight the rarity of essential oils and thus their potential to produce cosmetics and pharmaceuticals which can be marketed as luxury products and therefore can be a lucrative business opportunity for local manufacturers.

### **Key Information Summary:**

Plants and herbs which have properties valuable to the cosmetics/pharmaceutical industries (moisturizing, skin strengthening, antimicrobial etc). These can be distilled to access their essential oils which are unique to the plant and are often used in flavouring and perfumes. However, it is now being recognized that these could be used to build cosmetics and pharmaceutical economies in place where these types of plants grow well (for example in Stara Zagora). This is due to the recognition of the health benefits of essential oils and herbs such as reducing inflammation, dermatological benefits and wellbeing aromatherapy applications.

Essential oils are present in small quantities (only about 10% of counted plant species globally) making them valuable commodities which can bring lucrative business opportunities and be used to create luxury cosmetics and pharmaceuticals products. Common examples of aromatic plants include lavender and peppermint and these are particularly pertinent to the cosmetics and pharmaceuticals industry. These are seen as luxury products, often more expensive but of higher quality and a more natural alternative to synthetic chemicals used in such products. Therefore, utilizing essential oils from plants can reduce the adverse environmental effects associated with producing synthetic chemicals (energy use etc) and disposal of these chemicals (effluent water pollution and ecosystem disruption).

Essential oils are mainly extracted through steam distillation as seen in the schematic on the slide. Plant material is heated by steam and the vapours are passed through a condenser to separate the essential oil from the floral waters by virtue of their different boiling points, allowing the essential oil to be collected and then used to make cosmetics products and pharmaceuticals which are then enhanced with the properties of the natural essential oil. This reduces the need for the manufacturing of essential oils which has environmental benefits in terms of reducing pollution of water systems (not as many potential harmful synthetic chemicals are entering back into the water systems) and reducing resource use (not as much energy, carbon and water is needed for steam distillation of natural materials than producing synthetic chemicals in factories and using local produce reduces the need to transport resources between manufacturing plants).

### Key Links to Further Information:

https://techni-pharma.fr/en/essential-oils/ https://www.pharmatutor.org/articles/essential-oil Rios, J. (2016). 'Chapter 1 - Essential Oils: What They Are and How the Terms Are Used and Defined.' In: Preedy, V.R. (Ed). Essential Oils in Food Preservation, Flavour and Safety, Academic Press, London, pp3-10.

Figure source:

https://www.pinterest.com/pin/228135537350517432/



Notes to teachers: Explain to students the way herbs are dried, ground and evaporated to be used in cosmetics and pharmaceuticals, highlighting emerging technology of Supercritical Fluid Extraction (SFE) which could become a more sustainable method, further increasing the benefits of using these biomaterials as opposed to synthetic alternatives. Emphasise the potential market for herbal medicines etc and that this could therefore provide a growth industry for areas where these plants grow well. The slide shows a process of the steps which occur to get to the final pure herb extract (eg peppermint oil etc) and it is important to go through each step so the way in which these products come to be used in cosmetics and pharmaceuticals is understood.

### **Key Information Summary:**

- Both researchers and consumers are becoming more aware of the potential of using herbs in medicines due to their health benefitting properties. For example, for 80% of the world's population, herbal medicines are their first line of health care (correct as of 2003 – may have altered in the years since but no further data can be accessed). Additionally, the botanical dietary supplement market in the U.S. has expanded rapidly from US\$ 2.9 billion in 1995 to US\$ 4.8 billion in 2008. Therefore, this is a growing global market, as consumers demand less synthetic chemicals which have negative effects in terms of marine pollution and product safety. This shows that there is appetite for natural biomaterials such as herbs in pharmaceutical products.
- Herbs can be processed in several ways to access the health benefitting properties they contain. However, before processing can begin, the herbs must be dried so that bacteria and fungi don't form if any moisture is present. The dried plants are then ground to increase their surface area, meaning chemical reactions with the added solvents are sped up and extraction vields are increased. The solvents added to the dried herb powders are then subject to heat, pressure or microwave power in order to allow the phytochemicals within the herb cells to diffuse out into the solvent. This either forms a mixed liquid or two layers if an essential oil is produced as this will not mix with the solvent. Evaporation by virtue of their different boiling points allows the separation of the herb extract/essential oil and water. This process is facilitated usually through a rotary evaporator. The herb extract is then processed further to create pure, natural products.
- Now, Supercritical Fluid Extraction (SFE) (which uses CO<sub>2</sub> as the solvent) is becoming more popular due to the recognition of the ability to gain a high yield of extraction from herbs at lower temperatures and with less harmful environmental and health impacts than organic solvents since it is non-toxic.
- The herb extracts and essential oils produced can then be used in several cosmetic and pharmaceutical products.

### **Key Links to Further Information:**

Quotation source: WHO (2003) Traditional Medicine, WHO. 1995 data: Aarts T. (1998) Industry Overview. Nutrition Business Journal 3(9):1-5.

2008 data: Nahin R., Statistics N. (2009) Costs complementary and alternative medicine (CAM) and frequency of visits to CAM practitioners. US Department of Health and Human Services. Azmin, S.N.H.M., Manan, Z.A., Alwi, S, R, W., Chua, L.S., Mustaffa, A., Yunus, N. (2016) 'Herbal Processing & Extraction Technologies.' *Separation and Purification Reviews*, 45: 1-57. Fornari, T., Vicente, G., Vázquez, E., García-Risco, M.R., Reglero, G. (2012). Isolation of essential oil from different plants and herbs by supercritical fluid extraction. *Journal of Chromatography*, 1250: 34-48.

### Slide **Herbal Cosmetics Bioproducts** Soothing and Healing Benefits • 100% Peppermint essential oil algae extract and volcanic PEPPERMINT rock granules Smooth hard (Alginate) Algal skin while blooms possible source material

### Notes for teacher, comments and links

Notes for teachers: Explain the use of herbs in cosmetics products using the two examples on the slides. Firstly explain how using algal plants can add in soothing and healing properties to skin products such as the face mask shown on the slide. Then, draw students attention to a more familiar herb (peppermint) which also has soothing benefits when used in pampering products such as foot scrubs as shown. Stress that both these products are available to purchase online or in store today and so highlight that these bioproducts which are advocated to be created are not abstract ideas but are available for people to use now. If possible and have physical examples could pass these around the class and let students see the tangible products which can be created from naturally growing herbs.

### **Key Information Summary:**

ALGAE FACE MASK: Made from Polish based company Bielenda. Active ingredients: Diatomaceous clay, Alginate (100% brown algae extract). It calms and soothes the skin after treatments / eliminates redness / intensifies the process of microdamage regeneration and improves skin firmness and elasticity. Algae grow readily and work as the trees of the oceans (ie undertake photosynthesis), taking in carbon dioxide and producing oxygen. Therefore, utilising these important, abundant herbs can act to reduce the amount of synthetic chemicals which need to be produced. Algae come in many different species and often build ups called algae blooms are removed from lakes to increase their aesthetic value, particularly in managed parks. This removal of algae could serve as a source for the biomaterial's use within the cosmetics industry to create natural products free from harmful chemicals for the user and the environment once these make their way back into the water system through drains.

PEPPERMINT FOOT SCRUB: Uses essential oil from the peppermint herb. Mixed with volcanic rock granules to produce a scrub which will smooth hard skin and provide a cooling and soothing effect during and after application. The herb has many benefits (other than its flavor and fragrance) which can be used in cosmetics products such as its moisturizing effect particularly for lip balms and ability to reduce inflammation of the skin makes it useful in products such as moisturisers and face creams.

### **Key Links for Futher Information:**

https://www.sciencedirect.com/science/article/pii/S0960852414 017350

https://bielendaprofessional.pl/en/products/ultra-soothingalgae-face-mask-with-diatomaceous-clay https://www.thebodyshop.com/en-gb/body/footcare/peppermint-reviving-pumice-foot-scrub/p/p000737 McKay, D.L., Blumberg, J.B. (2006). A review of the bioactivity and potential health benefits of peppermint tea (Mentha piperita L. Phytotherapy Research, 20: 619-633.

Notes for Teachers: Draw students attention to the Spirulina nutritional supplement which can be used to ensure users are intaking the required amounts of vitamins and minerals to maintain a healthy diet and lifestyle. Then draw attention to peppermint oil capsules, highlighting how one herb can be used in different ways depending on its differing beneficial properties. For example, not only for use in cosmetics but also to reduce bloating etc in herbal medicine remedies. Highlight how herbal medicines are popular on the market currently, but that their increased advertising and use could help reduce use of artificial medicines which may be more harmful both to consumers and the environment if toxic chemicals are released into water and ecosystems.

**Key Information Summary:** SPIRULINA NUTRITIONAL SUPPLEMENT:



- algae 66% protein High in (immune system
- support) Good (contributes to healthy
- - EPPERMIN
- combined with eucalyptus/ clove oil can combat

allergies

syndrome

### Notes for teacher, comments and links

Nutritious blue-green algae cyanobacteria (66% protein (!) – as well as fibre, B vitamins, manganese, iron and calcium). Spirulina powder is rich in vitamin B1 (thiamine) which contributes to the normal function of the heart, psychological function and immune system. Spirulina powder is super high in plant-based protein, with 15g providing just under 10g of protein. Protein helps us to maintain muscle mass. Spirulina powder is bursting with vitamin A, which contributes to a healthy functioning immune system. Spirulina powder contains lots of iron, which helps the body feel less tired and fatigued as well as transporting oxygen around the body. Spirulina is a good source of calcium, which contributes to the maintenance of healthy bones. Again, algae is an abundant natural resource which can be utilised for its particular health benefits.

### **PEPPERMINT OIL CAPSULES:**

Peppermint oil has been proven to have health benefits such as reducing bloating and irritable bowel syndrome. The oil can also be combined with other oils to have additional effects (e.g. when combined with eucalyptus and clove oil it can reduce symptoms of allergies and so can be used as a natural remedy for conditions like hay fever instead of having to use artificial antihistamines. Additionally, if used with coconut oil, it is said to reduce fever symptoms.

Reducing the need for artificial medicines not only reduces the energy needed to produce these and transport them to labs where the medicines are made. It also means when these medicines are disposed of/dissolved back into the water system, they do not contaminate marine ecosystems as the herb extracts are non-toxic and, thus, not harmful to humans or marine life.

### **Key Links to Further Information:**

https://naturya.com/single-ingredients/spirulina-powder https://thracianoils.com/peppermint-oil/) McKay, D.L., Blumberg, J.B. (2006). A review of the bioactivity and potential health benefits of peppermint tea (Mentha piperita L. *Phytotherapy Research*, 20: 619-633.

Notes for Teachers: Draw students attention to each product which utilises essential oils mostly for added moisturization, giving the cosmetics products an additional dermatological benefit. Highlight that Baltic Collagen cream comprises many different essential oils and uses waste material from the fishery industry so is seen to be circular in the sense that no artificial products need to be manufactured (reducing the energy and resources involved in this) and what was previously viewed as waste material is now formed into high value products. Highlight the opportunities of growing aromatic plants organically to ensure no artificial fertilisers contaminate land and products are naturally safe for human use, especially on sensitive and allergy-prone skin.

### **Key Information Summary:**

BALTIC COLLAGEN EXCLUSIVE CREAM: Polish based company (Gdynia). Uses freshwater and saltwater fish skins to retrieve natural collagen. In contrast to artificial collagen creams, a small amount of gel is enough to moisturize and enrich the skin with valuable substances. Importantly, the products from the Baltic Collagen line do not contain any chemical additives: fragrances or dyes. It is a completely natural hydrate of connective tissue protein obtained from freshwater and marine fish, thus reducing fishery waste whilst creating a dermatologically advantageous product.

JUICY BEAUTY PHYTO-PIGMENTS SHEER LIPGLOSS: Contains the Juice Beauty exclusive Moisture Plant Blend (glycerin, betaine and phospholipids) to increase skin hydration



### Notes for teacher, comments and links

and the Juice Beauty Phyto-Pigments exclusive blend of pomegranate and rose essential oils. US based company which grows their own ingredients organically on their own farm in California. On their company website www.juicybeauty.com, they herald the benefits of growing and using natural and organic products such as rose and pomegranate, as in the lipgloss range. For example, they say "According to a study conducted by The Organic Center, organically farmed fruits and vegetables can increase antioxidant levels by nearly 30 percent compared with produce grown on conventional farms." Therefore, using these naturally occurring essential oils can have dermatological benefits as well as reducing environmental pollution from harmful synthetic chemicals. They argue essential oils such as rose etc increase the moisturisation of the products too, meaning their cosmetics, such as the lipgloss shown, have additional benefits to conventional cosmetics products.

### **Key Links to Further Information:**

http://balticcollagen.pl/baltic-collagen-en/ https://juicebeauty.com/pages/why-juice https://juicebeauty.com/collections/makeup-shop-by-categorylips/products/phyto-pigments-sheer-lip-gloss

Notes for Teachers: Highlight how Biolat cream can be used to treat inflamed skin due to the healing properties found in conifer tree essential oils. Draw students attention to the mental health benefits of lavender oil (helps reduce anxiety etc) as well as the conventional physical health benefits (treating cuts and grazes) of the pharmaceutical product.

### **Key Information Summary:**

BIOLAT 'SILBIOLA CREAM': Made from essential oils -Silbiols is an extract of spruce with bio-active compounds containing epimanol, phytosterols etc. The essential oils are extracted from conifer trees such as spruce and pine trees These are used in aromatherapy, body butter and creams as seen here for inflamed or allergic skin as the essential oils have cooling and healing properties. Also used in health drink Ho-Fi to supplement the diet, especially during winter. So, Biolat process the raw plant materials in the way previously described (mainly conifer needle foliage) to extract the bioactive substances and turn them into high-quality products that are good for strengthening health, supplementing diet, cosmetic use and plant protection.

LAVENDER ESSENTIAL AROMATHERAPY OIL: Lavender is one of the most popular essential oils for use in pharmaceuticals, especially aromatherapy applications due to its soothing properties. It is extracted using steam distillation as explained previously. Costs £12.95 for just 20ml of the organic pure oil (quite expensive as marketed as a luxury product). The soothing properties of Lavender essential oil will help calm anxiety, improve relaxation and help to promote a good night's sleep. Used on the skin, Lavender is effective for soothing minor cuts and grazes and can also provide nourishment to dry or sun-chapped skin.

### **Kev Links for Further Information:**

https://www.biolat.lv/en/products/needle-processing-products/ https://www.tisserand.com/aromatherapy/lavender-ethicallyharvested-pure-essential-oil-20ml/

- Soothing / calming properties Essential oils trees eg pine, spruce Cream for allergy-prone / inflamed skin due to cooling and
- healing properties



- lavender oil promote a good night's sleep Sooth minor
  - cuts and



Extracting oils from waste coffee

### Extracting oils from waste coffee

- Oils extracted from waste coffee are a sustainable alternative to palm oil.
- Palm oil derivatives occur in approximately 70% of cosmetics produced globally (Zuckerman, 2017).
- By using waste coffee instead of palm oil, this could reduce the negative environmental impacts from deforestation whilst reducing coffee waste going to landfill.



### Notes for teacher, comments and links

### **Notes to Teachers:**

Play youtube video describing Revive Eco by clicking on image or using the following web link:

https://www.youtube.com/watch?v=lc7dYah5CtM&feature=you tu.be (Video duration 1 minute 20 seconds). Use this to highlight the key aspects of Revive Eco, what their company ethos is and how they collect waste coffee grounds to be used to make high value products such as for the cosmetics and pharmaceuticals industries by extracting essential oils from the coffee. Highlight the importance of finding alternatives to palm oil by explaining the vast environmental damage mass production of this oil is having globally, most widely reported in the Amazon. Finally, draw students attention to the benefits which could be felt by using waste biomaterial as an alternative in cosmetics and pharmaceuticals which rely quite heavily on palm oil for production of many products.

### **Key Information Summary:**

"In the UK, we drink 55 million cups of coffee each day, leading to over half a million tonnes of coffee grounds being generated and wasted" (Revive Eco website). Revive Eco uses these waste coffee grounds, collecting them from local cafes and businesses. Revive Eco extract oils from the coffee grounds in a German lab, which provides them with many different essential oils which can be used in the pharmaceuticals, cosmetics & food industries. One of these such essential oils can be an environmentally conscious alternative to palm oil which has the potential to make a big impact on the negative effects of deforestation for the production of palm oil.

Palm oil is extracted from the fruit of the oil palm tree. "Now, Indonesia and Malaysia make up over 85% of global supply but there are 42 other countries that also produce palm oil" according to the WWF website (WWF, 2020). However, there is mass media attention on the effects deforestation from palm oil production is having in the Amazon rainforest. It is a growing industry in parts of the Amazon both for its use in the manufacturing of many different products, but also as a form of biofuel for the region. "From 2010 to 2012, the palm oil sector presented an impressive increase, from 1090 km<sup>2</sup> to almost 1400 km<sup>2</sup> in Pará state, the largest producer, due to bioenergy demands." (Carvhalo et al, 2015: 868). This is having negative environmental effects as species, such as Orangutans, are becoming extinct and reducing tree numbers has implications for climate change. "Palm oil is in nearly everything - it's in close to 50% of the packaged products we find in supermarkets, everything from pizza, doughnuts and chocolate, to deodorant, shampoo, toothpaste and lipstick." (WWF, 2020). This is especially true of cosmetics as palm oil derivatives occur in approximately 70% of cosmetics produced globally (Zuckerman, 2017). Therefore, if Revive Eco are able to provide a widely used alternative to palm oil, this could greatly reduce the negative environmental impacts from deforestation whilst reducing coffee waste going to landfill.

### **Key Links To Further Information:**

https://revive-eco.com/about/

deforestation-climate-change/.

WWF (2020). 8 Things to Know About Palm Oil. https://www.wwf.org.uk/updates/8-things-know-about-palm-oil. Carvhalo, C.M, Silveira, S., Rovere, E.L., Iwama, A.Y. (2015). Deforested and degraded land available for the expansion of palm oil for biodiesel in the state of Pará in Brazilian Amazon. Renewable & Sustainable Energy Reviews, 44: 867-876. Zuckerman (2017). Palm Oil Controversy. https://www.vogue.com/projects/13535833/palm-oil-controversy-beauty-products-ingredient-sourcing-



WLEDGE PLATFORM

### Notes for teacher, comments and links

Notes to Teachers: Explain how the Sustainable Development Goals (SDGs) aim to encourage sustainable development and highlight how these can be related to using essential oils and herbs for cosmetics and pharmaceuticals as explained in the information summary below. Encourage students to look at the SDGs website

(https://sustainabledevelopment.un.org/?menu=1300) either in class or in their own time to understand all 17 goals and their targets that were not explained in depth here as other may be applicable and this can encourage critical thinking and wider understanding of how bioeconomies can help to solve global issues such as unemployment and climate change.

### **Key Information Summary:**

The SDGs overall aim is to encourage sustainable development globally in a fair manner. Encouraging the implementation of bioeconomies is key to many of these goals and their targets. For example...

SGD 8 (Decent work and economic growth) - Creating bioeconomies provides jobs in new industries. According to Trading Economics, the unemployment rate in Bulgaria at the end of 2019 was approx. 5.9%, compared to the UK unemployment rate of 3.8%. Therefore, there is scope to reduce the unemployment rate through creating new job opportunities, particularly in the rural region of Stara Zagora, not just in major cities. This works towards Target 8.3 which advocates the need to "Promote development-oriented policies that support productive activities [and] decent job creation..." as well as Target 8.2 which seeks to "achieve full and productive employment and decent work for all women and men, including for young people and persons with disabilities..." by 2030. Creating these value-added products can be seen to stimulate new industry and work towards decreasing the unemployment rate in the area, whilst bringing in new economic prosperity. Target 8.9 also seeks to "devise and implement policies to promote sustainable tourism that creates jobs and promotes local culture and products..." and thus the possibility of advertising a new 'healing tourism' in Bulgaria and elsewhere. For example, encouraging people to come on wellness holidays and view the farms where they grow the aromatic plants may add another layer of development to the drive to increase employment and economic prosperity (this is possible with Bulgaria's reputation as a world leader in rose and lavender growth).

**SDG 9** – (Industry, innovation and infrastructure) – The target particularly of concern here is Target 9.4 which states "By 2030, upgrade infrastructure and retrofit industries to make them sustainable, with increased resource-use efficiency and greater adoption of clean and environmentally sound technologies and industrial processes..." Therefore, there is an explicit call for industry to think of new practices in terms of production to minimise their environmental effects, and reducing and reusing waste is a way to do this. Although not explicitly, this target encourages circular economy models which use waste resources and therefore create industries which are sustainable in terms of greenhouse gas emissions and waste disposal. Using essential oils and herbs to create bioproducts for the cosmetics and pharmaceuticals industry can thus be seen to increase economic growth, whilst keeping in line with the environmental values at the heart of the SDG's.

**SDG 11** (Sustainable cities and communities) – Target 11.A aims to "Support positive economic, social and environmental links between urban, peri-urban and rural areas by strengthening national and regional development planning."

### Notes for teacher, comments and links

Therefore, the BE-Rural project, encouraging the development of sustainable business particularly in rural areas can be seen to increase local culture, and strengthen links between regions within a country by reducing socioeconomic inequalities such as job opportunities and economic prosperity. Through creating bioeconomies in Stara Zagora this aims to create links between this area and industries across not only Bulgaria, but more widely if companies are to export their products and compete in global cosmetics and pharmaceuticals industries.

**SDG 12** – (Responsible consumption and production) – Target 12.2 is perhaps the most important to consider here. It states "By 2030, achieve the sustainable management and efficient use of natural resources." This is an ambitious target and is broken down into material footprint and domestic material consumption indicators. Therefore, by using waste biomaterial, this both reduces material footprints (as less new plastic etc is required to make the same products) and reduces consumption as these biomaterials are reducing waste from other industries.

Other goals are also important but these are, in my opinion, the most relevant for creating bioproducts from essential oils and herbs in the cosmetics and pharmaceuticals industries.

### **Key Links to Further Information:**

https://www.un.org/sustainabledevelopment/sustainabledevelopment-goals/

Unemployment statistics available at: Bulgaria

(https://tradingeconomics.com/bulgaria/unemployment-rate) UK (https://tradingeconomics.com/united-kingdom/unemployment-rate)

Notes to Teachers: Explain how Phytocode are utilising
Bulgarian rose oil in cosmetic products currently and the
potential for this to be used widely. This helps to illustrate that
these are not just abstract ideas but are possible and

### available, albeit not on industrial scales, right now. **Key Information Summary:**

Some examples of Bulgarian use of native oils and herbs for the cosmetics and pharmaceuticals industries already exist, proving the opportunity is viable. Phytocode is a Bulgarian based beauty company utilising naturally grown local oils such as rose oil to create natural beauty products such as the day cream from the Rose Kiss range. The rose oil has good hydrating properties and can eliminate acne inducing bacteria. Thus, as well as meaning local cosmetics industries don't need the additional cost of importing artificial oils for their products, using local rose oil reduces the carbon footprint of the manufacturing process and increases the dermatological effects of the product, compared to other moisturisers without this essential oil.

### **Key Links to Further Information:**

http://phytocode.net/products/rose-kiss/protective-day-cream/Danube Transnational Programme (DanuBioValNet), (2019). 'Top Bio-based products in the Danube Region, page 12. Available at: http://www.interreg-danube.eu/uploads/media/approved\_project\_output/0001/30/a

danube.eu/uploads/media/approved\_project\_output/0001/30/a 319626f134bfa2747eab95550024252de5b37c0.pdf

### Phytocode

### Bulgarian Rose Oil

- Beauty Brand based in Bulgaria
- Utilises locally grown rose oil
- Reduces energy/carbon emissions involved in importing chemicals for production
- Increases dermatological benefits for consumer
- Uses waste plant material



Phytocode Rose Kiss Protectin

Rosa Damascena

#### Slide

#### **Bulgarian Rose and Snail Oil**

- Using foreign exchange rates costs approx. £11.75 for 50ml
- Rose oil, Rose absolute, snail
- Moisturising and rejuvenating qualities
- Grown locally
- · Tourism potential

#### Notes for teacher, comments and links

#### **Notes For Teachers:**

Explain the Rosa Damascena product putting emphasis on the healing tourism aspect they incorporate through holding tours of their gardens in which they grow the roses to be used to provide dermatological benefits to their products. Highlight how this relates to the BioStep Report (2018) and helps to contribute to achieving the SDGs by creating additional jobs and prosperity within the tourism sector.

#### **Key Information Summary:**

Again, this product utilses rose oil grown locally in Bulgaria. Damascena combines this with Rose absolute and 100% snail extract to formulate their intensive day cream. This rejuvinates the skin and strengthens tissue and can be used on sensitive skin as the components are hypoallergenic. Damascena have their own "complex" in which they grow over 150 different types of roses to make their different cosmetic products. Additionally, this encourgaes a tourism industry as the company lead tours through their gardens and sell their essential oils (e.g. rose oil) as well as sample of their oils in food stuffs like jams/drinks. This could provide additional jobs and income for the region if utilised as a national point of interest and could encourage tourists to Bulgaria more widely. This, therefore, contributes to the Biostep (2018) report calling for more promotion of healing tourism to increase bioeconomies in the region.

#### **Key Links to Further Information:**

https://www.damascena.net/en/produkt/day-face-cream-withbulgarian-rose-oil-and-snail-extract-50ml/

Zelljadt, E., Stoyanov, M., Bianchini, C., Mazzariol, F., Davies, S., Millar, K. (2018). 'Strategies for Strengthened Regional Bioeconomies in Stara Zagora and Veneto.' Biostep Report.

Notes to the teacher: Speaker's name to go in the space in the space at the bottom left of the slide. This is the final slide of the presentation. Allow time for students/participants to ask any questions.







These educational resources were developed as part of the BE-Rural project



BE-Rural will create five regional Open Innovation Platforms (OIPs) for the participatory development of bioeconomy strategies and roadmaps.

Stara Zagora, Bulgaria: will focus on seeking new technologies for the application of essential oils and herbal plants in the cosmetics and pharmaceutical industry.

Vidzeme and Kurzeme, Latvia: will focus on the potential of by-products of forest management (i.e. from young forest stand thinning, short rotation coppice and forestry plantations, removing of overgrowth in abandoned agricultural lands and perennial grasses) as a source of bioenergy or biorefinery. Strumica, North Macedonia: will focus on the utilization of agricultural residues, specifically the by-production of organic materials from agricultural activities, as a source of energy for domestic and industrial purposes.

Szczecin Lagoon and Vistula Lagoon, Poland: will focus on small-scale fisheries, specifically on the sustainable use of currently underused and low-value fish species located in two lagoons.

Covasna, Romania: will focus on addressing fragmented value chains and implementing the circular economy concept within the county's industrial sectors (i.e. wood and furniture, textiles, agro-food, mechanical engineering, green energy). Source: BE-Rural (2020), Innovation regions, available at: https://be-rural.eu/innovation-regions/

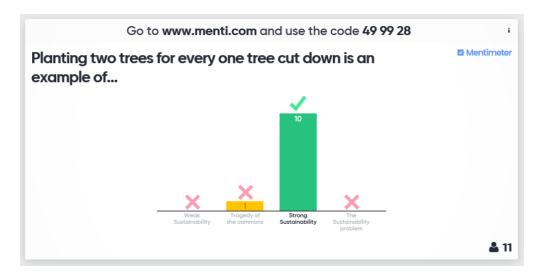
#### **Annex XIV - Mentimeter Ideas**

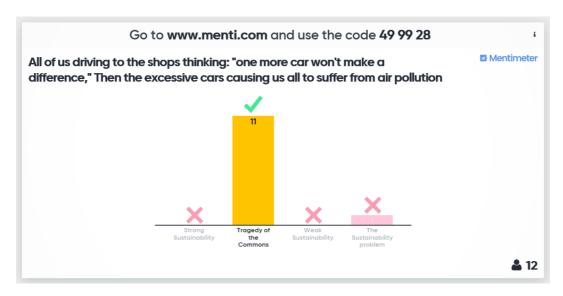
Mentimeter is an interactive presentation software platform that allows a presenter to get real-time input from participants with live polls, quizzes and word clouds (check <a href="https://www.mentimeter.com/features">https://www.mentimeter.com/features</a>). The audience needs their mobile phones to participate, and WiFi or mobile data to be able to get online and submit their answers. Anyone answering questions needs to insert the code that corresponds to the presentation. This code can be seen at the top of the Mentimeter slides. Mentimeter can be used in presentations or workshops to engage and interact with the participants, but it can also be used to gather data or opinions from the audience (for example question below on "Which bioproducts made from fish waste would you be willing to try"). The quiz is shown on a screen, e.g. a projector screen, and participants see the same screen on their phone. For each question, they type their answers and everyone can see the results on the screen. To create a single word cloud slide and three multiple choice quiz questions it can be made with a **free** account.

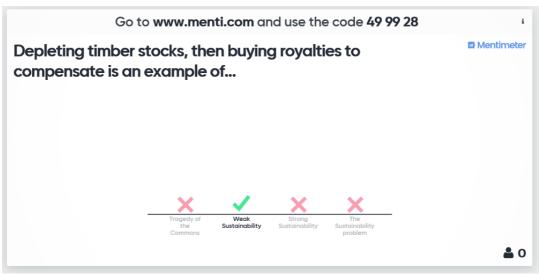
**Word Cloud Example -** Participants typed into their phones the words that they associate with sustainability and the Mentimeter creates a word-cloud with the most common words in the biggest font. Bottom right corner shows the number of people who took part. On the top there is the code that all participants needed to type in their phones when they went on the Mentimeter web page:



Several quiz questions examples related to sustainability:

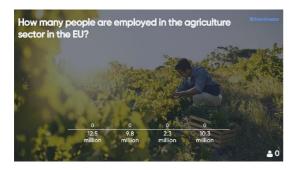






The above questions were done for free. The questions below were input using a premium Menti plan which allows for a larger amount of questions to be available. The following quiz slides were designed to be visually appealing and to be as interactive as possible. To create the slides, choose the type of question in the Mentimeter content tab and the type of answer layout appropriate to the question. Then, write the question and the answers and make sure the option 'Give correct answer' is selected – this should be active for all questions except the ones about personal opinion and the word-cloud questions. Finally, add a background picture to each slide according to the topic of each question. This will make the quiz more dynamic as the white background for a larger number of slides can become monotonous.

The Mentimeter quiz is an extremely interesting and engaging format that introduces an element of fun and competitiveness when users are able to see how many people get each answer correct. Check the "Data Processing Agreement Statement" on how Mentimeter handles personal data (Mentimeter, 2020).











How many people are employed in the agriculture sector in the EU?

Answer: 9.8million

European Commission, 2018. A Sustainable Bioeconomy For Europe: Strengthening The Connection Between Economy, Society And The Environment. Bioeconomy Strategy. https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf

What is the turnover of the European bioeconomy?

Answer: £2.3 trillion

European Commission, 2018. A Sustainable Bioeconomy For Europe: Strengthening The Connection Between Economy, Society And The Environment. Bioeconomy Strategy. https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf

How much profit does the bioeconomy in the agriculture sector generate annually?

Answer: £380 billion

European Commission, 2018. A Sustainable Bioeconomy For Europe: Strengthening The Connection Between Economy, Society And The Environment. Bioeconomy Strategy. https://ec.europa.eu/research/bioeconomy/pdf/ec\_bioeconomy\_strategy\_2018.pdf

How much profit does the bioeconomy in the fishery sector generate annually?

Answer: £10 billion

European Commission, 2018. Facts And Figures On The Common Fisheries Policy. Basic Statistical Data. https://ec.europa.eu/fisheries/sites/fisheries/files/docs/body/pcp\_en.pdf Image source: European Commission, 2018. Targeting Fish Parasites For A Healthier Aquaculture Industry. [https://ec.europa.eu/research/infocentre/article\_en.cfm?&artid=49518&caller=other

What words come to mind when you hear the word biofuel?

Answers: wheat, biodiesel, crops, biogas, fossil-fuels, ethanol, cars, planes, refinery, salmon, fish skin, fish bones, fish oil...

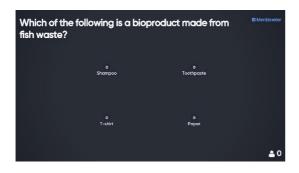
Image source: Genetic Literacy Project., 2018. CRISPR-Edited Yeast Could Make Biofuel Production More Efficient. https://geneticliteracyproject.org/2018/08/15/crispr-edited-yeast-could-make-biofuel-production-more-efficient/



Which words come to your mind when you hear "fish waste"?







How many bioproducts mentioned before made from fish waste can you remember?

Answers: face cream, leather, fish oil, crisps, biofuels, Omega-3, fish powder, fish flour, edible packaging, (bio)plastic, shoes, bags, carpets, chocolate, toothpaste, nail polisher...

OBIC, 2015. What Are Bioproducts? OBIC, Ohio State Univ https://www.youtube.com/watch?v=eCwPj0RGBRs

Which words come to your mind when you hear "fish waste"?

Answers: location, fish skin, dead fish, guts, fish bones, odour, algae, nets, nylon...

Aquaculture Directory, 2015. Nearly Half Oo U.S. Seafood Supply Is Wasted, http://aquaculturedirectory.co.uk/nearly-half-of-us-seafood-supply-is-wasted/

What country will ban all single use, non-biodegradable plastics by 2022?

Answer: China

In addition, Costa Rica will ban all single-use plastic by 2021.

What is the quantity of milk wasted every year in the UK?

Answer: 330,000 tonnes

Image source: Association for Dietetics in South Africa (ADSA) 2015. NutritionConfidence Blog. World Milk Day. https://nutritionconfidence.wordpress.com/2015/06/01/world-milk-day/

[Data for another country can be used instead.]

Which of the following is a bioproduct made from fish waste?

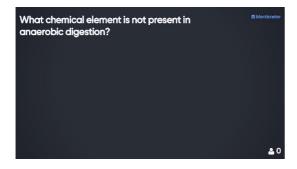
Answer: Toothpaste



Which of these bioproducts made from fish waste would you be willing to try?

Answer depends on participants' likes.

Image source: Notpla. 2020. We Make Packaging Disappear - Notpla. [online] Available at: https://www.notpla.com/



What chemical element is not present in anaerobic digestion?

Answer: Oxygen

Anaerobic digestion is a chemical process which can be used convert organic material into biogas. (3 guesses allowed)



Which of these bioproducts made from fish waste would you be willing to try?

Answer depends on participants' likes.



Which of these products are made from dandelion?

Answer: Car tyre

#### Annex XV - Workshop and Card Game "Business Match"



In this workshop participants play the game "Business Match". The workshop was developed to inspire participants about the innovativeness of emerging circular business models and the possibilities created by circular economy concepts. It aims to familiarise the participants with various types of circular business models and enable them to recognise these in daily life by using 25 company case studies. Plus, shows links to the UN Sustainable Development Goals (SDGs).

The game "Business Match" has 25 cards with brief descriptions on companies which offer their products and services using one of these five circular business models (identified by Accenture 2015):

- 1. Circular Supplies
- 2. Resource Recovery and Recycling
- 3. Product Life Extension
- 4. Sharing Platforms
- 5. Product as a Service

Game can be played individually or in groups. Game takes 15-30 minutes depending how game is played and amount of discussion. Before starting the game, workshop leader could briefly introduce and explain the circular business models in a presentation.

#### Two different ways to play game:

- A. Walk to answer. The titles of the five circular business models can be written in large font and be distributed in a room. Each participant is given one of the cards and must walk to the designated areas for the correct circular business model that they think their cards belong to. They can see other students' cards there and discuss with them about the cards they have. Or they can also explain to the class why they think their cards belong to a particular circular business model.
- **B. Compete individually or in groups.** An equal number of cards is distributed to each person/team and each person/team must match the cards with correct circular business models. Person/team with higher number of correctly categorised cards wins the game. Activity takes 10-30 minutes depending number of cards per person/team and amount of discussion among team members.

#### Advanced discussion - What other business models may be suitable for each company?

Using the "information for further study on the 25 companies", discuss what other business models may be suitable for each company. Although the majority of the 25 companies were selected because they clearly use or highlight the use of one of the circular business models, the reality is that business models are not clear cut and some businesses adopt multiple circular business models. For example, product-as-a-service system retains the ownership of the products which they could repair or recycle when the products are no longer suitable for leasing. Some companies use a combination of new biological resources and waste materials from other industries to make products. Also some business models themselves could overlapped. For example, both the sharing platforms and product-as-a-service system involve the concept of sharing the same products with multiple users.

Accenture (2015) Accenture Strategy. Executive Summary of "Waste to Wealth" book by P. Lacy and J. Rutqvist, https://thecirculars.org/content/resources/Accenture-Waste-Wealth-Exec-Sum-FINAL.pdf

### Instructions for the "Business Match" Game



- 1. Three people or three teams should compete to get the highest number of points. If working in teams, start by grouping yourself into three small teams.
- 2. Each team takes five blue title cards with different circular business model titles. The descriptions below have highlighted key words to clearly differentiate these models:

Circular Business Models	Description
Circular Supplies	The use of <b>biological raw materials</b> which are fully renewable, recyclable OR biodegradable
Recovery and Recycling	Valorising the waste materials or by-products to repurpose and produce new products
Product Life Extension	Extending the working lifecycle of the <b>existing products</b> by repairing, upgrading, remanufacturing and reselling
Sharing Economy	The platform which helps the consumers <b>share under-utilized products and assets</b> or eliminate the need to buy more assets
Product as a Service	The access over ownership model which rents the products through lease or pay-per-use arrangements rather than selling them

- 3. Mix and shuffle all the 25 company cards with pictures.
- 4. Randomly distribute 8 cards with company descriptions to the three person/team, with image face down. So 24 cards will be distributed, and the 25<sup>th</sup> final bonus card is placed in the centre of the table.
- 5. Once each person/team have 8 cards each and are ready to play, game can start. All groups should start at the same time.
- 6. Read the cards and place them into one of the five circular business models.
- 7. The bonus point card should be taken by the first team which completes the grouping of the first 8 cards. (Grabbing the last card in advance before you are done with the grouping of the first 8 cards will result in a deduction of 2 points.)
- 8. Check correct answer. Each card each person/team has categorised correctly, will earn one point.
- 9. The person/team which earns the higher points wins the game.

Instructions can be given to participants or can be explained verbally by workshop leader.

**Tip:** The brief company descriptions on the case study cards were written by making use of the key words highlighted above in the description of the circular business models, and by drawing attention to more prominent features if the company uses multiple business models.

**Circular Business Models Title Cards** – Print and cut along dotted line to create five title cards. One set of the five title cards is needed for each person/team.



Circular Supplies	<b>BE-Rural</b>
Resources Recovery & Recycling	<b>BE-Rural</b>
Product Life Extension	BE-Rural
Sharing Platforms	BE-Rural
Product as a Service	<b>BE-Rural</b>

# 200

#### Company Description Cards - print & cut along dotted line to create 25 individual cards



#### Raw materials: Wood pulp

#### Special attributes:

100% biodegradability, 0% harmful chemicals, 0% microplastic pollution, 99% less water usage compared to cotton value chain

#### Spinnova (Textile fibres)

This company manufactures 100% biodegradable textile fibres using renewable biological resources, the wood pulp from sustainably managed forests. Spinnova's mechanical processes enable wood pulp to be grounded into a gel-like material called micro-fibrillated cellulose which flow through the patented machinery to be spun into fibres. This natural fibre is an ecofriendly alternative to cotton or synthetic fibres, as its production process consumes 99% less water than cotton value chain. No toxic chemical is used at any stage of manufacturing of these fibres compared to other textile fibres manufactured using conventional technology which uses a range of toxic chemicals during fibre production, bleaching, dyeing, printing and finishing of cloth or fabric. Most human-made synthetic fibres are considered a source of various negative environmental consequences, as they use limited fossil fuels and release microfibres, polluting the water bodies and ecosystems. These natural fibres do not contribute to microplastic pollution.













Raw materials: Eucalyptus, beech and algae

#### Special attributes:

100% biodegradability in 12 weeks

#### Vollebak (T-shirt)

This company makes fully biodegradable t-shirts made from pulped eucalyptus and beech from sustainably managed forests and algae grown in bioreactors. Its fabric comprises 70% lyocell from trees and 30% linen from plants, and the print on t-shirts is also made with algae ink. Algae could be grown successfully at high speed as it only needs light, carbon dioxide and water. In order to make a printable ink from algae, the water from bioreactor is passed through a filter to separate the algae paste, which is then dried to create a fine powder. This powder is then be mixed with a water-based binder to turn it into algae ink which is used to print the front of this t-shirt instead of dye. Unlike other t-shirts, this t-shirt is completely biodegradable in just 12 weeks, turning into worm food, if it is buried in the soil at the end of its life.











Raw materials: Wheat bran

#### Special attributes:

Edible after use and biodegradability in 30 days

#### **Biotrem (Disposable tableware)**

The Zambrow-based company manufactures biodegradable disposable tableware. These products are environmentally-friendly alternatives to single-use plastic tableware which takes centuries to degrade and pollutes the ecosystems in the process. Wheat bran and a small amount of water is used to make edible and compostable plates, bowls and cutlery under high pressure and high temperature using patented technology. Biotrem mentioned that its production process does not require significant amount of water, minerals resources or chemical compounds. 10,000 units of dishes could be produced using 1 ton of wheat bran. The robust and stable wheat bran tableware could hold both hot and cold meals, and can be used in ovens or microwave ovens. These products are edible after use or fully compostable within 30 days, compared to 6 months for paper disposable products and hundreds of years for plastic disposable tableware.













Raw materials: Mushroom and hemp

#### Special attributes:

100% biodegradable packaging alternatives to styrofoam

#### **Ecovative (Packaging)**

This company produces sustainable and environmentally-friendly alternatives to styrofoam packaging, skincare accessories, textiles, apparel and meat, using mushroom, renewable biological raw materials. These products are made of mycelium which is the roots of mushroom, together with hemp. All the products are completely biobased, and the packaging and skincare accessories such as make-up sponge, eye mask, make-up removers are 100% biodegradable. In order to make the packaging, the reusable or recyclable growth trays of any shape are filled with a mixture of hemp, flour and mycelium, sealed to grow for 4 days. After that, the parts are pop out of the moulds to grow for another 2 days to attain velvety layer of overgrowth. Those parts are then dried to prevent future growth to get final fully compostable packaging.











Raw materials: Bull rush grass

#### **Special attributes:**

Edible after use and biodegradability





Raw materials: Bread waste with conventional inputs

#### Special attributes:

Diverting huge amount of bread waste from landfills

#### **Huski Home (Straws)**

This company produces completely edible and biodegradable straws, made from renewable biological resources of bull rush grass. These straws do not go mushy or soggy mid-drink like paper straws. They are fully food-safe, gluten-free, non-toxic, preservatives-free, colourings-free, odourless and flavourless. They are environmentally-friendly alternatives to plastic straws, which takes few hundred years to decompose and often end up in the seas and oceans, harming the marine animals.









#### Toast Ale (Beer)

Globally, over one third of food produced is wasted. One of the most common wasted food is bread due to its relatively cheap price with a short shelf life. In UK alone, about 44% of all bread produced was thrown away into bin. In order to tackle food waste problem, this UK company collects the bread waste from bakeries and sandwich makers to divert them from landfills and give a second life as a beer. These surplus breads can be incorporated into the normal brewing processes together with the usual ingredients of malted barley, hops, yeast and water without the need for any new technology, by simply replacing up to one third of the required malted barley amount.













Raw materials: Elephant dung and recycled paper

Valorising dung, saving trees, creation of local jobs, protection of elephants, reduction in humans-elephants conflicts



#### Ellie Pooh (Paper)

This Sri Lanka based company turns the elephant dung into a paper, mixing 30% dung with 70% recycled paper. The elephants can produce up to 180 – 200 kg of manure, which is normally regarded as wastes without any value. Elephant dung consists 50% to 60% undigested plant fibres. The dung is collected, washed to get the fibres, boiled to disinfect, blended with recycled paper before it is moulded into submerge screens to be compressed and sun dried to make paper. By valorising this waste, this paper production not only brings positive environmental impacts, by saving trees, reducing carbon footprint and using less water, energy and chemicals, but also protects elephants and creates jobs for local community. Elephants, generally seen as nuisance and threat by farmers as they disturb the crops, are sometimes shot and killed. Provision of sustainable papermaking jobs helps change the perceptions of elephants as economic assets, rather than threats.









## Orange Fibre (Fabrics)

This Italian company valorised and repurposed the citrus juice by-products, which are normally thrown away, by turning them into sustainable fabrics for scarfs or clothes. Up to 700,000 tonnes of wastes are produced from citrus production in Italy alone annually. With the patented technology and process, the citrus cellulose is extracted from recovered citrus wastes. The extracted silk-like cellulose yarns are spun into fabrics by blending with other materials. The fabric is also enriched with citrus fruit essential oil by using nanotechnology techniques. The resulting citrus textile is soft and silky to the touch, light weight and could be made opaque or shiny based on production needs.



Raw materials: Citrus juice byproducts

#### Special attributes:

Valorising of citrus waste, flexibility of fabric features









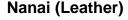




Raw materials: Fish skins

#### Special attributes:

Use of by-products of fishing industry and comparable good features of fish skin leather



This company valorised the fish skins, by-products of smoked salmon industry, by turning it into high-quality leather. The natural structure of the skin is preserved in the production processes. The resulting leather is tanned in a 100% chrome-free eco-friendly process using vegetables such as chestnut and mimosa. The fish skin leather is strong, durable, lightweight, tear-resistant and water repellent. The finish can be glossy or natural, with the soft and comfortable touch. The fish skin is sourced from certified organic salmon farms, which are subject to stringent regulations regarding care and breeding. This leather is an alternative solution to conventional leather and other exotic species like crocodile, stingray, ostrich or snake. It has been used to make a lot of products such as fashion clothing, shoes, accessories, etc.













Raw materials: Waste coffee grounds and other plant-based materials

#### **Special attributes:**

Valorising of waste coffee grounds which are normally thrown away



#### **Koffeeform (Coffee Cups)**

This berlin-based company Kaffeeform gives a second life to the used/ waste coffee grounds by transforming them into reusable, durable coffee cups with marbled surface appearance. The products are made of used coffee grounds and other renewable plant-based materials, hardened with biopolymers. This company partners with bicycle courier collective to recover the used coffee grounds from partnered cafes and roasteries in Berlin. The collected coffee grounds are dried and preserved in a local social workshop, before being sent to small plants in Germany, where the mixture of raw materials are transformed into coffee cups. These cups receive the final polish when they are back in the social workshop, before being packaged for deliveries to cafes, shops and customers.











Repairing and reselling unwanted furniture to keep them in use for longer

#### Kaiyo (Furniture)

Kaiyo aims to save the unwanted high-quality durable furniture from landfills and keep them in productive use for longer. This platform allows the owners, workers or students on the move to recoup some values out of their unwanted furniture, instead of simply disposing which could also be costly. The furniture owners could contact Kaiyo who reviews the furniture, collects it from the owner, cleans and repairs if necessary, lists it on the website, stores it in Kaiyo warehouses for free of charge until it is sold and delivered to the buyers. Kaiyo is responsible for all the necessary work to get the most value out of the unwanted furniture and it pays the donors a commission of up to 40% once those items are sold. The buyers also benefit from discounts on high-quality pre-loved furniture. Kaiyo takes care of delivery and setting up the furniture.













#### **Special attributes:**

Offering refurbished or remanufactured furniture option, and remaking of existing products to as-ifnew conditions

#### **Rype Office (Office Furniture)**

Rype office offers office furniture – new, refurbished or refreshed, and remanufactured furniture to suit different customer types and their preferences. If the customers prefer new furniture, they sell it with options of buy-back scheme or rent it, so that they could recover all used furniture at the end of its first life for refurbishing and remanufacturing to extend the working lives. For those customers who want a fresh look of their current office furniture, Rype office offers customised refurbishment and resizing options to remake existing furniture to as-if-new products to suit customers' specifications and their office at about 30% of the cost of buying new.













Cheaper options of used or remanufactured vehicles, extension of vehicle lifespan

#### **Refuse Vehicle Solutions (Refuse Vehicles)**

This company offers a cost-effective alternative for new, quality used or remanufactured refuse vehicles. It aims to extend the operational life of refuse vehicles to longer than 15 years, about three times longer than typical operational lifespan through mid-life overhaul and remanufacturing processes. It sources the vehicles using its long experience in the industry and robust inspection processes. It undertakes major modifications through stringent quality controls to resell these high-quality refuse vehicles, providing the same operation lifetime of a new vehicle and a savings of up to 50% to the customers. It offers after-sales sales support of product and equipment training, field service repairs or preventative maintenance. It also leases these vehicles for short or long term hire.













#### Special attributes:

Repairing and redistribution of defective electronic appliances

#### **CoreCentrics Solutions (Appliances)**

Rapid technological advancements and product designs with shorter lifecycles make repair services increasingly scarce for customers. Hence, they mostly end up disposing defective electrical and electronic consumer appliances and get replacements. Core-Centrics Solutions has developed a business model and repair/re-distribution infrastructure to recoup values from returned or defective appliances, collected through both its own system and collaborations with largest retailers and manufacturers. It provides product returns management, repairs and remanufacturing services that remake the damaged or returned parts/products to as-if new conditions for original equipment manufacturers and parts wholesalers. Its services and infrastructure extend the effective lives of those products, enabling higher utility and value and saving them from landfills.





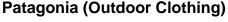








Durability, offer of repair services, product warranty, repair and care guides for customers, recommerce



Patagonia makes high-quality outdoor clothing that lasts for many years and could be repaired so that the customers do not need to buy more. It also provides Ironclad guarantee that allows customers to return the products to Patagonia for a repair, replacement or refunds if they are not satisfied with the performance of the products. The customers can also send the damaged products due to wear and tear for repair services at reasonable fee. They could also trade in used Patagonia clothing in good functional conditions for credits toward new purchases. Patagonia then partners with Yerdle to recommence those pre-loved quality products. Besides, it has also created partnership with iFixit to provide repair and care guides for various damages or general maintenance on its website to enable the customers to repair Patagonia products by themselves. Patagonia has put in huge effort to keep its products in use for longer and out of landfill.













#### Special attributes:

Sharing of spare or underutilised room, apartment or house

#### Airbnb (Lodging)

Airbnb is an online platform that matches the apartment or house owners who want to rent a spare room or the whole place to visitors or travellers who are looking for short term lodging, allowing home sharing in many cities worldwide. The company does not own any of those properties and its earns the commission on each booking completed. It is beneficial to both the house owners and the guests, as it provides the property owners additional income stream by renting a space which has been less utilised. The travellers and guests could also live like locals during their visits to those cities, having access to bigger spaces, kitchen, home appliances and amenities, and at a cheaper cost compared to hotels.













Sharing of bikes and other sport equipment among consumers

#### Spinlister (Bikes)

Spinlister is a peer-to-peer sharing platform that allows bike owners to list their bikes available for renting and renters to search for a bike to rent in whatever area they are in by city, zip code, available date and ride types. Its primary market is bikes with listing in 63 countries. However, they are also expanding into other markets, enabling sharing of surfboards, Stand up Paddle boards (SUPs), ski equipment and snowboards etc. The company also offers coverages for damages and theft protection in selected areas for a fee. Bike owners could make some money by sharing their underutilised bikes, and travellers and active people could get the flexibility of having access to nearby bikes located throughout different cities when they need.













#### Special attributes:

Peer-to-peer rental platform to share underutilised private cars

#### GetAround (Cars)

GetAround is peer-to-peer car renting platform where the private car owners can rent their cars when they are not in use. People who want to rent a car can find, book on demand, rent and unlock different types of cars all from the mobile phones instantly near their locations or cities they are at. The borrowers have to pick the cars up at their home locations and need to pay by hour (but only for the time they actually use the cars) and by additional mileages if it exceeds the daily limits. Borrowers are responsible for refuelling before they return the cars to original locations. The 24/7 roadside assistance and insurance for drivers and vehicles are covered by Getaround's insurance policy during an active trip. This service is available in 300 cities worldwide. It allows private car owners earn some money for their car when they are not using it and the borrowers to have access to cars without the need to buy.

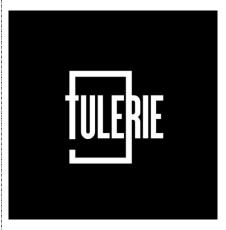












Peer-to-peer renting platform to share underutilised clothing

#### **Tulerie (Clothing, Shoes, Accessories)**

Tulerie is peer-to-peer platform that allows lending and borrowing high-end women clothing, shoes and accessories to each other. In order to join this platform, the users go through the face-time interviews to ensure the trust within this community that rented clothing would be treated and cared as if they were their own. Borrowers can browse and request the clothing of their choices, by choosing delivery date and rental period. Once the request is approved, the items are delivered via postal service to their preferred locations by the lenders and those could be returned in original packaging with prepaid return labels. The lenders should have it cleaned to get it ready for the next rental. Tulerie enables the women to have access to designers clothing without the commitments and the investments while reducing their environmental footprints. It also allows the owners to earn the money out of underutilised expensive clothing.













#### Special attributes:

Sharing of underutilised tools and elimination of the need to buy tools

#### **Edinburgh Tool Library (Tools)**

Edinburgh tool library is the first tool library in the UK, to lend tools for its members for do-it-yourself projects, gardening, decorating, machine repairs etc. This organisation promotes sharing of tools to reduce the environmental impacts, recognising the underutilisation patterns for most tools. The average utilisation rate of a power drill is estimated as 13 minutes in total during its entire life time. This tool library accepts donations of good quality tools which have been built to last a lifetime. The members of the tool library pay a small fee per year to have access to over 1,000 tools without the need to store, maintain or buy them. It also runs guided workshops on woodworking, tool maintenance and bike repairs for its members.

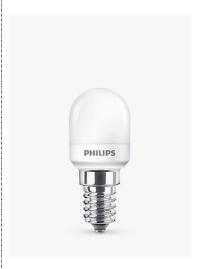












Pay-per-lux arrangement instead of buying the whole lighting infrastructure



#### Philips (Light)

Philips provides 'pay-per-lux' lighting services to the business customers who wants to purchase light, but not the associated lighting infrastructure. Philips retains the ownership and is responsible for designs, installation, operation, monitoring, maintenance, upgrades and recovery throughout the lifecycle. It incorporates the use of the natural light resources in a more effective way, motion sensor and LED lighting technology with better performance, longer life and energy efficiency. Customers do not need to invest upfront and own the lighting infrastructure which eventually needs to be discarded for replacement. Instead, they just need to pay for the optimal amount of light they require and use. This arrangement could also result in receiving better services, as the light provider has incentives to provide long-lasting lighting infrastructure.











#### **Special attributes:**

Fixed monthly subscription payment plan to lease without the need to purchase

#### Run the Runway (Clothing)

The company offers the fixed monthly subscription rental plans which allow the customers to lease a fixed number of designers clothing from various brands at a time. The selected items would be delivered to the customers in two days with prepaid shipping labels and reusable garment bags to return the clothing when they are ready to swap for new items. The monthly rental fee includes insurance for general wear and tear and minor spills, and covers shipping and dry cleaning of the garments. This model increases the utilisation rate of the clothes by renting to multiple users, and ensures the collections of old clothing for recycling or upcycling at the end of the useful life by retaining the ownership. Customers have the benefits of being able to experiment different styles and brands without the need to invest in the purchases, having always-rotating selection of designer clothing without taking up the space, and not having to deal with the disposal.













Monthly fixed rental fee and pay-per-use fee structure, instead of large upfront cost

#### **Bundles (White Goods)**

Bundles provides high-end and energy efficient washing machines, tumble dryers, coffee machines or dishwashing machines from Miele on monthly subscription plans. The customers do not need to purchase these products. They are only required to pay a one-time small refundable deposit, fixed monthly fees and few cents per cycle of use for each product they have chosen to rent. Bundles provides free delivery, installations, removal of old appliances, insights about the usage and personalised tips, maintenance and repairs. The customers would receive monthly invoice with cost of usage and they can cancel the contract at any time. The smart tools measure the energy use, recognise opportunities to decrease consumption and improve design, monitor the appliance performances and prevent the functional problems. Customers also benefits by not having to invest large upfront cost in these high quality appliances, saving money through smarter use tips provided and pay per use.











#### **Xerox (Printers)**



Xerox allows business customers lease the printers, copiers, multifunction devices and product equipment over a specified contract period from a few days to years. The rental comes with supplies, reliable support, delivery, installation and removal. The customers do not need to bear the burden of a large capital outlay and can distribute the cost over longer period. The rental model is also suitable for temporary offices, sales offices, short-term needs, special events requiring large amount of printed materials and peak periods of increased workload.

#### Special attributes:

Leasing over a specified period with regular interval rental fees











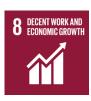


# **Special attributes:**Subscription-based furniture leasing

#### **IKEA** (Furniture)

IKEA has announced in 2019 about its plan to test subscription-based furniture leasing offers in 30 markets throughout 2020 in respond to its consumer research. This would enable its products to be more affordable, accessible and sustainable, while helping the consumers move away from the wasteful and unsustainable consumption behaviours. Its research has identified the key consumer groups such as university students, expatriate workers and small enterprises. These customer segments want to have access to the home furnishing products with little emotional connection and less importance on ownership due to the temporary nature of needs, the need to move frequently and the desire to distribute the investment in furniture over a longer period of time. This model would also allow the company to retain the ownership of the furniture which can be fed back into the loop through reuse and repairs before finally recycling the materials and parts at the end of useful life.











#### **Answer Sheet for Workshop Participants** (to show participants at the end of the game)

Circular Supplies	Resources Recovery & Recycling	Product Life-Extension
Spinnova (Textile fibres)	Toast Ale (Beer)	Kaiyo (Furnitures)
Vollebak (T-shirt)	Mr Ellie Pooh (Paper)	Rype Office (Office Furnitures)
BioTrem (Tableware)	Orange Fibre (Fabrics)	Refuse Vehicle Solutions (Refuse Vehicles)
Ecovative (Packag- ing)	Nanai (Fish skin leather)	CoreCentrics Solutions (Appliances)
Huski Home (Straws)	Kaffeefoam (Coffee Cups)	Patagonia (Clothing)

Sharing Platforms
AirBnB (Lodging)
Spinlister (Bikes)
GetAround or Turo (Cars)
Tulerie (Clothing)
Edinburgh Tool Library (Tools) – could also be <b>Product as a Service</b>

Product-as-a-Service
Philips (Light)
Rent the Runway
(Fashion Clothing)
Bundles (White
Goods)
Xerox (Printers)
IKEA (Furniture)



Workshop leader can read out the correct answers. Or correct answers could be projected on the screen/board. Or answer sheet could be provided in an envelope which would only be opened after individuals/teams have completed grouping all cards.

## Information for further study on the 25 companies, used in "Business Match"



Circular Business	Corresponding References, Sources or Links for Further Information				
Models Examples	, i b				
Circular Supplies					
Spinnova	<ul><li>https://spinnova.com/our-method/fibre/</li></ul>				
(Textile fibres)	<ul> <li>https://www.fastcompany.com/90208791/this-startup-wants-to-your-next-t-shirt- to-be-made-from-wood</li> </ul>				
	<ul><li>https://materialdistrict.com/article/wood-based-textile-fibre/</li></ul>				
	<ul> <li>https://www.worldofchemicals.com/448/chemistry-articles/chemistry-of-textile- manufacturing.html</li> </ul>				
Vollebak (T-shirt)	https://www.vollebak.com/product/plant-and-algae-t-shirt/				
Bioterm (Disposa- ble tableware)	https://biotrem.pl/en/				
Ecovative (Pack-	https://ecovativedesign.com				
aging)	https://www.businessinsider.com/ecovative-turns-mushrooms-into-packaging-ikea-dell-2016-8?r=US&IR=T#this-is-styrofoam-it-doesnt-break-down-in-the-environmentat-least-not-for-more-than-a-million-years-literally-yet-we-use-it-				
	in-tons-of-different-types-of-packaging-from-cups-to-building-materials-1				
Huski Home (Straws)	https://www.huskihome.co.uk/home/products/huski-home-100-natural-grass-straws				
Resources Recover					
Toast Ale (Beer)	https://www.ellenmacarthurfoundation.org/case-studies/brewing-beer-from-sur-				
100017110 (2001)	plus-bread  https://www.toastale.com				
Mr Ellie Pooh (Pa-	https://mrelliepooh.com				
per)	<ul> <li>• https://mellepoorl.com</li> <li>• Farah, N. et al. (2014) 'Processing of Elephant Dung and its Utilization as a Raw Material for Making Exotic Paper', Research Journal of Chemical Sciences Res. J. Chem. Sci, 4(8), pp. 2231–606. Available at: http://www.isca.in/rjcs/Archives/v4/i8/15.ISCA-RJCS-2014-134.pdf.</li> <li>• https://thekidshouldseethis.com/post/84437356027</li> <li>• https://www.bbc.co.uk/news/business-36162953</li> </ul>				
Orange Fibre (Fab-	http://orangefiber.it/en/				
rics)	http://orangefiber.it/en/how-to-turn-citrus-waste-into-a-sustainable-fabric/				
Nanai (Fish skin leather)	https://www.salmo-leather.de				
Kaffeeform (Coffee cups)	https://www.kaffeeform.com/en/				
Product Life-Extens					
Kaiyo (Furniture)	<ul> <li>https://www.ellenmacarthurfoundation.org/case-studies/the-final-stop-for-quality-furniture</li> <li>https://kaiyo.com/how-it-works#do-you-allow-local-pickups</li> </ul>				
Rype Office (Office	https://www.rypeoffice.com				
Furniture)	<ul> <li>https://www.ellenmacarthurfoundation.org/case-studies/circular-economy-op- tions-in-office-furnishing</li> </ul>				
Refuse Vehicle So- lutions (Refuse Vehicles)	fuse-vehicles				
·	• https://www.refusevehiclesolutions.co.uk				
CoreCentrics Solutions (Appliances)	<ul> <li>https://www.ellenmacarthurfoundation.org/case-studies/a-second-life-returns-management-parts-recovery-and-product-repairs</li> <li>https://www.corecentricsolutions.com</li> </ul>				

Circular Business Models Examples	Corresponding References, Sources or Links for Further Information			
Patagonia (Out- door Clothing)	https://eu.patagonia.com/gb/en/worn-wear-repairs/			
<b>Sharing Platforms</b>				
Airbnb (Lodging)	https://www.airbnb.co.uk			
	<ul><li>https://www.mccooltravel.com/8-great-airbnb-advantages/</li></ul>			
	https://en.wikipedia.org/wiki/Airbnb			
Spinlister (Bikes)	https://www.spinlister.com/about			
	• https://www.forbes.com/sites/carltonreid/2019/01/03/airbnb-style-bicycle-rental-			
	platform-spinlister-relaunches-via-oprahs-favorite-bike-firm/#3d10742f538f			
	https://en.wikipedia.org/wiki/Spinlister			
GetAround (Cars)	https://www.getaround.com			
Tulerie (Clothing,	https://tulerie.com			
Shoes, Accesso-				
ries)				
Edinburgh Tool Li-	https://edinburghtoollibrary.org.uk			
brary (Tools)				
Product-as-a-Servi				
Philips (Light)	• https://www.ellenmacarthurfoundation.org/case-studies/selling-light-as-a-service			
	• https://www.greenbiz.com/article/how-philips-became-pioneer-circularity-service			
	https://www.lighting.philips.co.uk/cases/cases/office/edge			
Rent the Runway (Clothing)	https://www.renttherunway.com			
Bundles (White	https://bundles.nl/en/			
Goods)				
Xerox (Printers	https://www.xerox.co.uk/en-gb/office/printer-copier-rental			
and Copiers)				
IKEA (Furniture) • https://www.ikea.com/us/en/this-is-ikea/newsroom/ikea-will-test-furniture				
	in-30-markets-during-2020-pub1ae9e5e1			
	• https://uk.reuters.com/article/uk-ikea-sustainability-cities/ikea-to-test-furniture-			
	rental-in-30-countries-idUKKCN1RF1ST			

## Web links for Images used in the "Business Match" game



Circular Busi- ness Models Ex-	Sources or Links for Images used in 'Group the Circular Business Models' Game			
	amples			
Circular Supplies				
	Spinnova (Textile fibres)			
	https://spinnova.com/wp-content/uploads/2018/11/Spinnova-Fibres-1024x684.jpg			
	Vollebak (T-shirt)			
	https://dyk8bhziazfed.cloudfront.net/wp-content/uploads/2019/08/plant-and-algaet-300-1376-1376x776.jpg			
	Bioterm(Disposable tableware)			
	https://industryeurope.com/downloads/4481/download/bio-trem1.jpg?cb=493b12efb431dff28baf3fa3af9563a0&w=640			
	Ecovative (Packaging)			
	https://pbs.twimg.com/media/B8TCwCSCUAAA1vQ.jpg			
	Huski Home (Straws)			
	https://www.huskihome.co.uk/application/files/8515/5741/7446/Huski-Home-Grass-Straws.jpg			
	Grass-Straws.jpg			
Resources Recov	very & Recycling			
	Toast Ale (Beer)			
	https://www.iamrenew.com/wp-content/uploads/2019/07/Toast-Ale-Banner.jpg			
- Mari	Mr Ellie Pooh (Paper)			
	https://www.paperhigh.com/media/catalog/product/cache/1/thumb-			
	nail/600x600/9df78eab33525d08d6e5fb8d27136e95/e/l/ele-dung-group-note-books9.jpg			
	Orange Fibre (Fabrics)			
	http://orangefiber.it/wp-content/uploads/2017/04/8_noframe-900x900.jpg			
hudh ( 💛 🕹				
	Nanai (Fish skin leather)			
	https://i.pinimg.com/originals/b8/00/71/b80071aeae24b0b47ad73260628fe47f.jpg			
	Kaffeeform (Coffee cups)			
2188	https://www.packaging-gateway.com/wp-content/uploads/sites/2/2019/10/Kaf-			
	feeform-Tassen-aus-Kaffeesatz-1.jpg			
Product Life-Extension				
LO TYO	Kaiyo (Furniture)			
Kaio F	https://moneydotcomvip.files.wordpress.com/2019/09/aklnwpua.jpeg?quality=85			

# Circular Business Models Examples Rype Control Refuse https:// CoreControl Refuse https:// Patago

## Sources or Links for Images used in 'Group the Circular Business Models' Game

#### **Rype Office (Office Furniture)**

https://lh3.googleusercontent.com/proxy/NL9naTWzDW16kcEQcNBn-BMwIH2dVjT1ikGeNMiidE2Cd\_15cpXw2xyLioRjbC6hm8yK8w8p-gmtrD-EdveUsNQ59puln3872dSWNgj88BTdutzhqiM9BphF5BMJNhxPXzTum0Q

#### Refuse Vehicle Solutions (Refuse Vehicles)

https://www.epicmediagroup.co.uk/wp-content/uploads/2017/01/DSC 0546.jpg

#### CoreCentrics Solutions (Appliances)

https://www.cdn.corecentricsolutions.com/wp-content/uploads/2018/09/p2.jpg



#### Patagonia (Outdoor Clothing)

https://www.patagonia.com/static/on/demandware.static/-/Sites/default/dwbeb60e6f/images/seo/1920x1080\_patagonia\_fitzroy\_P6.jpg

#### **Sharing Platforms**



#### Airbnb (Lodging)

https://hackernoon.com/hn-images/1\*yZ1LPIcXnnW6Ubmp2M-0rQ.png



#### Spinlister (Bikes)

https://www.netted.net/wp-content/uploads/sites/14/2015/02/Spinlister\_1000x563\_2.6.15.png



#### GetAround (Cars)

https://la.streetsblog.org/wp-content/uploads/sites/2/2019/02/Getaroundlogo.jpg



#### **Tulerie (Clothing, Shoes, Accessories)**

https://is2-ssl.mzstatic.com/image/thumb/Purple123/v4/c8/b4/ef/c8b4efc9-af99-f6c3-e801-4f8e87c3b08d/source/512x512bb.jpg



#### **Edinburgh Tool Library (Tools)**

https://edinburghtoollibrary.org.uk/wp-content/uploads/2013/04/edinburgh-tool-library-banner.jpg

#### **Product-as-a-Service**



#### Philips (Light)

https://johnlewis.scene7.com/is/image/JohnLewis/237006205?\$rsp-plp-port-320\$



#### Rent the runway (Clothing)

https://media.glamour.com/pho-

tos/582f27050700a182135fdead/16:9/w\_1280,c\_limit/rent-the-runway-store.jpeg



#### **Bundles (White Goods)**

https://lh3.googleusercontent.com/proxy/b1tGHoOx0B9IIVwGFLonGRQilo-FPc1GKBK\_TtdIFUdz6w2798-LHFUtSmtl3Xbndq-efYzjYkb5xV4xQzxzmFLPIT1YWRG8



#### **Xerox (Printers and Copiers)**

https://3.imimg.com/data3/TD/CU/MY-3885680/xerox-work-center-500x500.jpg



#### **IKEA** (Furniture)

https://www.ikea.com/images/66/2d/662d5bb982c13e4b0336f75c08f9f263.jpg?f=s

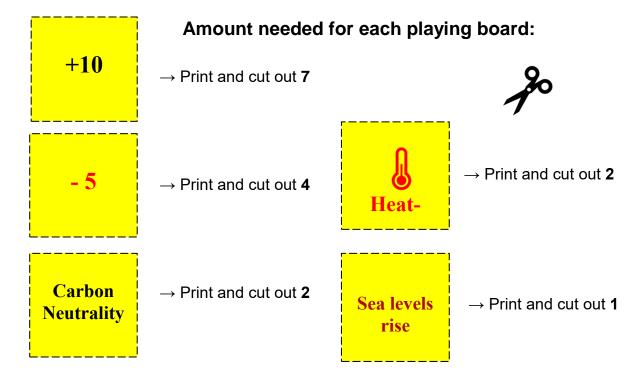
**BE-Rural** 

#### Annex XVI – Game "Sustainability and SDGs Heatwave"

A game on sustainability and SDGs with an element of luck. Four or five players compete against each other using one playing board. The game takes around 20-25 minutes.

#### Required materials:

- 1. A4 Printed playing board (see next page). Each board can have 4 or 5 players, so need to print out the necessary amount of boards depending of the class size.
- 16 point cards print and cut to stick facedown with Blu Tack to each playing board as follows:



- 3. Blu Tack or similar adhesive to attach above point cards to each playing board.
- 4. Printed and cut out pack of 16 question cards. Each player's board needs its own pack of questions so students can quiz each other
- 5. Small pieces of paper to cover quiz question answers as follows, that can be easily peeled off during the game:
- 1) Goal 1 is about poverty. What is the main target of this Goal?

  A. Cut poverty in half by 2030.
  B. End poverty in all forms everywhere
  C. Reduce poverty by 75% by 2030.

  Answer: B

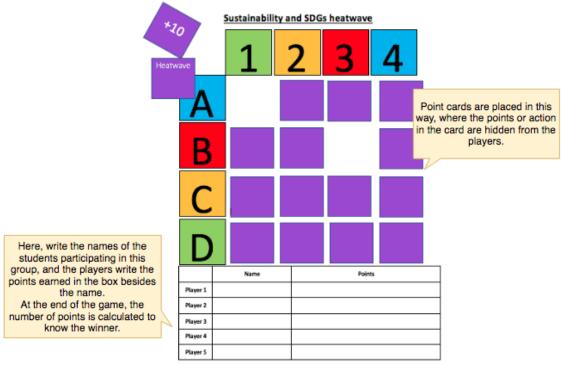
**Note:** This game could be made more sustainable by laminating the materials so they can be reused.

# Playing Board to use by each set of 5 players

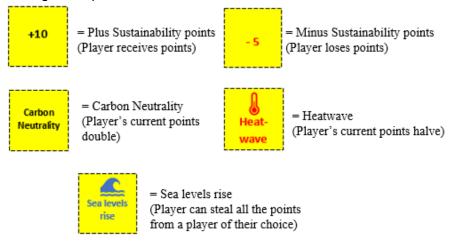
BE-Rural	1	2	3	4
A				
В				
C				
D				
Name		Points		
Player 1	Player 1			
Player 2	layer 2			
Player 3				
Player 4				
Player 5				

## Game "Sustainability & SDGs Heatwave" - The Rules

1. Make sure you have all the materials: 1 playing board with 16 point cards stuck randomly facedown, 1 pack of 16 question cards with the answers covered and at least 1 pen.



- 2. Write your names into the points table at the bottom of the playing board.
- 3. To start the game, one person will pick up a question card and read out the question and the three possible answers to the person on their right.
- 4. Only one player is asked a question at a time.
- 5. If the person gets the question wrong, then DO NOT READ OUT THE CORRECT ANSWER! The next person to the right is then asked the same question and so on, until the question has been answered correctly.
- 6. The player who answers the question correctly can select a points card, e.g.: B:3 (like in the figure above). The player peels off this card and is awarded the points on it.
- 7. The meaning of the points cards are as follows:



- 8. The person asking the question changes clockwise after each question.
- 9. The game ends when all the points cards have been peeled off.

# Sustainability quiz questions

(Pass cut out questions around. Person asking a question changes every time.)

#### What is the most accurate definition of sustainability?

- a. "Development that meets the needs of the present without compromising the ability of future generations to meet their own needs."
- b. "Development that meets the needs of the present by using resources to ensure maximum economic development."
- c. "The shutting down of fossil fuel plants to reduce  $\text{CO}_2$  emissions."

**Answer: A** 

#### Which three main issues can be considered together when tackling sustainability?



- a. Ecological, Economic and Entrepreneurial
- b. Social, Ecological and Economic
- c. Social, Environmental and Sustainable

**Answer: B** 

#### Complete the sentence: "Weak sustainability...

- a. ... plants more trees.
- b. ... is good for preserving resources.
- c. ... allows for the depletion of natural resources.

Answer: C

#### Complete the sentence: "Strong sustainability...



- a. ... requires that all forms of capital must be maintained independently of one another.
- b. ... demonstrates the sustainability problem.
- c. ... allows for the depletion of natural resources.

**Answer: A** 



#### **Tragedy of the Commons is a situation that:**

- a. comes about when resources are almost depleted in a natural ecosystem.
- b. comes about when an individual has ownership over one resource.
- c. comes about when there is a shared resource that individuals have incentive to use.

**Answer: C** 





## By 2050 what number is the world's human population predicted to reach?

- a. 9 Billion
- b. 10 Billion
- c. 11 Billion

**Answer: B** 

Products that are made from biological resources from land and sea (such as such as crops, forests, fish, animals and micro-organisms) are known as:

- a. Genetically Modified Organisms
- b. Bioproducts
- c. Green products

**Answer: B** 



# In Poland, in the regions of Szczecin and Vistula Lagoons, what is there is an available resource of?



- a. Low value fish-stocks.
- b. Wood chips
- c. Coal

**Answer: A** 

## How many Sustainable Development Goals (SDGs) are part of the UN 2030 Agenda for Sustainable Development?



b. 8

c. 10



**Answer: A** 

Each SDG is supported by a set of targets with specific objectives that are associated with that Goal. How many targets are there in total?



- a. 99
- b. 1,016
- c. 169

Answer: C

#### SDG 1 is about poverty. What is the aim of this goal?

- a. Cut poverty in half by 2030.
- b. End poverty in all its forms everywhere.
- c. Reduce poverty by 75% by 2030.



**Answer: B** 

# To which countries are the sustainable development goals designed to apply?



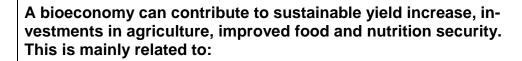
- a. Low-and middle-income countries.
- b. All countries.
- c. Only high-income countries.

**Answer: B** 

Sustainably managed forests, combat desertification, halt and reverse land degradation, halt biodiversity loss, enhanced value of biodiversity as a bio-economy asset. This is mainly related to:

- a. Goal 2 (Zero Hunger)
- b. Goal 9 (Industries, Innovation and Infrastructure)
- c. Goal 15 (Life on land)

**Answer: C** 

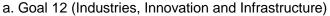




- a. Goal 2 (Zero Hunger)
- b. Goal 13 (Climate action)
- c. Goal 15 (Life on land)

**Answer: C** 

Bioeconomy can develop alternatives to fossil-based plastics and convert a waste stream into a major component of a new product. This is related to:



- b. Goal 14 (Life below water)
- c. Goal 1 (No Poverty)

**Answer: B** 

The UN agenda "Transforming Our World: The 2030 Agenda for Sustainable Development" was agreed by how many countries?



a. 173

b. 183

c. 193

**Answer: C** 



#### Annex XVII - One set of cards and two games: "BE-Match" and "SDG-Link"

Two games were developed using the same cards to inspire participants about innovative products, already in the market, made of biological resources:

- "BE-Match" Game
- "SDG-Link" Game

These workshops or classroom activities were created to introduce various bioproducts, which can substitute traditional products in our daily life, and to inspire the limitless possibilities enabled by the bioeconomy industry. The activities also encourage discussion on the links of bioproducts to the UN Sustainable Development Goals (SDGs). Participants could play the "BE-Match" Game first, followed by the "SDG-Link" Game, either in the same day or in different days. Both games take about 15 minutes to 30 minutes and no prior knowledge on bioeconomy is required to play them.

In both games, cards have pictures and corresponding detailed text. The pictures show either biological raw materials used or final product or both. While the detailed text provides more information such as their benefits and properties.

#### The detailed text can also be a continuation of the text above the images – for example:

Russian dandelions can be considered a cost-effective and environmentally friendly substitute for natural rubber because



the conventional subtropical rubber tree plantations in South East Asia which supplies 95% of global demand are under increased threat of devastating fungus, resulting in price volatility of rubber. Since Russian dandelions can grow in abundance in Central Europe, and even on soil not suitable for crop farming, it cuts down the reliance on natural rubber. Hence reducing the transport distance of raw materials and the corresponding carbon dioxide emissions.



#### Bend here for SDG-Link: Cut here too for BE-Match

In the case of the "BE-Match" Game, images and text should be cut separately to create 76 individual cards. While for the "SDG-Link Game", 35 individual cards need to be cut (image and text need to be together and the last three fake products should not be used).

The aim of the BE-Match" Game is to match the image with the text. There are also three sets of cards with fake bioproducts - **Polystyrene**, **Synthetic fibres and Lipsticks** - which students need to identify. Ideally, there should be a workshop facilitator to help determine if the pairings done by participants are correct and confirm which are the fake bioproducts. If there is only a small number of participants, individuals can compete against each other. If there is a larger number of participants, then groups of 2 to 4 people can compete against other teams. Each game can be followed by more advanced discussion using the "Information for further study on the 35 resources and/or bioproducts".

## Instructions for the "BE-Match" Game





#### You have:

- 38 cards with pictures these describe or show the biological raw materials and/or bioproducts.
- **38 cards with the corresponding text** these discuss the benefits, properties or special attributes of those biological raw materials and/or bioproducts shown in the cards with the pictures.
- 38 paper clips to attach the cards with the pictures with the cards with the text.

Aim of the game is to pair the two types of cards correctly, in the shortest time.

#### Instructions:

- 10. Three people or three teams should compete to get the highest number of points. If working in teams, start by grouping yourself into three small teams.
- 11. Each person/team should get 11 pairs of cards of real bioproducts.
- 12. Each person/team should get 1 pair of fake bioproducts.
- 13. Make sure to shuffle the 12 pairs of cards before you start.
- 14. Two extra pairs of cards should be placed in the middle of the table.
- 15. Each person/team should start matching the 12 pairs of cards at the same time.
- 16. After finishing pairing the initial 12 sets of cards, each person/team can attempt to do the matching of the extra two sets of cards in the middle of the table for extra points. (Grabbing the extra cards in advance before you are done with the matching of the first 12 set of cards will result in a deduction of 2 points).
- 17. Each correct pair will earn one point.
- 18. But remember there are **fake bioproducts.** These must be identified. If you identify them correctly, you get two points. If you do not identify them correctly, you loose two points.
- 19. The quickest person/team earns a bonus of two points.
- 20. The person/team with the higher number of points overall wins.

Instructions can be given to participants or can be explained verbally by workshop leader. However, note that each set of 12 pairs of cards for each person/team should ideally be prepared in advance by the workshop leader, to make sure each set (12 pairs of cards, including 1 fake bioproduct) includes the correct pairs of cards.

## Instructions for the "SDG-Link" Game





#### You have:

- 35 cards with pictures and extra text in the back. The front with the image describes the biological raw materials and/or bioproducts and the reverse of the card discusses the benefits, properties or special attributes of those biological raw materials and/or bioproducts.
- Large print outs of all 17 SDGs (with respective targets written the back)
- Blu Tack or tape

The aim of the game is to link each card to a key SDG.

#### Instructions:

- 1. Place print outs of all 17 SDGs on a wall, on the floor or in separate tables.
- 2. Five people or five teams should each get seven cards of the real bioproducts.
- 3. Discuss in your groups which bio-product might contribute to each SDG. Note that each bioproduct may contribute to more than one SDG and each SDG may have a valid link to more than one bioproduct.
- 4. Place your bioproduct next to the key SDG that your product contributes but, for the game, there is a maximum space of two bioproducts for each SDG, and therefore one bioproduct will be "homeless" and one team has at least one card left in the hand.
- 5. Now the reasoning behind placing the bioproduct with each SDG needs to be explained by each team. If participants agree that the link is not valid, then that team needs to removed card.
- 6. The team with least amount of cards in the hand wins the game.

Instructions can be given to participants or can be explained verbally by workshop leader.

## Playing Cards - print and cut along dotted lines to create either:

**BE-Match** - 76 individual cards – images and text should be cut separately

**SDG-Link** – 35 individual cards (image and text needed together; do not include last 3 fake products)

#### Bend here for SDG-Link; Cut here too for BE-Match



Curran, a material extracted using root vegetable waste streams such as carrot or sugar beets, can be used in different applications such as paper and cardboard packaging, paints, coatings, or even cosmetics because



its strong and light nanocellulose fibres make the packaging stronger and more lightweight. It also enhances the consistency, anti-cracking and drying behaviour of the paints and coating and makes them last longer and easier to clean. The use of root vegetable wastes prevents the problem of direct competition for farm land with food crops. Less water and chemicals are needed to manufacture it, and there is no release of harmful gases during production. These properties and benefits make it a greener substitute for non-organic performance additives.

Russian dandelions can be considered a cost-effective and environmentally friendly substitute for natural rubber because



the conventional subtropical rubber tree plantations in South East Asia which supplies 95% of global demand are under increased threat of devastating fungus, resulting in price volatility of rubber. Since Russian dandelions can grow in abundance in Central Europe, even on soil not suitable for crop farming, it cuts down the reliance on natural rubber. Hence reducing the transport distance of raw materials and the corresponding carbon dioxide emissions.



Insects, such as buffalo worms, can be used as a healthy and sustainable alternative to traditional beef patties because



they have high protein content and unsaturated fats and they also consume significantly lower resources. They consume 10 times less feed than cows, and growing them produces 100 times less greenhouse gas emission than beef production.





Chlorella algae can be used to produce healthy vegan soft drink because it contains vitamins such as B12, minerals and vegetable protein. One of the notable things about this chlorella algae is that it can grow 10 times faster than ordinary plants on land.



Cocoa shell wastes can be used to make sustainable and eco-friendly alternatives for ice cream spoons because



it uses renewable resources by valorising the wastes and can replace conventional single-use plastic spoons which are thrown away after single use. Its fibres ensure the stability of the spoon and give a pleasant chocolate taste.



Blue sweet lupines can be used to make ice cream suitable for people with lactose intolerance because



they make a dairy-free product, which does not contain lactose or gluten. Their proteinrich seeds are peeled and processed into paper-think flakes which are then de-oiled and undesired odour are removed to make this ice cream.



Bread waste, instead of being thrown into the bins, can be given a second life as



beer, by replacing one-third of the malt required for brewing. Each bottle of beer contains an equivalent of one slice of this waste diverted from landfill where they are normally left to rot and emit methane. This also help free up part of the land used to grow barley, save energy and water, and avoid CO<sub>2</sub> from one-third of barley never grown.



Bacteria can be used to grow environmentally friendly bricks because



they eliminate the firing process, hence eliminating CO<sub>2</sub> emissions. The bacteria Sporosarcina *pasteurii* is used to grow a durable cement. Sand is packed into rectangular moulds and bacteria are added, which wrap themselves around the grains of sand. Calcium carbonate crystals begin to form around the grains while an irrigation system feeds nutrient-rich water. The crystals grow larger and after 3-5 days these products are ready for use. Process was inspired by corals, which grow in all kind of formations and can withstand water and erosion.

Enzymes have been used in cleaning products such as detergents because



the biocatalysts accelerate biological processes and are active even at low temperatures. Some classes of enzymes remove dirt particles, while others work by preventing the fabrics from pilling. Less detergent and energy are required with the use of enzymes.



The advantages of using plant-derived Isosorbide, chemically produced from sugar, to make smartphone display are



high transparency, excellent durability and higher resistance to impact, heat and weather than conventional plastics. This new bioplastic can be used in a variety of industrial applications such as automobile sunroofs, headlights, transparent highway noise barriers, and exteriors of electronics.



Orange and citrus waste can be given a second life as



sustainable fabrics to make scarfs and shirts. Up to 700,000 tonnes of waste materials are produced from citrus production in Italy alone annually. These wastes could be valorised by extracting cellulose from the fibres, enriched with citrus fruit essential oil by using nanotechnology techniques.





Textile fibres can be extracted from wood and they are called Tencel or lyocell fibres. Some of the benefits of using these fibres to make clothes are the use of renewable raw materials from sustainable forestry and plantations, the water absorption capacity of 50% higher than that of cotton, no harmful chemicals used during fibre manufacturing, its recyclability and biodegradability.





Casein protein in milk waste can be used to produce textile fibres to make clothing such as dresses or underwear, which are silky to the touch, naturally antibacterial and can be easily dyed. This milk waste to fibres process requires significantly fewer resources, and organic fibres have been produced in accordance with the Global Organic Textile standard.





Some of the advantages of using pineapple leaves waste as raw materials to make shoes are the valorisation of waste and left-overs from pineapple production process and the waterproof, anti-allergic, warm and breathable fibres.





The use of algae biomass to make products such as bathing shoes can help solve the problem of a threat to sea ecosystems as the abundance of algae removes oxygen and blocks the sunlight to pass through for aquatic animals.



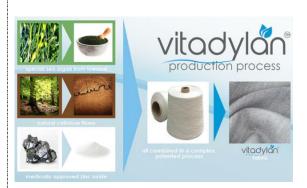
Olive leaves can be natural and environmentally friendly alternative tanning agents because



they make the leather extremely skinfriendly. This process valorises these traditionally burned green leaves waste during harvest time in the Mediterranean. It also eliminates the use of toxic acids and heavy metal salts such as Chromium(III) sulphate during the procedures.



Natural fibres produced using the mixture of Icelandic seaweed, beechwood and medical zinc are more environmentally friendly than cotton products because



its production uses 97% less water and emits 90% less CO<sub>2</sub> compared to cotton productions. These seaweed, only harvested every two years in crystal-clear waters of Iceland, is dried and finely ground with a special jet mil. The fine powder is then mixed with zinc powder and cellulose from beech, and weaved into the fibres using a patented procedure to retain all vitamins and minerals of high-quality Icelandic seaweed in the final fabric.





The t-shirt made from pulped eucalyptus, beech and algae can biodegrade in just 12 weeks and turn into food for all animals living in the soil. Hence, these old t-shirts can be disposed of just by either burying in the garden or putting out together with the compost.



Tinder fungus can be used to produce a soft leather-like vegan product such as



wallet, caps, watch straps, etc. These fungus are harvested naturally, dried for up to a year, peeled and then processed. The resulting leather is absorbent, antibacterial and antiseptic properties.



Wheat bran can be alternative raw materials to produce environmentally friendly and disposal tableware products because



its production process does not require significant amount of water or mineral resources or chemical compounds. These products can biodegrade in 30 days.



How can apple residues be valorised to make a vegan backpack?



Apple skin can be dried, milled to fine powder and mixed with 50 percent polyure-thane. The mixture is placed on a tear resistant roll of cotton fabric and then heated to produce a weather resistant and durable fabric.



How can the fish skins by-product of the fishing and food industry be valorised?



By turning these by-products into the leather to make purses, handbags, backpacks, belts, shoes, clothing etc.



Juice of the sapodilla tree can be used to produce environmentally friendly chewing guns because



the conventional products contain plasticfilled rubber base, which hardly rot on the streets, whereas these chewing guns are completely vegan and biodegradable alternatives.



How can used coffee grounds be transformed into new products such as coffee cups and saucers?



By mixing these waste coffee grounds with plant fibres, cellulose and a resin made of biopolymers and by using an injection moulding procedures during manufacturing to make stable, washable and reusable coffee cups and saucers.



Elephant dung can be turned into a paper because



up to 50% to 60% of the dung is undigested fibres of grass, fruits and plants fibre cellulose. Hence, elephant manure can be washed and boiled to be sterilised. It could then be blended with other paper wastes into a pulp which is thereafter dried and treated in the same way as conventional paper.





Shells from shellfish, the waste materials from the fisheries industry, can be valorised by upcycling it into the plastic packaging. This packaging material is compostable, anti-microbial and extends the shelf-life of fresh seafood.



BE-Rural



At least 4,000 tonnes/year of standard lacquer can be replaced with lacquer derived from tomato, by-products of industrial tomato processing (mainly skins). This would enable a reduction of CO<sub>2</sub>-eq emissions of 2 tonnes/year. In Italy alone, 650,000 tonnes of metal packaging are used every year. The emissions reduction by replacement with tomato-peel based bio-lacquer for metal cans could be impressive i.e. some 1 million kg of CO<sub>2</sub>/year.

A spray produced using organic waste residues to make the food stay fresh for longer.



This is an edible protective spray for sensitive fruits and vegetables. It is tasteless, low in calories and is obtained from the remains of food products such as pear stalks, fruit peels, seeds and much more. The main constituent of the edible coating are glycerol and phosphatides, which are involved in the formation of biomembranes in higher plants. Due to the molecular structure, the odourless and tasteless lipids are water-insoluble and offer permanent protection against moisture and gases.



Cold pressed oil is a type of fresh juice squeezed from the seeds of particular plants, containing their natural nutrients. It is unrefined and rich in essential fatty acids, vitamins soluble in oil, lecithin, phytosterols and minerals valuable for people's health. The seeds are processed by using a technology for cold seed pressing which means that the oil is mechanically pressed on a low temperature. As a result of the essential fatty acids present in flax seed oil, the flax seed soap provides better skin care, regenerate and soothe.



Insect protein feed could be produced using black soldier fly and this is a hypoaller-genic alternative to conventional food for aquaculture or pets. These insects can convert 60% of organic waste into proteins, lipids and other useful substances by eating voraciously and becoming protein and lipid-rich body mass. These insect biomass are turned into animal feeds using an efficient and sustainable production system based on circular economy.

Nutrients for biogas optimisation to a biological and non-polluting alternative to chemical de-rust processes.



Rust is simply atoms of iron which have reacted with oxygen. There are some microorganisms, such as bacteria, that eat iron. In order to obtain this important element, the bacteria produce siderophores, protein molecules that can trap iron atoms and incorporate them into their structure. This is the reason why siderophores are used as biodegradable rust removers. In order to use siderophores to remove rust, ASA Spezialenzyme has developed a procedure that uses the bacteria of the species

Agricultural wastes locally sourced in India to produce sanitary napkins.



This product is fully compostable and aimed at solving rural and urban disposal issues while ensuring environmental sustainability. Disposal of this Anandi pad should be done by burying it in a pit for the compounds to de-compost. Composting is recommended due to its environmentally sustainable nature, compared to other methods of disposal.



Producing high-end products using sugar, corn starch, and cooking oil.



These are fully biobased and biodegradable materials that can be competing standard polymers and other oil-based plastics in terms of properties and processability. It can be adjusted to the needs of each product and application. The material can withstand the temperatures of over 100 degrees Celsius and has an estimated lifespan of 1 - 50 years depending on blend composition, with stable properties while stored.





These are edible straws made of sugar, water, maize starch, gelatine, flour and water. EcoStraws do not dissolve in the drinks and stay in their original form for up to 50 minutes. These straw act like a sponge and absorb the taste of the drink. So, the users can eat the tasty straw after they finish the drinks.





Aquafaba could be used as a substitute for eggs to make smooth and creamy mayo that can be enjoyed by vegans. Aquafaba is the protein-rich water left over from cooking chickpeas which would normally be thrown away. Creating condiments using this is considered to be sustainable as it makes use of surplus ingredients.





Polystyrene is widely used as packaging materials due to its several benefits. It is lightweight, water resistant and also resistant to bacterial growth. It has excellent insulation property and shock absorption quality. It can be moulded into customised shape and size. These advantages combined with economical production cost make it an ideal product for packaging to transport goods.





The benefits of synthetic fibres have enabled it to be one of popular materials to make clothes. It is stain resistant and does not wrinkle easily. These make it ideal for regular wash and daily wear. Its waterproof and durable properties also makes it popular to be used in outdoor and rain gears. It is also elastic and strong to handle heavy loads without breaking. On top of all these great benefits, it is a lot cheaper compared to alternatives raw materials to make clothes.



Cosmetics including lipsticks can be traced back to ancient civilisations. Many improvements have been made to make lipsticks as time passes. Basic ingredients are wax, oil, alcohol, pigment, antioxidant and emollients. Wax provides the structure to solid lipstick. Many modern-days lipsticks use paraffin wax, derived from petroleum. The pigment that is used for colours also comes from a variety of organic or inorganic materials.



# Information for further study on the 35 resources and/or bioproducts, used in the two games $\,$

Biological re- sources (and/or new bioproducts)	Sources/ Links for Images used in 'Match the Cards' game	Sources/ Links for further information
Curran in coat- ings, packaging, cosmetics	http://products.bio-step.eu/filead- min/Other_FP7/Paint_procedure.jpg	http://products.bio-step.eu     https://www.cellucomp.com/blog/article/curran-a-microfibrillated-cellulose-mfc-wonder-product-1     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Russian dandelion to substitute natu- ral rubber	https://www.uni-muen- ster.de/news/data/img/2015/04/7635- 9g7sOM50-previewL.jpg	<ul> <li>http://products.bio-step.eu</li> <li>https://phys.org/news/2015-06-natural-rubber-dandelions.html</li> <li>https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf</li> </ul>
Insects as alterna- tives to traditional beef patties	https://icdn5.digitaltrends.com/im- age/digitaltrends/bug-burger-space10- ikea-test-kitchen.jpg	https://bugfoundation.com/our-burger.html     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Chlorella Algae vegan soft drink	https://lifestyle-drinks.online/me- dia/image/85/d3/d9/helga-algen-drink- chlorella-algen-0-29l-24-pet-flaschen- 10922459d51b148dd88.jpg	https://lifestyle-drinks.online/en/products-on-request/helga-pure-alga-drink/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Cocoa shell waste ice cream spoon	https://en.reset.org/files/im- agecache/sc_832x468/2019/04/01/spo ontaible-loeffel-aus-kakao2.jpg	https://en.reset.org/blog/spoontainable-making-summer-more-sustainable-edible-cocoa-ice-cream-spoons-04062019     http://engnews24h.com/breakthrough-2020-award-spoontainable/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Blue sweet lupines ice cream	https://c8.alamy.com/comp/W1X936/wa ffle-cone-with-purple-lilac-ice-cream-on- the-dark-gray-background-decorating- lupines-W1X936.jpg	http://www.bio-step.eu/fileadmin/BioSTEP/Bio_documents/Bio-STEP_Bioeconomy-in-everyday-life_Glasgow_Exhibition-Guide.pdf     https://biooekonomie.de/en/lupin-ice-cream-sustainable-dessert     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Leftover bread to beer	https://www.iamrenew.com/wp-con- tent/uploads/2019/07/Toast-Ale-Ban- ner.jpg	https://www.toastale.com/impact/     https://edition.cnn.com/2017/11/14/world/toast-ale/index.html     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Bricks grown from bacteria	https://i0.wp.com/biomason.com/wp- content/uploads/2014/04/6bricks-4- 960x525_c.jpg	http://products.bio-step.eu     https://www.inc.com/kevin-j-ryan/best-industries-2016-sustain-able-building-materials.html     https://goexplorer.org/growing-bricks-with-bacteria/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Enzymes deter- gent	https://5.imimg.com/data5/VD/LH/MY- 13547509/detergent-enzymes- 500x500.jpg	https://ec.europa.eu/research/bioeconomy/pdf/eu_bioe- cnomoy_apartment_katalog.pdf
Plant-based iso- sorbide/ bio-based polycarbonate resin	http://web.tradekorea.com/up- load_file2/prod- uct/758/P00295758/cbe9caa5_214d39 47_c68b_429e_b8d7_7e12988512f9.jp g	https://bioplasticsnews.com/2019/10/29/south-korea-japan-bio-polycarbonate/     https://www.m-chemical.co.jp/en/products/depart-ments/mcc/sustainable/product/1201026_7964.html     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Orange and citrus waste to sustainable fabric	https://y6auj24xr4y3qq95tz7io6uu- wpengine.netdna-ssl.com/wp-con- tent/uploads/2017/09/Orange-Peels- Banners_Zatevakhin-900x600.jpg	http://orangefiber.it/en/how-to-turn-citrus-waste-into-a-sustaina-ble-fabric/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Tencel or lyocell fi- bres from wood	https://ecotouch.com.au/wp-content/up-loads/2018/08/tencel-eucalyp-tus_grande.jpg	Hutten, I. M. (2016) Handbook of Nonwoven Filter Media.(https://www.sciencedirect.com/topics/engineering/lyocell)     https://www.lenzing.com/sustainability/production     https://spinnova.com/our-method/fibre/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Latvia_Brochure_ENGL.pdf
Milk waste to fab- ric	https://www.china-daily.com.cn/photo/images/attache-ment/jpg/site1/20110616/002170196e1 c0f63adc404.jpg	https://ec.europa.eu/research/bioeconomy/pdf/eu_bioe-cnomoy_apartment_katalog.pdf     https://cordis.europa.eu/article/id/135536-making-clothes-frommilk     https://sewport.com/fabrics-directory/milk-fabric     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Latvia_Brochure_ENGL.pdf

Biological re- sources (and/or new bioproducts)	Sources/ Links for Images used in 'Match the Cards' game	Sources/ Links for further information
Pineapple leaves waste fibre shoes	https://danandmez.com/content/up-loads/2019/05/ananas-anam-pinatex-ona691-1.jpg	https://skizoshoes.com/material-v2/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Algae biomass bathing shoes	https://media.treehugger.com/as- sets/im- ages/2017/05/4464986156_ec0c4e978 4_b.jpg.860x0_q70_crop-scale.jpg	<ul> <li>https://mashable.com/article/kanye-west-yeezy-algae-shoes-sustainable/?europe=true</li> <li>https://www.vivobarefoot.com/uk/blog/may-2017/vivobarefootxbloom</li> <li>https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Latvia_Brochure_ENGL.pdf</li> </ul>
Olive leaves tan- ning agent	https://www.herbal-supplement-re- source.com/wp-content/up- loads/2019/07/OliveLeaves2.jpeg	https://ec.europa.eu/research/bioeconomy/pdf/eu_bioeconomy_apartment_katalog.pdf     https://internationalleathermaker.com/news/fullstory.php/aid/3841/Olive_leaf_tanning_specialist_to_speak_at_Automotive_Conference.html     https://www.ackermann-leather.com/en/online-shop/collections/eco/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Latvia_Brochure_ENGL.pdf
Icelandic algae, beechwood, medi- cal zinc fibre	https://cdn2.f-cdn.com/contesten- tries/1229468/3242038/5a5fd2d8e4e7b _thumb900.jpg	https://www.vitadylan.com     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
T-shirt made from pulped eucalyptus, beech and algae	https://dyk8bhziazfed.cloudfront.net/wp-content/uploads/2019/08/plant-and-algaet-300-1376-1376x776.jpg	https://www.vollebak.com/product/plant-and-algae-t-shirt/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Tinder fugus leather	https://c8.alamy.com/comp/BXBETH/tin der-bracket-fungus-hoof-fungus-tinder- polypore-horses-hoof-fomes- BXBETH.jpg	https://fashionunited.uk/news/business/sustainable-textile-innovations-mushroom-leather/2018051429598     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Latvia_Brochure_ENGL.pdf
Wheat bran dish- ware	https://industryeurope.com/down- loads/4481/download/bio- trem1.jpg?cb=493b12efb431dff28baf3f a3af9563a0&w=640	https://biotrem.pl/en/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Apple residues backpack	https://io.wp.com/stylewithasmile.co/wp-content/up-loads/2019/04/IMG_8336.jpg?w=3420&ssl=1	https://www.nuuwai.com/pages/materials     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Salmon fish skin leather	https://img4.mashed.com/img/gallery/8- mistakes-everyone-makes-when-cook- ing-salmon/removing-the-skin.jpg	https://www.salmo-leather.de/en/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Sapodilla tree chewing gum	https://cdn.shopify.com/s/files/1/0076/0 522/3537/products/True-Gum-3-fla- vours-biodegradable-gum-no-plastic- angle-Marvels.jpg?v=1550970461	https://www.truegum.com/ingredients/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Coffee cups and saucers using coffee ground	https://www.designboom.com/wp-content/uploads/2018/07/kaffeeform-reusable-coffee-cups-made-old-recyclable-coffee-grounds-designboom-1200.jpg	http://www.bio-step.eu/fileadmin/BioSTEP/Bio_documents/Bio-STEP_Bioeconomy-in-everyday-life_Glasgow_Exhibition-Guide.pdf     https://www.kaffeeform.com/en/story/     https://be-rural.eu/wp-content/uploads/2020/05/BE_Rural_Lat-via_Brochure_ENGL.pdf
Elephant poo pa- per	https://www.paperhigh.com/media/cata- log/product/cache/1/thumb- nail/600x600/9df78eab33525d08d6e5fb 8d27136e95/e/l/ele-dung-group-note- books9.jpg	https://www.bbc.co.uk/news/business-36162953     https://thekidshouldseethis.com/post/84437356027     http://www.ecomaximus.com     https://mrelliepooh.com
Shells from shell- fish into plastic packaging.	https://www.cuantec.com/	https://www.cuantec.com/
Tomato-peel based bio-lacquer for metal cans	https://www.tomapaint.com/	https://www.tomapaint.com/
Organic waste residues spray	https://apeelsciences.com/	https://apeelsciences.com/
Soaps from cold pressed flaxseed/ pumpkin/ sesame/ black cumin/ chia seeds oil	http://e-shop.filla.com.mk/product-cate-gory/%d1%81%d0%b0%d0%bf%d1%83%d0%bd%d0%b8/	http://e-shop.filla.com.mk/product-cate- gory/%d1%81%d0%b0%d0%bf%d1%83%d0%bd%d0%b8/

Biological resources (and/or new bioproducts)	Sources/ Links for Images used in 'Match the Cards' game	Sources/ Links for further information
Organic food waste to make protein feed	https://nasekomo.life/	https://nasekomo.life/
Alternative to chemical de-rust processes	http://asa-enzyme.com/	http://asa-enzyme.com/
Agri wastes to sanitary napkins	https://aakarinnovations.com/	https://aakarinnovations.com/
Producing high- end products us- ing sugar, corn starch and cook- ing oil	https://www.craftingplastics.com/nuatan	https://www.craftingplastics.com/nuatan
Edible straws using sugar, water, maize starch and gelatin; flour and water, and pasta.	https://ecostraws.ie/	https://ecostraws.ie/
Using surplus ingredients to create condiments that are sustainable	https://rubiesintherubble.com/	https://rubiesintherubble.com/

Polystyrene	https://sc01.al- icdn.com/kf/H3576e43f177b468d8d6240 aac5f0b52fx/223439956/H3576e43f177b 468d8d6240aac5f0b52fx.jpg	NA – This is a fake bioproduct
Synthetic Fibres	https://www.songwon.com/as- sets/files/content/textile_content.png	NA – This is a fake bioproduct
Lipsticks	https://www.kcet.org/sites/kl/files/thumb- nails/image/earth-focus_petroleum-prod- ucts_lipstick.jpg	NA – This is a fake bioproduct

### Annex XVIII – Bioeconomy Word Search Puzzles

Word search puzzles are a simple, fun and innovative idea to help remember technical terms explained in class. They can be played by people of all ages, can be done in any language and can be done with different levels of complexity to suit the audience. Difficulty depends on number and type of hidden words, size of the word search puzzles in terms of columns and rows, and if list of words to be found is provided or not. Below are two example created using the free online tool "word search", part of "Discovery Education's Puzzlemaker" (http://puzzlemaker.discoveryeduca-

tion.com/WordSearchSetupForm.asp) but teachers will be able to do their own word search puzzles that suits their classes using this link. The word search puzzles can be done individually or in groups, and can be printed or done online. The online tool provides a web link to the word puzzle once it has been created. This link could be shared with participants and asked to complete online.

#### Easier word search- 10 hidden words

R E N E W A B L E M A
N A S O T I H C T Q L
N O I T A V O N N I G
E R U T L U C A U Q A
S U S T A I N A B L E
G R A S S L A N D T G
N E G A L L O C U V O
F E R T I L I S E R G
A I N O D E C A M X M

**Find these words:** renewable, culture, collagen, chitosan, fertiliser, sustainable, grassland, Macedonia, algae, innovation. **Tip:** Words can be vertical, horizontal, diagonal or written backwards.

#### More difficult word search – 15 hidden words

AJARCDHPEMUKS O M E 0 R L L L 0 U S  $\mathbf{L}$ S U Ι Τ Τ R L S C S Α Ε 0 I L W Т Α G Ν C G В В LAA  $\mathbf{L}$ Η C 0 Ν M U В I Ι  $\bigvee$ I Ι G Q Y D I  $\mathbf{L}$ W N Ν S Τ  $\mathbf{E}$ 0 M Ι J A O K C C R N В Y Z C  $\mathbf{E}$ U D В  $\bigvee$ T,  $\mathbf{F}$ G N Ι M R A F F VE 0 Τ C Ν Ι Α  $\vee$ 0 Ν S S L Α Ν D C Α R N  $\mathbf{E}$ Ρ GX M C D U Η P Y Н F CJ C M J S K K T L K C A D I M I Z O M P

Find these words: algae, biomass, aquaculture, grassland, carbon, oil, collagen, renewable, chitosan, Macedonia, sustainable, fertiliser, innovation, Poland, farming.

Tip: Words can be vertical, horizontal, diagonal or written backwards.